

Churchland Soccer League-Recreation Age Group Rules

U8 RULES

- **Shin guards are REQUIRED for all players during all practices, games, and scrimmages. The guards are to be wholly covered by socks and the referee/facilitator may ask for an equipment adjustment during a game if they feel there is a safety concern.**
- **Slide Tackling is NOT permitted for any Recreation teams; including, but not limited to, practices, games, or scrimmages.**
 - **During Games**
 - The offending player may be removed from the game for a substitution.
 - The player and coach are cautioned/warned by the referee/facilitator.
 - The offending player is allowed to re-enter the game at the next allowable substitution.
 - **Coaches are not permitted to teach, promote, or allow slide-tackling.**
- **The League will provide the uniform or direction as to the allowable uniform.**
- **Federation Internationale de Football Association (FIFA) is the world-wide governing body for soccer. <http://www.fifa.com/>**

Team Size

These age groups will play 4v4 on the field with a roster size of no more than twice the numbers of players on the field. This allows for equal play among the players.

Practices

Practice for the U8 age group may consist of no more than 2 sessions a week for a maximum of 60 minutes each.

Goalkeepers

Goalkeepers are not used. It is highly encouraged that teams not keep one player back to attempt to defend the goal, but rather, keep all players up and active in the play at all times.

Ball size-Ball size used for games and practice shall be a size 3.

Length of Game-There will be two twenty minute halves with a five-minute period at half time.

Goal/Corner/Free Kicks

Goal, Corner, and Free kicks are taken by the players at the appropriate spots and are **DIRECT** (FIFA Rules). All fouls in the penalty area will be taken as an **INDIRECT** kick outside the box. There will be no penalty kicks.

Throw-Ins

Throw-ins are used for all out-of-bound balls going over the sidelines and are **INDIRECT** (FIFA Rules).

Instruction during the Game

U8 and older team coaches must ask and receive permission from the referee/facilitator before entering the field for any reason. Coaches are asked to remain on their team's half of the sideline during play.

Substitutions

Substitutions may be made at any time there is a stoppage of play. Each player will play at least half the game except in the case of injuries, sickness, ejection, and/or disciplinary action.

Offsides-There is no Offsides.

Score-The score at the end of a match is whatever the kids think it is. NO standings are kept.