



CAPISTRANO UNIFIED SCHOOL DISTRICT
CAPISTRANO VALLEY HIGH SCHOOL

Character Counts - Expect the Best

26301 VIA ESCOLAR • MISSION VIEJO, CALIFORNIA 92692
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To the players and families of the Capistrano Valley High School Football Program:

Honor and Tradition Demand that I Prepare for Success

Football is an important institution on this campus and it is a privilege to be a member of this football program. No other sport requires as much in the way of time commitment, demand on the body, physical and mental preparation to play. This program demands excellence in all aspects of a student-athlete's life. It is the intent of this program to promote academic responsibility, peer leadership, and sportsmanship. Student-athletes in this program will be expected to be courteous, respectful and responsible at all times.

The following regulations will apply to all student-athletes in the football program.

1. Players will maintain a 2.0 GPA and pass 4 classes each semester.
2. Players will be on time for all practices, meetings and workouts.
3. Players will be properly dressed for all practice and use equipment correctly.
4. Players will practice proper nutrition, hygiene and get proper rest.
5. Players will not use drugs or alcohol.

The penalty for a violation of these regulations may result in additional work, temporary or permanent suspension from the team, or the forfeiture of games.

Coach Biehn

Head Football Coach
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