

Langley Olympians Relay Records					
Short Course Women			Long Course Women		
10 & U 200 medley	M.Metcalf, H.Cave, K.Thomson, M.VanNoordenne	2:59.88 '05	10 & U 200 medley	H.Metcalf, D.Mark, S. Board, A.Blair	2:44.79 '08
10 & U 200 free	M.Metcalf, H.Metcalf, R.Worthington, V.Rivas	2:20.23 '07	10 & U 200 free	H.Metcalf, D.Mark, S. Board, A.Blair	2:27.10 '08
12 & U 200 medley	K.Thomson, V.Rivas, H.Cave, R. Worthington	2:25.25 '07	12 & U 200 medley	R.Salli, C.Salli, H.Jones, J.Oh	2:23.45 '02
12 & U 200 free	K.Thomson, H. Cave, V. Rivas, R.Worthington	2:03.94 '07	12 & U 200 free	R.Salli, C.Salli, H.Jones, J.Oh	2:09.61 '02
12 & U 400 medley			12 & U 400 medley	J.Hay, K.Thomson, H.Cave, V.Rivas	5:24.97 '07
12 & U 400 free			12 & U 400 free	R.Salli, C.Salli, H.Jones, J.Oh	4:47.79 '02
12 & U 800 free	K.George, H.Jones, R.Salli, J.Oh	9:59.68 '03	12 & U 800 free		
14 & U 200 medley	C.Salli, S.Jense, D.Szalkai, S.Kourkouch	2:07.32 '06	14 & U 200 medley	S.Jense, C.Salli, D.Szalkai, T.Kiss	2:08.63 '06
14 & U 200 free	C.Salli, H.Jones, J.Oh, K.George	1:57.47 '05	14 & U 200 free	J.Hay, S.Jense, T.Kiss, D.Szalkai	1:58.74 '07
14 & U 400 medley	T.Kiss, C.Salli, D.Szalkai, S.Jense	4:37.92 '06	14 & U 400 medley	S.Jense, C.Salli, D.Szalkai, T.Kiss	4:35.84 '06
14 & U 400 free	S.Jense, D.Szalkai, T.Kiss, S.Smith	4:15.29 '07	14 & U 400 free		
14 & U 800 free	C.Salli, S.Jense, D.Szalkai, S.Kourkouch	9:18.14 '06	14 & U 800 free	R.Salli, J.Oh, H.Jones, C.Salli	9:18.83 '04
17 & U 200 medley	K.Kotowski, C.Salli, M.Dodds, R.Salli	1:59.95 '06	17 & U 200 medley	K.Rawlings, K.Kotowski, R.Salli, C.Salli	2:03.62 '05
17 & U 200 free	K.Rawlings, R.Salli, M.Dodds, K.Kotowski	1:49.27 '05	17 & U 200 free	K.Rawlings, K.Kotowski, R.Salli, M.Dodds	1:52.00 '05
17 & U 400 medley	K.Rawlings, R.Salli, M.Dodds, K.Kotowski	4:19.38 '05	17 & U 400 medley	K.Rawlings, K.Kotowski, R.Salli, C.Salli (BC rec)	4:24.58 '05
17 & U 400 free	K.Rawlings, R.Salli, M.Dodds, K.Kotowski	3:56.82 '05	17 & U 400 free	K.Rawlings, K.Kotowski, R.Salli, M.Dodds (BC rec)	4:00.73 '05
17 & U 800 free	M.Dodds, A.Hait, K.Kotowski, R.Salli (BC record)	8:27.63 '06	17 & U 800 free	K.Rawlings, K.Kotowski, R.Salli, M.Dodds (BC rec)	8:41.21 '05
Senior 200 medley	K.Kotowski, C.Salli, M.Dodds, R.Salli	1:59.95 '06	Senior 200 medley	K.Kotowski, C.Salli, K.Rawlings, M.Dodds	2:02.60 '06
Senior 200 free	C.Landsiedel, A.Hait, R.Salli, M.Dodds	1:49.21 '06	Senior 200 free	C.Landsiedel, K.Rawlings, A.Hait, M.Dodds	1:50.78 '06
Senior 400 medley	R.Salli, C.Salli, C.Landsiedel, M.Dodds	4:17.96 '07	Senior 400 medley	K.Kotowski, C.Salli, K.Rawlings, C.Landsiedel	4:20.22 '07
Senior 400 free	C.Landsiedel, A.Hait, O.Montgomery, C.Salli	3:53.54 '08	Senior 400 free	C.Landsiedel, K.Rawlings, R.Salli, M.Dodds	3:56.60 '07
Senior 800 free	C.Landsiedel, M.Dodds, R.Salli, S.Garrett	8:19.30 '07	Senior 800 free	C.Landsiedel, K.Rawlings, R.Salli, M.Dodds	8:38.02 '07
<b>Short Course Men</b>			<b>Long Course Men</b>		
10 & U 200 medley	J.Oh, C.Dodds, P.Wang, Cl.Stewart	2:47.24 '02	10 & U 200 medley		
10 & U 200 free	J.Oh, C.Dodds, P.Wang, Cl.Stewart	2:47.33 '01	10 & U 200 free		
12 & U 200 medley	M.MacDonald, H.Gilmore, R.Moloney, D.Nicmans	2:16.98 '08	12 & U 200 medley	J.Oh, C.Stewart, J.Stelling, Cl.Stewart	2:37.51 '03
12 & U 200 free	J.Oh, C.Stewart, J.Stelling, S.Sturgeon	2:04.84 '04	12 & U 200 free	J.Oh, C.Stewart, J.Stelling, Cl.Stewart	2:17.19 '03
12 & U 400 medley			12 & U 400 medley		
12 & U 400 free	J.Oh, C.Stewart, J.Stelling, S.Sturgeon	4:38.91 '04	12 & U 400 free		
12 & U 800 free	M.MacDonald, H.Gilmore, R.Moloney, S.Lee	10:01.81 '08	12 & U 800 free		
14 & U 200 medley	K.Polednik, B.Carlson, m J.Oh, Clay Stewart	2:05.22 '07	14 & U 200 medley	K.Polednik, Cl.Stewart, J.Oh, M.MacDonad	2:10.16 '07
14 & U 200 free	J.Oh, K.Polednik, Clay Stewart, B.Carlson	1:49.90 '07	14 & U 200 free	K.Polednik, Cl.Stewart, J.Oh, M.MacDonad	1:53.63 '07
14 & U 400 medley	C.Tapp, C.Stewart, J.Oh, S.Sturgeon	4:44.50 '05	14 & U 400 medley	K.Polednik, Cl.Stewart, J.Oh, M.MacDonad	4:42.48 '07
14 & U 400 free	J.Oh, K.Polednik, B.Carlson, Clay Stewart	3:57.99 '07	14 & U 400 free	C.Stewart, S.Sturgeon, J.Oh, V.Matak	4:22.13 '05
14 & U 800 free	Co.Stewart, S.Sturgeon, J.Oh, Cl.Stewart	8:56.37 '06	14 & U 800 free	C.Tapp, J.Oh, C.Stewart, Cl.Stewart	9:43.41 '04
17 & U 200 medley	J.Tapp, S.Landsiedel, D.Killy, C.Tapp	1:45.99 '06	17 & U 200 medley	J.Tapp, C.Tapp, D.Killy, W.Hergesheimer	1:52.05 '06
17 & U 200 free	J.Tapp, S.Landsiedel, D.Killy, C.Tapp (BC record)	1:35.45 '06	17 & U 200 free	S.Landsiedel, J.Tapp, D.Killy, C.Tapp	1:38.25 '06
17 & U 400 medley	J.Tapp, S.Landsiedel, D.Killy, C.Tapp	3:56.82 '06	17 & U 400 medley	J.Tapp, C.Tapp, D.Killy, W.Hergesheimer	4:10.55 '06
17 & U 400 free	J.Tapp, S.Landsiedel, D.Killy, C.Tapp	3:32.00 '06	17 & U 400 free	S.Landsiedel, C.Tapp, D.Killy, W.Hergesheimer	3:40.78 '06
17 & U 800 free	J.Tapp, W.Hergesheimer, D.Killy, C.Tapp (BC Rec)	7:51.56 '06	17 & U 800 free	S.Landsiedel, W.Hergesheimer, D.Killy, C.Tapp	8:18.62 '06
Senior 200 medley	J.Tapp, S.Landsiedel, D.Killy, C.Tapp	1:45.99 '06	Senior 200 medley	J.Tapp, C.Tapp, D.Killy, W.Hergesheimer	1:52.05 '06
Senior 200 free	J.Tapp, S.Landsiedel, D.Killy, C.Tapp	1:35.45 '06	Senior 200 free	S.Landsiedel, J.Tapp, D.Killy, C.Tapp	1:38.25 '06
Senior 400 medley	C.Tapp, S.Landsiedel, D.Killy, W.Hergesheimer	3:56.09 '08	Senior 400 medley	J.Tapp, S.Landsiedel, D.Killy, W.Hergesheimer	3:56.78 '07
Senior 400 free	C.Tapp, D.Killy, S.Landsiedel, W.Hergesheimer	3:31.60 '08	Senior 400 free	C.Tapp, S.Landsiedel, D.Killy, W.Hergesheimer	3:36.88 '07
Senior 800 free	J.Tapp, W.Hergesheimer, D.Killy, C.Tapp	7:51.56 '06	Senior 800 free	C.Tapp, S.Landsiedel, D.Killy, W.Hergesheimer	8:01.62 '07