



ARENA YOUTH FOOTBALL LEAGUE

REGISTRATION FORM

Parents Please Print

Child's Name: First Last Birth Date M/F Circle Grade

Street City State Zip

Parent/Guardian Names:

Home Phone Work Phone

Email Address: Mom Dad

Name of City or League Name of Team Coach Position

I/we, the parents/guardians of the above named player, who is trying-out for a position on an Arena Youth Football League team, hereby give my/our permission and approval for participation in any and all of the activities of the Arena Youth Football League during the current season. I/we assume all risks and hazards incidental to the conduct of these activities as well as transportation to and from these activities. I/we do hereby release, absolve, indemnify, and hold harmless the Arena Youth Football League, the board members, the organizers, the sponsors or any of the supervisors appointed by them. I/we likewise release from responsibility any person transporting my/our child to or from the activities. I/we will furnish a certified birth certificate of the above named player upon request of the league officials.

Parents/Guardian Signature Please Print Name

CONSENT TO MEDICAL CARE AND TREATMENT

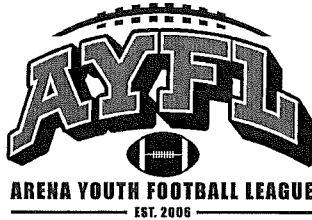
INFORMATION ABOUT PLAYER

I/we Parents/Guardian Authorize all medical, surgical, diagnostic and hospital procedures as may be preformed or prescribed by a treating physician for (Players Name)

Birthdate Allergies Chronic Illnesses Regular Medications Date of last Tetanus Immunization Player's Physician Mother's Cell Father's Cell Insurance Company Policy Number Any other Disabilities or Health related concerns

If I/we cannot be reached in case of emergency.

Date Signature (Parents/Guardian Required)



ARENA YOUTH FOOTBALL LEAGUE

2010 HELMET WARNING AND CARE / AWARENESS AND RISK FORM

Regarding Head Injury and Concussions:

On May 14, 2009 Washington State unanimously passed the Zackery Lystedt Law #HB1824. The Arena Youth Football League will follow and implement the education and safety precautions as described by this law.

The Law Requires:

- A.) All school districts to work with the Washington interscholastic Activities Association to develop guidelines and informational forms to educate coaches, youth athletes, and their parents of the nature and the risks of concussion and head injury.
- B.) An informed consent must be signed by parents and youth athletes acknowledging the risk of head injury prior to practice or competition.
- C.) That a youth athlete who is suspected of sustaining a head injury be removed from play. "When in doubt, sit them out".
- D.) That a youth athlete who has been removed from play receive written clearance prior to returning to play from a licensed health care provider.
- E.) That private and non-profit youth sports associations be in compliance with the policies adopted by the Washington Interscholastic Activities Association.
- F.) The law will be known as the Zackery Lystedt Law.

WARNING – NO HELMET CAN PREVENT ALL HEAD OR NECK INJURIES A PLAYER MIGHT RECEIVE WHILE PARTICIPATING IN FOOTBALL. Do not use your helmet to butt, ram, or spear an opposing player. This is in violation of football rules and such use can result in severe head, brain or neck injury, paralysis or death to you and possible injury to your opponent. There is a risk these injuries may also occur as a result of accidental contact without intent to butt, ram or spear.

NO HELMET CAN PREVENT ALL SUCH INJURIES. YOUR HELMET IS NOT A WEAPON; IT IS FOR YOUR PROTECTION. It is suggested that every day before practice you perform the following 5-step check of your helmet.

1. Inspect helmet of obvious cracks, loose parts, or damaged cells or pads. Does it hold air?
2. Check the crown by pulling down on the helmet to make sure it doesn't slide over your eyes.
3. Grasp face mask and turn helmet side-to-side. Be sure skin wrinkles and that helmet doesn't just spin.
4. Check that jaw pads touch cheeks and that ear holes align with ears.
5. Check that the chinstrap is centered and snug. Check to see if snaps hold well.

Report to practice and games with **ALL** protective equipment as designated for that practice or game. This includes mouthpieces, tail pads, hip pads, etc. Any one not properly dressed will be excused from practice or game until proper equipment is obtained.

REPORT ANY PROBLEMS IMMEDIATELY. In the interest of fellow team members, it is asked that you leave an injured player on the ground. **DO NOT** help others up unless you are sure that they are OK.

AWARENESS AND RISK FORM

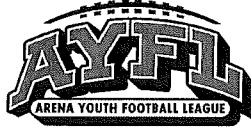
In consideration for the opportunity to participate in the Arena Youth Football League, I voluntarily agree to assume all risks involved in my child's participation in the Football Program and all related activities. I understand that by allowing my child to participate, my child may be exposed to risks of personal injury and/or death and property damage or loss including, but not limited to, the following: serious back and spinal injuries which may result in complete or partial paralysis or brain damage, serious injury to virtually all bones, joints, ligaments, muscles, tendons, and other aspects of the muscular skeletal system and serious injury or impairment to other aspects of my child's body, general health and well being. I also recognize that there are both foreseeable and unforeseeable risks of injury or death that may occur that the Arena Youth Football League cannot specifically anticipate and list here.

Release of Liability:

I release the Arena Youth Football League, any subdivision or unit of (AYFL), its officers, employees, and agents, from any and all liability, claims, costs, expenses, injuries and/or losses that I or my child may sustain as a result of my child's participation in the Arena Youth Football League. My child's participation includes, but is not limited to, travel to and from practice and games in a private or public vehicle, and any activity connected with the practice or games themselves, and while using equipment or facilities for the events. I have carefully read this document, understand its contents, and am fully informed about this event and circumstances. I am satisfied that my child can safely participate in this event. I am aware that this document is a contract with the Arena Youth Football League. I certify by my signature below that I am this child's parent or legal guardian. I sign this document freely and voluntarily.

Participant (Print)	Date	Parent/Legal Guardian (Print)	Date
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Participant (Signature)	Date	Parent/Legal Guardian (Signature)	Date
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2010 Parent's Code Of Conduct

1. I will support the efforts of the volunteer coaches and the league at all times.
2. The use of profanity, weapons, drugs, alcohol, or tobacco products on school property is prohibited. This will result in your immediate ejection from the school property.
If, while playing at a venue where alcohol is available or served, and / or at a team function, please consume in the designated areas provided. Parents that are unruly will be removed and / or asked not to return to any team or league functions for the rest of the season.
3. Set an example for your child by always showing good sportsmanship.
4. Never argue with an official or coach during practices or games. Complaints or concerns can be made in writing, first to the head coach, then to the AYFL Board of Directors if needed. All complaints will be promptly investigated.
5. I understand my child will be given every opportunity to participate and to compete however; the safety of our athletes is our primary concern. I understand that the AYFL is a select league with no weight limits and no minimum playing time guaranteed during the season. I understand that participation is at the discretion of the coach for the amount of playing time that my child may get during the season. I understand players that are on a developmental roster may have the opportunity to be placed on the main roster, if an opening is available. This does not mean that the head coach has to do so, or will. It will be at the discretion of the head coach to determine if that player's are deemed fit and / or ready to play in games.
7. Any parent who enters the playing field during a game (except for an injury to your child) risks their or their child's immediate removal from the field and/or disqualification from the team, and league participation. This rule shall be enforced by the game's officials, teams coaches and field managers, and by the AYFL Board of Directors.
8. I understand that if I incur an unsportsmanlike behavior penalty during a game, in accordance with the rules set by AYFL. I risk my own and or my child's immediate removal from the field, the team and/or any league participation. I further understand that my actions could result in my child's team being required to forfeit their game.
9. Try to praise your child's efforts and always offer your support.
10. Allow your child to have fun and play as a youth.
11. Never voice complaints or concerns toward coaches, referees or league officials in front of the players at any time.
12. Parents will show proper respect of an official's judgment and interpretation of the rules.
13. Parents shall respect the equipment given to their child and take care of it. Equipment shall not be altered, damaged, or neglected. Doing so will result in your responsibility to pay for or replace the damaged equipment.
14. Parents shall inform the head coach personally, and / or give written permission for their child to walk, ride a bike, take the bus, etc. or to be picked up by someone other than the parent. If another player's parent has set up carpooling arrangements, or is willing to give another a ride home, that does not always need to be notified to the head coach.
15. Parents must acknowledge that they have read, understand, and signed the player awareness of risk form as well as the Zackery Lystedt Law #HB1824 regarding Head Injury and Concussion.

I have read and understand the Parent's Code of Conduct. I understand that this also applies to all guardians of the athletes. I understand that failure to comply with this code could result in the suspension of my child from the team, and the league, and myself from being allowed at any AYFL event. I agree to follow these rules to the best of my ability.

Parent or Guardian name (printed) _____

Parent or Guardian Signature _____ *Date* _____



Arena Youth Football League

2010 Player's Code Of Conduct

1. I will attend all practices, games, meetings, fund raisers, and other team functions on time unless excused by the head coach.
2. I will show respect toward all referees, coaches, players, and / or parents at all times.
3. I will demonstrate "GOOD" sportsmanship on and off the field.
4. I will not fight, use bad language, put down my teammates, or argue with my coaches.
5. I will stay in the designated team area during games.
6. I understand that I risk being ejected and/or suspended from a game or further league participation, if I incur unsportsmanlike behavior penalties, or conduct detrimental to the team.
7. I will be teachable, and coachable, and ready to learn at all times.
8. I will be a team player and always put the team first.
9. I will obey all the rules set forth by the coaches and the league.
10. I will give 100% at all times, never quit, and most importantly have fun!
11. I understand that the use or possession of weapons, drugs, alcohol, or any tobacco products, or any other participation in any illegal activities will be reason for ejection from the team and any league participation.
12. I will respect my equipment and take care of it, and if I do not, I will pay to replace it.
13. I will show proper respect of any official's judgment and interpretation of the rules.
14. I will perform to my best abilities in school. I agree to maintain a minimum of a C grade point average. Failure will result in being placed on probation, which results in loss of playing time, or possible removal from my team.
15. I acknowledge that I have read, understand, and signed the player awareness of risk form as well as the Washington State Zackery Lystedt Law #HB1824 regarding Head Injury and Concussion.

I have read the Players Code of Conduct and agree to follow it to the best of my ability. I realize that failure to do so may result in removal from my team, loss of playing time, or even suspension from the league. I agree to participate within the guidelines and expectations that are made of me.

Player's Name (Print) _____

Player's Signature _____ Date _____