

*Acworth Football and Cheerleading
2009 Handbook*

Acworth Football and Cheerleading



2009 Parent Handbook

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Board of Directors

President	Jim Hourigan	770-974-2818
Vice President	Don Potter	770-966-9085
Secretary	Sandy Hourigan	678-777-3664
Treasurer	Gale Halbrooks	770-974-6858
Concession Director	Tim Banks	678-354-1010
Equipment Director	Nathan Halbrooks	678-315-9847
Field & Grounds Director	Jeff Albright	678-229-8110
Fundraising Director	Nicole Edwards	678-758-3222
Homecoming Director	Brianna Jeans	678-758-1302
New Construction Director	Stanley Halbrooks	770-974-6858
Picture Director	Kris Wilbanks	770-364-7902
Program Director	Teri Verhine	770-966-8854
Public Relations Director	Jim Hourigan III	770-428-3755
Spirit Shop Director		
Team Parent Director	Jennifer Twigg	678-777-4257
Cheer Director	LeighAnn Alexander	678-596-8800
Cheer Commissioners	Stacy Bridges	404-787-9611
	Vickie Freeman	404-642-4595
	DiAnna Hourigan	404-374-1938
Athletic Director	Brian Bulthuis	770-966-8021

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Parent Code of Conduct

- ✓ I will help the coach aid my child by making certain my child is on time and properly equipped for all practices and games.
- ✓ I will support my child's team and the AFCA as they strive to give my child a positive experience. I will volunteer where and when I can. I understand that my child's coach has volunteered to spend countless hours of their personal time with my child.
- ✓ I will support all coaches and AFCA volunteers working with my child. I will remember that the game is for the youth; not the adults
- ✓ I will abide by the following rules at all times:
 - No pets of any kind are allowed at the football complex
 - No weapons of any kind are allowed at an AFCA event
 - Alcohol and tobacco products are not permitted at the football complex
 - No profane, abusive or threatening language is permitted at any time at an AFCA event
 - Violence or physical confrontation of any type will not be tolerated
 - No roller skates, bicycles or skate boards are allowed inside the fence at the game field
- ✓ I will respect the officials and coaches in order to encourage a positive and enjoyable experience for all. I will respect their authority during games and at practices. I will never question, discuss or confront the officials or coaches after a game. If I want to talk to the coaches I will do so in a respectful manner after or before practice. I will never confront or disrespectfully address an official after a game.
- ✓ I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.
- ✓ I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice and other youth sporting events
- ✓ I will remain in the spectator area during the contest and at practice and will cooperate with all AFCA volunteers
- ✓ I will remember the game is for fun; winning should never be placed ahead of the emotional and physical well being of any child. I expect my child and his coach to do the best they can, and that is all I can expect.
- ✓ I will cheer for my child's team in a positive manner; refrain from being negative toward the opposing team, the officials, coaches or AFCA volunteers
- ✓ I understand there will be no profanity under any circumstance before, during or after an Acworth Football and Cheerleading event. I understand that if I choose to use profanity during these times, I will immediately be asked to leave the facility.

I understand the above expectations of me as a parent. I also understand that it is my responsibility to make sure any guest of mine at an Acworth Football and Cheerleading event understands and conforms to these expectations. I further understand that any violation can result in me not being able to attend any AFCA events, including practices or games, and may lead to my child being removed from the league.

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GENERAL RULES OF THE ROAD

1. **A parent or guardian MUST accompany each child at all practices and games.** If you are unable to attend with your child, please advise the coach and/or TEAM PARENT, in writing who will be responsible for your child in case of emergency. (This person must be 18 years of age.)
2. **Drive SLOWLY as you enter the parking area** and watch for children running between the cars. (This is especially important when you enter the parking lot and when you pass the gates to the game fields.)
3. Parking is at a premium at our field. **Park only in marked parking spaces.** For the safety of our children and the potential access of emergency vehicles, the **Acworth police have been asked to strictly enforce the law regarding parking in fire lanes.** Parking is also available in the large lot on the Baseball Side of the Sports Complex.
4. Alcohol, drugs, firearms, knives, or other types of weapons are **prohibited** at HALBROOKS FIELD, in the parking lot or at any facility where our children may participate. Violators are subject to arrest.
5. **Smoking is prohibited in all areas of the park** including the areas where children are practicing and/or playing, the stands, in the restrooms and in the concession stand. Smoking may only take place outside the game field fence.
6. Chairs, tents and strollers **are not permitted** in the stands. Cushions and stadium seats are permitted.
7. **Good sportsmanship is expected of everyone!** All persons are required to conduct themselves in a manner that sets a positive example for our children, whether you are in the stands, on the sidelines and whether you are at “our” field or at another Association’s field. Use of profane or vulgar language will result in immediate ejection from the park.
8. Maintaining a clean park is the responsibility of everyone. Keep trash picked up in and around the practice field, restrooms and/or playing field. **Leave the facilities ‘cleaner than you found them’.** This is especially true when playing away games. Please be considerate of our hosts and clean up after ourselves when playing at another Association’s park.
9. **NO ANIMALS** of any kind are allowed in the game or practice areas.
10. The concession stand operates as a fundraising activity for the Association. All food and drink must be acquired through the concession stand. Team fundraising activities may not include the sale of food or drinks on game days or practices without the written permission of the AFCA Board of Directors.
11. For insurance and safety sake, no informal football, baseball, soccer, lap-walking, or any other activities are allowed on the game fields at any time (including during practice).
12. Unless specifically requested by a coach, parents cannot enter the practice area or game field for any reason. Should your child become injured, the coaches will determine the seriousness of the injury and send for you as appropriate.

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CHEERLEADER INFORMATION

Cheerleading fees include the use of a uniform (top, turtleneck liner and skirt), one (1) pair of bloomers, (1) pair of socks and a practice uniform. You may be required to purchase additional cold weather wear (turtleneck, leggings, etc) or competition wear (hair-ribbons, etc). Your child's coach will advise you which type of shoe will be used. To manage costs for our parents and insure consistency, shoes are acquired through the Association. Pompoms are not included in the registration fee and are paid for separately.

A \$200.00 uniform deposit is required before uniforms will be issued. The cheerleading uniform is entrusted to you by AFCA for your daughter's use at sanctioned AFCA events. No alterations may be performed without prior written consent of the Cheerleading Director. The proper care and maintenance of the uniform is your responsibility. Your \$200.00 deposit will be held by AFCA to insure its return in good condition. After the last sanctioned AFCA event, the uniform must be cleaned and returned on a hangar to AFCA with no change in condition, size or appearance, normal wear expected. If the complete uniform is not returned (skirt and top), or is returned stained or damaged beyond normal wear, your deposit will be used by the AFCA to replace the uniform. You will be charged \$25.00 for uniform cleaning, if the uniform is not returned cleaned and on a hangar.

Practice uniforms should consist of comfortable shorts and shirts. Hair longer than shoulder length should be pulled back. Athletic shoes must be worn.

Cheerleading squads are aligned by age consistent with the football teams. Maximum size for cheer squads is 35, except for the 5 & 6 year old squads, which have a maximum of 20 each. Mascots are limited to children 4 years old. No more than 2 mascots are allowed per team. Mascots are not allowed on the 11 – 13 year old squad. Registration is on a first come first served basis. Places cannot be reserved on a squad until all fees are paid in full. Should a roster become full, a waiting list will be maintained. Additional squads will only be created if additional volunteer coaches come forward and if uniforms remain available.

Practice starts at 6:30PM on Monday July 27 and will be conducted on Mondays, Tuesdays and Thursdays. Starting September 1, competition practices will be held on Monday and Tuesdays and game practices will be conducted on Thursdays. All practices will be held at the football complex, weather permitting. Parents are encouraged and expected to attend all practices, but may be asked to remain out of immediate proximity to the practice area.

All cheerleaders are encouraged and expected to participate on the cheerleading competition squad. Cheerleading competition typically occurs on a Sunday in early October. Unfortunately, cheerleaders who have three unexcused absences to competition practice will be unable to compete on the competition squad. Absences associated with school or church events may be excused provided the situation is reviewed with the head coach before the absence occurs. Individual cheer squads may choose to participate in cheerleading competition(s) beyond the primary cheerleading event sanctioned by the AFCA. Your cheerleading coach and TEAM PARENT will advise you of the possibility of such competition(s) and any requirements associated with such participation.

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FOOTBALL INFORMATION

Equipment

Football equipment consists of one (1) helmet, one (1) set of shoulder pads, one (1) pair of game pants, one (1) pair of practice pants and a complete set of pant pads (7 pieces).

These items remain the property of the AFCA and are issued to you for your child's use and protection. **No alteration may be performed without the prior written permission of the Athletic Director.** The proper care and safeguarding of these items are your responsibility and your deposit of \$200.00 will be held in escrow by the AFCA to insure its return in usable condition. After the team's last sanctioned AFCA event, on a date and manner identified by the head coach, the equipment must **be cleaned and returned to the AFCA without change in condition or appearance**, normal wear expected. In the event of loss, if all the equipment is not returned or if the equipment is returned damaged, your deposit will be used by the AFCA for replacement. Upon request, the Equipment Director will provide a schedule of costs for issued equipment.

No decorations of any kind, including player numbers, may be applied to helmets. ANY HELMETS WHICH ARE LOST OR DAMAGED (including the application of helmet decorations) MUST BE PURCHASED for the replacement cost of \$145. Lost helmets cannot be replaced until the replacement cost has been received by the AFCA treasurer.

Players also receive a game jersey, which may be kept by the player at the end of the season.

**GAME PANTS AND GAME JERSEY'S
SHALL NOT BE WORN DURING PRACTICES!!!!!!**

Equipment not covered by Registration Fee

Each player is responsible for obtaining their own shoes (rubber cleats only, no metal or hard plastic replaceable cleats are allowed), socks, mouthpieces (no clear or white mouthpieces), practice jerseys, or any additional pads that the player may want.

Practices

Practices begin on Monday, July 27. Teams may practice up to five times per week until the third Sunday in August. After the third Sunday in August, practices are conducted on Monday, Tuesday and Thursday evenings. Practices commence at 6:30PM and end no later than 8:30PM. The coach or TEAM PARENT will contact you in case a practice is cancelled or rescheduled.

Minimum Participation

Each football player who has not missed any practices during the prior week and is not injured or under discipline by the head coach shall play a minimum of eight (8) plays a game (twelve (12) plays for players on Instructional teams).

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CERTIFICATION

Certification of age for all participants is required by the football conference we are a member of, the NorthWest Georgia Youth Football League (NWGYFL). Cheerleading competitions also have similar certification requirements. For these reasons, a Certified Birth Certificate (With Raised Seal), is required for every football player and cheerleader.

**NOTARIZED COPIES, AND/OR HOSPITAL CERTIFICATES OF BIRTH
ARE NOT ACCEPTABLE!**

After certification, all birth certificates will be returned to the parents as soon as possible through the TEAM PARENT. Those children, whose ages are not certified, will be ineligible and not allowed to participate in AFCA sanctioned activities.

Ages and Weights for Football Teams

**NOTE: UPPER WEIGHT LIMITS FOR 2009
WILL ALLOW PARTICIPATION
WITH SPECIFIC RULES REGARDING POSITIONS**

<u>Division</u>	<u>Weight</u>	<u>Age</u>
Five Year Old	70-90 lbs	must be 5 before 12/31 may not be 6 before 8/1
Six Year Old	80-100 lbs	may not be 7 before 8/1
Seven Year Old	90-110 lbs	may not be 8 before 8/1
Eight Year Old	100-120 lbs	may not be 9 before 8/1
Nine Year Old	110-130 lbs	may not be 10 before 8/1
Ten Year Old	120-140 lbs	may not be 11 before 8/1
Eleven-Twelve YO	140-160 lbs	may not be 13 before 8/1

Cheerleaders shall be organized by the same ages as football players, except that the Junior Cheerleader Squad shall be made up of cheerleaders ages 11-13. The control date for cheerleaders is August 1. A limited number of four year old cheer mascots may participate on selected Cheer Squads. Please contact the Cheer Director for further information.

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INSTRUCTIONAL TEAMS

The NWGYFL created the Instructional team concept to insure that new football players have a valuable first football experience. The AFCA may form Instructional teams if sufficient registration and volunteer coaching resource exists. The following Instructional teams may be formed by the AFCA:

- 5 year old 70-90 pounds
- 6 year old 80-100 pounds
- 7 year old 90-110 pounds
- 8 year old 100-120 pounds
- 9 year old 110-130 pounds
- 10 year old 120-140 pounds
- 11-12 year old 140-160 pounds

Upper weight limits will allow participation with specific rules for participation.

Players will be assigned to Instructional teams after the first week of practice. Head coaches will explain the process of assigning players to the Instructional teams during the first week of practice.

Instructional teams will play an extended regular season schedule with a single championship game at the end of the season for the team from Northern Division with the best winning record and the team from Southern Division with the best winning record. Players on Instructional teams who have not missed any practices during the prior week and are not injured or under discipline by the head coach shall play a minimum of twelve (12) plays a game.

Players on Instructional teams will participate in all AFCA activities, including Picture day, Homecoming, punt-pass and Kick competitions and post season banquets.

If an Instructional football team is formed, an attempt will be made to form a Cheerleading squad for that team. If insufficient numbers of Cheerleaders exist or if an additional volunteer coach cannot be identified, cheerleaders will alternate between Competitive and Instructional games.

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Preseason

All football players are eligible to start practice on July 27. The head coach will contact all players assigned to his team to make them aware of when practice will start.

The first three days a player comes out to practice will be in HELMETS AND SHORTS ONLY! If a player starts football one week after practice has started and the rest of the team is already in pads, that child must still be in a Helmet and Shorts for 3 days of conditioning before they will be allowed to participate with full pads.

Practices may be conducted five (5) days a week during the first two weeks in August. Thereafter, practices are conducted three (3) times per week.

On the third or fourth Saturday in August, the Annual Tribal Warfare, with our Redskin friends from South Cherokee (SCRA) will be held for Competitive League teams. The first regular season game for Competitive League will be held on the last Saturday in August. Games are conducted on Labor Day Weekend.

The AFCA will attempt to schedule a practice game for Acworth's Instructional League teams one week before their first scheduled game. The regular season for Instructional League teams begins the Saturday following the start of Competitive League play.

Regular Season

Game schedules will be distributed as soon as they are finalized by the NWGYFL. Times and locations will vary from team to team.

Most games are held on Saturdays, with the exception being possible Tuesday night games. Five or Six year old games typically start at 10AM, with the older teams playing later in the day, possibly starting as late as 9PM.

We travel to play games with Associations from various parks in surrounding areas. Teams are located throughout Cobb County, in South Cherokee (Woodstock), Hiram (Paulding County) and Douglasville (Douglas County).

The hosting Association may charge a three-dollar (\$3) per adult admission at regular season games.

GAME DAYS

Arrival of Football Players

Players MUST be at the playing field 1 hour 30 minutes prior to game time. Players must weigh in 1 hour before game time. This allows the players time to line up for weigh in, gives them time to stretch and warm up before the game. Players missing the pre-game weigh in will not be allowed to play that game.

Arrival of Cheerleaders

Cheerleaders should arrive at the playing field 30 minutes prior to game time. This will allow them time to get organized, stretch, prepare their banners and run through any last minute preparations. Please advise your coach in advance of any transportation problems.

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TEAM PARENT

Each head coach will select a "TEAM PARENT".

DUTIES

- Collect birth certificated prior to certification date
- Coordinate and schedule parents for concession stand duty and Spirit Shop duty (in conjunction with the Concession and Spirit Shop Directors).
- Confirm assigned workers arrived at assigned time and day
- Coordinate fund raising activities with the Picture and Fund Raising Directors
- Review any plans for team shirts with Spirit Shop Director BEFORE advising parents of the availability of the shirt
- Coordinate Picture Day with Picture Director
- Coordinate Homecoming Activities of their team (including Homecoming ceremonies) with the Homecoming Director
- Coordinate the Team Banquet and trophy pick-up with the Head Coach. Provide receipts for all banquet expenditures, paid by AFCA funds to the AFCA Treasurer.
- Assist in distribution of football game jerseys, coordinate certification pictures, assist in the distribution of cheerleading uniforms
- Coordinate team participation in any work days that are scheduled by the AFCA.
- Attend weekly meetings scheduled by the Team Parent Director. Information regarding AFCA sanctioned events will be provided during those meetings and disseminate this information to the parents of their respective team(s) during weekly meetings. All coaches should receive any information provided to the parents.
- Open a checking account for the team's fundraising activities at a bank identified by the Board of Directors. Any expenditure of money generated by team must be paid for by check. All checks must be signed by the TEAM PARENT and the HEAD COACH. The TEAM PARENT must create monthly financial statements, including details of all expenditures, and must distribute the financial statement to the respective parents, coaches and the AFCA Treasurer. The TEAM PARENT must review the monthly bank statement with the HEAD COACH and submit a copy of the monthly bank statement to the AFCA Treasurer within 3 work days of receipt.

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HOMECOMING

This is a special week of activities for the children.

SAMPLE OF WEEK'S ACTIVITIES FROM PAST HOMECOMINGS

Monday -	Practice
Tuesday -	Practice and poster competition night
Wednesday -	Coaches' game
Thursday -	Practice Spirit Competition Pep Rally
Friday -	Homecoming court and escorts Homecoming dinner
Saturday -	Games Individual team booths throughout day

PICTURE DAY

Individual, Team and Association pictures are taken as early in the season as possible. Picture day is typically conducted on a Sunday afternoon in late August or early September.

BANQUETS

An end of the year banquet will be scheduled for each team. The children will be recognized and will receive any participation awards at this event. The Association pays a portion of the cost of this event. The TEAM PARENT must provide receipts for all banquet expenditures, paid by AFCA funds, to the AFCA Treasurer.

Participation in the banquet is limited to those who have returned all their equipment and uniforms.

SPIRIT WEAR and SPIRIT SHOP

Our Spirit Shop provides the latest WARRIOR Spirit wear for the entire family. It provides t-shirts, hoodies, visors, hats, back-packs, koozies, and mouth pieces.

Similar to the concession stand, parents will be requested to work the Spirit Shop. When you are asked to work, please be courteous and friendly.

We urge all teams to acquire their cloth items through the Spirit Shop. **All teams must solicit a bid through the Spirit Shop** for team shirts and other cloth products which publicize the Acworth Football and Cheerleading Association

Individual teams are **not** authorized to sell cloth items as fundraising projects without the express written permission of the Board of Directors. The Spirit Wear Committee will provide all teams with ordering information for team shirts at the beginning of the season.

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FUNDRAISING

All fundraising activity, including those initiated by individual teams, **must be approved in writing** by the Board of Directors.

NO TEAM FUNDRAISING ACTIVITIES MAY COMMENCE BEFORE BOARD APPROVAL IS SECURED.

All Sponsorships (team and association) are to be directed to the AFCA Treasurer. Checks for sponsorships **must be payable** to the Acworth Football and Cheerleading Association.

CONCESSION STAND

Our Concession not only provides the best ballpark food, snacks and beverages in Georgia – but it serves as our primary fundraiser. In an effort to maintain low prices while providing reasonable return to the AFCA, each parent is expected to work their fair share. Significant planning takes place to insure that the parents of each participant are scheduled to work. A concession deposit of \$60 is collected at Registration and returned when assigned “Concession Duty” is completed. When you are asked to work, please do so cheerfully and take the opportunity to meet other members of the Warrior family!

INSURANCE INFORMATION

Participation in Acworth Football & Cheerleading Association sanction events is immediately covered by an Association acquired insurance policy. The coverage provided is secondary to any insurance coverage that you may already have for your child.

In the event of an injury, contact your coach. An insurance claim form may be obtained from the AFCA treasurer and must be completed in its entirety by the parent or guardian of the injured child, and returned to the treasurer within 60 days of the date of the injury.

REFUNDS

A partial refund will be provided for players or cheerleaders who withdraw from the AFCA on, or before, Friday August 7. One hundred dollars **(\$100) will be retained** from the registration fee. The partial refund is necessary in recognition that the AFCA acquires uniforms, equipment and supplies based upon total number of registrants as well as the costs associated with insurance premiums and administrative fees.

No refunds will be provided for players or cheerleaders who withdraw from the AFCA on, or after, Saturday August 8.

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COMPLAINT – GRIEVANCE PROCESS

Although it is our hope each year that no problems will arise, we have found that on occasion a conflict will develop which requires attention. If you find yourself in that situation, and you feel that special attention is warranted, the accepted process to address a concern is described below:

- 1) A primary consideration is to remember that all the coaches, team parents and AFCA board members are volunteers who are offering their time to work with your child.
- 2) Your first point of contact to discuss any issue is the head coach for the team on which your child participates. However, you should not do so in a confrontational manner, nor should you approach the coach on the game field or within eyesight or earshot of the children. Game days are not the appropriate time to approach the coach. Wait until before or after the next scheduled practice and do so away from the children.
- 3) If you receive no satisfaction from the head coach or you are not comfortable approaching the head coach, you should contact the Athletic Director if it is a football issue or the Cheer Director if it is a cheerleading issue to discuss the matter. The Athletic Director or Cheer Director will investigate the matter, set up a meeting with the appropriate coach/coaches and will provide you with a response. If a meeting with the coach is appropriate, the Athletic Director or Cheer Director will conduct such a meeting and act as arbitrator.
- 4) If you are not satisfied with the resolution while working with the Athletic Director or Cheer Director, you may file a formal complaint with the AFCA Board of Directors by contacting the President or Vice President. The formal complaint must be filed in writing. Upon receipt, the President shall call a special meeting of the Board, review the complaint and appoint a Grievance Committee to investigate the circumstances associated with the matter. The President shall serve as the chair of the Grievance Committee. The Vice President shall serve as the chair if the complaint is against the President. You will be advised in writing of the Board's decision and any actions the Board takes in regards to your complaint.
- 5) If the complaint involves the Football Conference or the Cheerleading Conference, a formal charge (or complaint) in legible print shall be made to the Athletic Director (football) or Cheer Director. The formal charge will be provided to the President for immediate submission to the appropriate authority.
- 6) The NWGYFL maintains an on-line web site for complaints and grievances where you may directly register concerns regarding AFCA or AFCA personnel conforming to the NWGYFL by-laws. Most complaints to the NWGYFL are referred to the President of the appropriate Association for investigation and resolution as appropriate.

**DIRECTLY APPROACHING A COACH DURING A PRACTICE, GAME, OR
COMPETITIVE EVENT WILL NOT BE TOLERATED!!!**

**ABUSIVE BEHAVIOR OR PROFANE LANGUAGE IN THE
PRESENCE OF OUR CHILDREN WILL NOT BE TOLERATED AND MAY RESULT
IN IMMEDIATE EJECTION AND PERMANENT EXPULSION FROM THE PARK!!!**

**PULLING YOUR CHILD FROM A GAME BECAUSE YOU ARE UNHAPPY WITH
WHAT IS GOING ON IN A GAME CAN NOT BE TOLERATED AND MAY CAUSE
YOUR CHILD TO BE REMOVED FROM THE TEAM!!!**

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HEAT POLICY

A primary objective of the Acworth Football and Cheerleading Association is to provide as safe an environment as possible for our players, cheerleaders, coaches and fans. Consistent with that objective, the following HEAT GUIDELINES have been developed for immediate use. The Association will install and maintain a thermometer which shows the current air temperature at the field. The Association will also use a device to measure the **heat index** (i.e. heat and humidity) at all outdoor events which Acworth hosts. At all times in hot weather, coaches will monitor athletes for heat distress.

Parents are strongly urged throughout the day to insure that players are adequately hydrated before coming to practice by drinking water or sports drinks designed to replace electrolytes. Drinks containing caffeine are discouraged.

No AFCA Outdoor Activities will take place if the heat index is 105 or above. When the heat index reaches that level all activities are suspended for a minimum of 30 minutes and cannot resume until the heat index returns to a lower level.

If the **heat index is 100-104**, outdoor activities are limited to practice in cloth gear only (pants and T-shirts). Water breaks must be provided no less than every 15 minutes and players will be allowed to get water at any time. Frequent breaks should take place to allow the players to cool off. Coaches are encouraged to use cool towels to cool down players at least once per hour. Practices will be reduced to no more than ninety minutes in duration.

If the **heat index is 95-99**, practice in full gear will be allowed, with frequent water breaks no less than every 15 minutes and players will be allowed to get water at any time. Frequent breaks should take place to allow the players to cool off. Coaches are encouraged to use cool towels to cool down players at least once per hour. Practices will be reduced to no more than ninety minutes in duration.

If the **heat index is 90-94**, 5-10 minute rest breaks should be taken every hour, water breaks every 15 minutes, and players should be under careful supervision from coaches and trainers. Practices will be the regularly scheduled not to exceed 120 minutes.

If the **heat index is 80-89**, players will be watched closely by Acworth coaches for any heat distress and frequent water breaks will be taken.

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ADDITIONAL PARENT RESPONSIBILITIES

Throughout the season, parents will be asked to assist with other duties such as helping with the chains at a game, assisting at the homecoming booth or other fund raising events, and concession / spirit shop duty.

During the season, parents may be requested to provide additional money for snacks (oranges & water at half time and simple post game snacks), socks, and if they want a team spirit shirt. Costs per team vary based on sponsorships and donations.

**WE THANK YOU FOR BEING A PART OF THE WARRIOR
FAMILY AND KNOW THAT YOU AND YOUR CHILD WILL
HAVE A GREAT EXPERIENCE.**

Coach's Name and Number _____
Team Parent's Name and No _____