

## Uniform Cleaning and Drying Instructions

Uniforms should be washed **immediately** after each use if at all possible. Turn garments inside out to help preserve ink printing and twill. Use only **cold water** for all settings of the washing machine and do not wash with other items, such as towels.

**DO NOT USE CHLORINE BLEACH!**  
**DO NOT USE FABRIC SOFTENER!**  
**DO NOT DRY CLEAN ATHELETIC UNIFORMS!**

Heavily soiled garments should be pre-treated. Any of the pre-treating brands found at your grocery store will do just fine as long as it does not contain **bleach**. For Blood stain, **soak in cold water** before washing. An oxygen based laundry booster can also be used to wash garments. If possible, use a high water level to minimize mechanical action on uniforms and do not overload washer.

Remove uniforms **immediately** after washing and **HANG DRY** all garments.

**If you must** use a dryer, use a damp dry or air dry setting. The lower the setting on the dryer, the better it is for the garment. A high heat setting can cause shrinkage, cracking in the ink printing, wrinkling in the twill, etc. Overloading the dryer can cause uniforms with ink printing to stick together. Remove garments from the dryer **immediately** when the dryer has finished.

**DO NOT IRON!**

**STORE IN A COOL, DRY AREA, PROTECTED FROM DIRECT SUNLIGHT  
AND FLOURESCENT LIGHTING!**

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