

Capital Clubs

The Newsletter for Edinburgh's Sports Clubs

Issue 11 July 2009

Funding Success for Edinburgh Clubs



Following **ClubSport** Edinburgh's funding workshop in February several city clubs have reported success in obtaining funding and support for their activities. Although many clubs are still working on applications at least seven clubs have been successful in securing grants ranging from £1000 to £10000.

One group, **The Quickdraw Climbing Club** contacted **Capital Clubs** with an update on their experience.

"We first met Graham Moodie (Coaching Edinburgh Development Officer) at the **ClubSportEdinburgh** Funding Workshop back in February. During our conversations with Graham he intimated that Coaching Edinburgh may be interested in part funding a course that our parent volunteers were planning on attending in March. Further to these conversations we applied for funding and were accepted.

The six parents who attended the "Fundamentals of Climbing Course" run by the British Mountaineering Council all reported back that they had had a great day which was both fun and educational. The course has provided us with information on climbing techniques, exercises and fun warm up games which climbers can play. The course also offered advice on how to avoid sports injuries whilst climbing. Since then our volunteers have put their new found knowledge into practice in running fundamentals climbing sessions for the younger members of the Quickdraw Climbing Club.

The club wishes to thank Coaching Edinburgh and **ClubSportEdinburgh** for this opportunity."



"Our first application was unsuccessful however after submitting a second we were delighted to receive enough funding to purchase two trampolines and accessories."

- City of Edinburgh Trampoline Club

"Activcity has been excellent and have given us funding. Awards for All and Neighbourhood grant opportunities have encouraged us to rethink our priorities, after which we can make applications."

- Boroughmuir Thistle Football Club

"We were unable to attend the workshop but with the information and support sent to us we will apply in the future"

- Gracemount Edinburgh Handball Club

ClubSportEdinburgh are planning to deliver another funding workshop later in the year but in the meantime we invite any other clubs to share any funding success stories with "Capital Clubs"

For further advice on club development issues please contact:

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Other Fundraising Opportunities

As the current economic crisis creates even more challenges for the capitals' sports clubs we highlight two exciting fundraising opportunities.



SPORTSassist is an organisation which specialises in raising funds for sports clubs. Their concept is unique in that where club members' access services offered through SPORTSassist, clubs receive donations from the service provider. All sorts of services can be used – ranging from obtaining house insurance to making a will! There is no cost for clubs to register with SPORTSassist and many clubs are now receiving a steady flow of cheques effectively “earned” by club members accessing services through SPORTSassist for their personal business.

It is a very simple concept says SPORTSassist founder David Borrowman “It is really easy for clubs to register and if they get the message out to their members they then receive regular cheques. All the club members receive from us a member leaflet and a wallet card with our number on it and if they just remember to phone that number when they need a service their nominated club will receive a payment. Our biggest single payment out so far has been £6,000 to one club. Most clubs are getting a series of smaller payments but it all adds up and in this day and age when sponsorship is hard to get this is a good new source of income.”

Full details of the scheme can be found on www.sportsassist.org.uk

If you're involved in grass roots sport the chances are the costs of playing or watching the sport you love are increasing all the time.

That's why fundraising plays such a vital role for all sports clubs.

But fundraising can be difficult. Doing it yourself involves time, financial risk and often a lukewarm response from your supporters.

Now imagine there's a company set up to make your fundraising easier, more fun and above all more successful

Our vision is to become your most important fundraising partner. We want to give you great ideas. We want to inspire you. We want to help you.

We've helped raise over £700,000 for over 1500 sports clubs teams up and down the country and have now teamed up with leading entertainment partners in Edinburgh to supply you with unbeatable ticket offers at Jongleurs Comedy Club at the Omni Centre and Musselburgh Races.

All the tickets are cut-price. The prices are so low you'll think you're dreaming. The tickets you buy can all be sold on to family and friends for the full price and all the money you raise you keep!

Sign up for this great opportunity now at www.fundrazor.com



Liberton United FC presented with their first SPORTSassist cheque



Why reinvent the Wheel?

Sports clubs have been thriving in Edinburgh for centuries and will hopefully continue to do so. Clubs play a key role in encouraging sports participation and developing young performers through age-group structures and on up to international standard. With these roles come responsibilities and the need to ensure that clubs are providing quality, safe and enjoyable experiences for their members.

You are not alone in facing these hurdles, and there is a lot of help out there for you to access.

ClubSportEdinburgh has condensed the best of this help in to its own resource pack, which can be downloaded free of charge at www.clubspotedinburgh.org

The pack aims to

- provide a generic resource for sports clubs that wish to improve. It is of particular relevance to clubs whose National Governing Bodies (NGB) does not have a sport-specific club development manual.
- Highlight the main issues that clubs need to be aware of when working with children and young people and support that work by providing resources to assist them.

The pack is arranged in eight sections:

1. Duty of Care and Child Protection
2. Coaching and Playing Programme

3. Sports Equity and Ethics
4. Club Management
5. Good Practice – Volunteer Management
6. Contacts – useful contacts and websites for additional support
7. Funding Opportunities for Clubs
8. Templates - clubs can use these to assist the development of their policy, procedures and practices.

You may find that your club needs some help in just one or two of those areas, or feels the need to completely review its long term aims, and begin the process of creating a sustainable plan for the future.

In future editions of *Capital Clubs* we will take each of these sections and give a flavour of the topics covered, and best practice offered.

Regardless of the level of help required, the pack has proved a most useful tool to many clubs in the city, and we recommend it to you.



Help for Clubs

sportscotland have recently given a great new look to their Help the Clubs Website



The structure and the navigation of the site haven't changed, so

it's still easy to find a wealth of high quality information and practical resources for sports clubs, but the look has been updated to bring it in line with sportscotland's other websites.

View the Help for Clubs website at www.helpforclubs.org.uk



Pitch Maintenance Programme

With the summer close season well under way for many of the city's clubs, the Council's Ground Maintenance team has given Capital Clubs an update on the work carried out across the city's parks.

"As of the end of June, a total of 500 tonne of top-soil has been used in the close-season pitch renovation works, far greater than in previous years. This is due to the wet weather conditions over the previous season and thus the need for greater re-instatement works. It also reflects the general increase in all pitch maintenance works for City of Edinburgh Council pitches, which has been carried out by the specialist ground maintenance teams over the last couple of years.

Greater emphasis is being placed on the need for improved playing surfaces. For example, this has seen the increase of slit tinning and rolling of pitches during the actual playing season. Maintenance programmes are being developed for each individual site to reflect the local conditions and the amount of play.

The specialist ground maintenance teams are developing links and working closer with clubs and users of all facilities to try and ensure their needs and requirements are being met. One of the major challenges we have in a public parks is un-authorised and casual usage particularly during the close-season when time is required for re-instatements works and resting of pitches. However, we are working with the clubs to improve this situation and hopefully through two-way communication we can all reach the same goal (sorry for the pun) - good playing surfaces."

If you club has any queries on ground maintenance issues, please contact the team on pitchmaintenance@edinburgh.gov.uk



Advertise your Coaching Vacancies

Coaching Edinburgh and Club Sport Edinburgh are happy to provide organisations with the opportunity to advertise coaching vacancies on their websites.

All applications for your post will be diverted to the contact address which you provide, therefore Coaching Edinburgh and ClubSportEdinburgh will play no part in the recruitment process beyond advertising this post.

When recruiting new coaches/volunteers, good practice policies would include:

- Meeting with applicants to access the standard

and suitability of all coaches before making an appointment.

- Requesting and contacting at least two coaching references from each applicant.
- Ensuring that all final appointments have an enhanced disclosure check.
- Ensuring that the coach's roles and responsibilities are clear.
- Ensuring that final appointments are familiar with the code of conduct of the organisation and the facility they are using.

Coaching Edinburgh are also offering the following courses over the next few months:



22/23rd July	First Aid for Coaches at Meggetland
12th Aug	Psychology for Sports Coaches at Meggetland
18/19 Aug:	First Aid for Coaches at Meadowbank SC
5th Sept:	First Aid for Coaches at Meadowbank SC
16th Sept:	Fuelling Performers Workshop at Meggetland
19/20 Oct:	First Aid for Coaches venue TBC

To advertise your coaching vacancies or book onto any of the above courses contact Graham Moodie on 0131 652 4353



Heart of Midlothian Amateur Swimming Club Open Day - Sunday 30th August 2009 Drumbrae Leisure Centre, Edinburgh 4pm - 6pm



Are you interested in joining a premier, competitive swimming club?

- ★ Take your swimming skills to the next level
- ★ Assessment by GB Squad Coach
- ★ Elite swimming demonstration

For full details and on-line booking, please contact

07960 074423

www.swimhearts.com



This event is part of ActivityCity, an initiative of the City Of Edinburgh Council to support and promote a wide range of sporting & physical activity events held throughout the city. Hearts ASC is not associated with any football club