

Camp Director:

Lauren Berg:

- West Deptford Lacrosse Club Head Coach
- Ursuline Academy Head Coach
- Member of the Northwestern Women's Lacrosse Team '81-'84

Camp Administrator:

Barbara Banko:

- Woodstown Youth Lacrosse

Previous Coaches:

Jackie Neary

Cabrini College Head Lacrosse Coach

Julie Smith

Cabrini College Assistant Lacrosse Coach

Jackie Trakimas

West Deptford High School Lacrosse Coach

Ali DeLuca

University of Pennsylvania

Jill Taylor

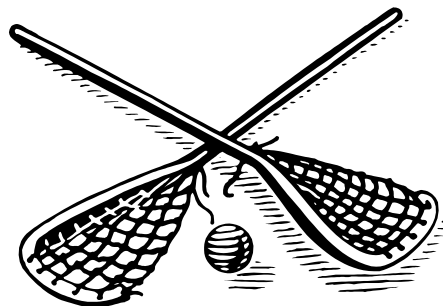
University of Pennsylvania

Katie Lee

Indiana University of Pennsylvania

Please make checks payable to:
West Deptford Lacrosse Club

Your cancelled check is your receipt



Detach registration form and mail to
the address listed below:

South Jersey All-Star Lacrosse
1630 Pennfield Dr.
Thorofare, NJ 08086

Camp Sponsored By:

HerSport
114 Kings Highway
Haddonfield, New Jersey
(856) 795-7514



**South Jersey
All-Star
Lacrosse
Camp 2009**

Girls' Camp for All Positions

Celebrating **6** years!



**Monday, June 15th—
Friday, June 19th**
6:00-8:45 pm

Location:

West Deptford Lacrosse Club
(Directly off Red Bank Ave.)

Camp Director:

Lauren Berg

South Jersey

All-Star Lacrosse Camp 2009

Dates

Monday, June 15th—

Friday, June 19th

Hours

Monday:

- 5:30-6:00 pm registration
 - (equipment available for purchase)
- 6:00-8:00 pm stretch/instruction
- 8:00-8:45 games/giveaways

Tuesday—Friday:

- 6:00-8:00 pm stretch/instruction
- 8:00-8:45 pm games/giveaways

Camp Background:

This is the sixth year of the South Jersey All-Star Lacrosse Camp. This camp was created to advance the sport of Women's Lacrosse in the South Jersey area. We welcome all skill levels, and our focus will be on making the girls better everyday and having fun in the process.

Sportsmanship, teamwork, and the fun of competition are just a few of the key aspects that will be focused on everyday. We will also work on the basics of the sport (cradling, passing, shooting, offensive and defensive strategies).

In addition, there will be fun games and competitions to inspire the girls. Our hope is to promote this exciting and wonderful sport.

Ages:

- Girls entering 3rd through 9th grades.
- Players will be grouped by age, ability, and experience.
- Campers older than 9th grade will be accepted on a case by case basis.

Tuition:

- \$130 for individuals (if application is received prior to or on June 1)
- \$140 for individuals (if application is received after June 1)

Tuition includes a T-Shirt, refreshments, and opportunities to win prizes including sticks, visors, key chains, etc.

South Jersey Lacrosse

1. Enrollment is limited to the first 125 applicants
2. A player/coach ratio of 10:1 will try to be maintained
3. Campers should come properly dressed because locker room facilities are not available
4. All girls need a stick, protective eye wear, a mouth guard, and suitable shoes and clothing (some loaner equipment will be available on the day of registration)
5. For additional information contact:

Lauren Berg: (856) 845-4038

lberg125680@comcast.net

Camp Registration Form

Name: _____

Age: _____ Grade: _____ (as of 9/09)

Address: _____

E-mail: _____

Phone: _____

Height: _____ Weight: _____

Years of Experience: _____

Shirt Size: YS YM YL AS AM AL

US Lacrosse Member # _____

Parents Agreement

1. I certify that the above player/participant is in good health and physically able to participate in the camp/activity, and I understand the risks associated with such participation.
2. I agree to hold harmless the owners, its officers, and the members for any injury sustained by the player/participant at or as a result of the participation in the camp/activity.
3. I will in no way hold the camp, camp director, or staff responsible for any injury resulting to the participant while participating in the camp.

Name of Parent/Guardian: _____

Signature: _____