



Downers Grove Cougars Wrestling 2011-2012

Rookie, Intermediate & Varsity Program Practice Dates

Practices are Tuesday Wednesday, & Thursday. Rookie (younger) wrestlers practice in pool balcony the Intermediate & Varsity (older) wrestlers practice in the wrestling room. Sunday meet schedule to be distributed separately.

November

8th, 9th & 10th

(Tuesday, Wednesday & Thursday)

15th, 16th & 17th

(Tuesday, Wednesday & Thursday)

21st

(Monday practice only Thanksgiving week)

11/22 North-South High School meet @ DGS

Nov/December

29th, 30th, & 1st

(Tuesday, Wednesday & Thursday)

6th & 7th

(Tuesday & Wednesday; no practice Thurs., 12/8)

13th, 14th & 15th

(Tuesday, Wednesday & Thursday)

20th – 22nd

(Holiday Break- optional practice TBD)

27th -29th

(Holiday Break- optional practice TBD)

January

Beginning in January, Rookies only practice Tuesdays & Thursdays. The Intermediate & Varsity groups will continue Tuesdays, Wednesdays, and Thursdays.

3rd, 4th & 5th

(Tuesday, **Wednesday** & Thursday)

10th, 11th & 13th

(Tuesday, **Wednesday** & Thursday)

17th, 18th & 19th

(Tuesday, **Wednesday** & Thursday)

24th, 25th & 26th

(Tuesday, **Wednesday** & Thursday)

February practice schedule to be determined and distributed at a later date

Rookie practices start at 6:30 PM and will end **promptly** at 8:00 PM.

Intermediate & Varsity groups start at 6:30 PM and will end at 8:15 PM.

Questions, or information about cancellation due to weather, please call:
Jeff Eckdhal (630) 968-2325 or Rick LeBlanc (630) 337-1884

Dates subject to change per Downers Grove South High School

Do not call Downers Grove South High School for practice information or cancellation. If DGS closes due to weather, practice will be cancelled.