

Churchland Soccer League-Recreation Age Group Rules

U6 RULES

- **Shin guards are REQUIRED for all players during all practices, games, and scrimmages. The guards are to be wholly covered by socks and the referee/facilitator may ask for an equipment adjustment during a game if they feel there is a safety concern.**
- **Slide Tackling is NOT permitted for any Recreation teams; including, but not limited to, practices, games, or scrimmages.**
 - **During Games**
 - The offending player may be removed from the game for a substitution.
 - The player and coach are cautioned/warned by the referee/facilitator.
 - The offending player is allowed to re-enter the game at the next allowable substitution.
 - **Coaches are not permitted to teach, promote, or allow slide-tackling.**
- **The League will provide the uniform or direction as to the allowable uniform. Federation Internationale de Football Association (FIFA) is the world-wide governing body for soccer. <http://www.fifa.com/>**

Team Size

These age groups will play 3v3 on the field with a roster size of no more than twice the numbers of players on the field. This allows for equal play among the players. The 3v3 format enables the children the best opportunity to learn fundamentals in an enjoyable game environment with lots of action.

Practices-Practice for the U6 age group may consist of no more than 2 sessions a week for a maximum of 60 minutes each.

Goalkeepers

Goalkeepers are not used. It is highly encouraged that teams not keep one player back to attempt to defend the goal, but rather, keep all players up and active in the play at all times.

Ball size-Ball size used for games and practice shall be a size 3.

Length of Game

U6 has two fifteen minute halves with a five minute period at half-time. The game begins with an **INDIRECT** kick from the center of the halfway line by the team winning the coin toss. Opposing players may not stand closer than the center circle.

Goal-kicks, Corner-kicks, Throw-Ins, and Free Kicks

Goal, Corner, and Free kicks are taken by the players at the appropriate spots and are **DIRECT** (FIFA Rules). All fouls in the penalty area will be taken as an **INDIRECT** kick outside the box. There will be no penalty kicks. Throw-ins are used for all out-of-bound balls going over the sidelines and are **INDIRECT**.

Instruction during the Game

Coaches are allowed to come on and off the field as needed to set up players for **KICK-OFFS ONLY**. Only one coach per team on the field at one time please! Coaches should NOT remain on the field any longer than necessary. The referee/facilitator may ask a coach to move to the sidelines if in the referee/facilitator's opinion the coach is in the play too much.

Substitutions

Substitutions may be made at any time "on the fly". No need for stoppage in the game to make a substitution. Each player will play at least half the game except in the case of injuries, sickness, ejection, and/or disciplinary action.

Offsides-There are no Offsides.

Score-The score at the end of a match is whatever the kids think it is. NO standings are kept.

Updated, 9/29/2009 1503