

History of FSLAX Players Honors since 2003!

FSLAX - US Lacrosse All-American & Academic All-American Selections:

Every Frederick County All American has been a Frederick Star!

2009

Academic AA: Lindsay Harris (09)

2008

Academic AA: Kristen Snyder (08), Katie Miller (08), Megan Ohlmacher (08), Kelsey Heine (09), Allison Simpson (09), Meleah Martin (09), Meghan McSherry (09)

2007

1st Team AA: Lindsay Coon (07)

Academic AA: Lindsey Gysin (07), Ashley White (07), Kristen Snyder (08), Katie Miller (08)

2006

1st Team AA: Haley Smith (07)

Hon. Mention AA: Karie McGuire (06)

Academic AA: Katie Bollinger (06), Mallory Close (07), Lauren Gannon (07), Katie Haynos (06), Liz Hildebrand (06), Marjory Jones (06), Kendall Klosky (06), Karie McGuire (06), Emily Molnar (06), Kathleen Ruppert (06), Haley Smith (07), Ashley White (07).

2005

1st Team AA: Bethany Buzzell (05)

Hon. Mention AA: Mara Sardella (05)

Academic AA: Sandy Abel (05), Katie Bollinger (06), Bethany Buzzell (05), Nicole Goge (05), Kendall Gysin (05), Katie Haynos (06), Tori Hessler (06), Liz Hildebrand (06), Erinn Hopkins (05), Marjory Jones (06), Karie McGuire (06), Brittany Patschak (05), Kathleen Ruppert (06), Farin Teagarden (05)

2004

Hon. Mention AA: Mara Sardella (05)

Academic AA: Sandy Abel (05), Bethany Buzzell (05), Erinn Hopkins (05), Nicole Goge (05), Kendall Gysin (05), Jessica Sardella (04), Jackie Sowers (05)

2003

Academic AA: Jessica Sardella (04)

2002

Academic AA: Emily Fogle (03)

Washington Post All-Met:

Every All-Met from Frederick County has been a Frederick Star!

2009: Jenny Ballenger (HM), Zoe Kabelac (HM), Cait McGinn (HM)

2008: Jessica Harkey (HM)

2007: Ashley White (HM) 2006: Lizzie Hildebrand (HM), Karie McGuire (HM), Haley Smith (HM)

2005: Bethany Buzzell (2ndTeam), Kendall Gysin (HM), Sandy Abel (HM), Mara Sardella (HM)

2004: Jessica Sardella (HM)

FSLAX - Frederick News Post Players of the Year.

13 of the last 13 POYs are Frederick Stars!

2009 – Lindsay Harris (09) & Maggie Roundy (09)
2008 - Kristen Snyder (08) & Kelsey Heine (09)
2007 - Lindsay Coon (07) & Ashley White (07)
2006 - Karie McGuire (06) & Lizzie Hildebrand (06)
2005 - Bethany Buzzell (05) & Mara Sardella (05)
2004 - Bethany Buzzell (05) & Mara Sardella (05)
2003 - Jessica Sardella (04)

FSLAX - Coach of the Year Awards and Special Coaching Appointments:

2009: Jessica Sardella (USL-BM2)
2007: Mark Snyder (F) Bill Sardella (USL-MA3)
2006: Mark Snyder (F) Bill Sardella (USL-MA3)
2005: Bill Sardella (F) Bill Sardella (USL-MA3)
2004: Bill Sardella (F, G, USL-MA7)
2003: Bill Sardella (F)
(F - Frederick News Post; G - Gazette; USL - US Lacrosse National Teams)

US Lacrosse Womens Division National Tournament Selections:

Only FSLAX Players selected from Frederick County!

2009: Ashleigh Kassab (Balt/Metro 2), Zoe Kabelac (DC/Metro 4)
2008: Kelsey Heine (09, MA2), Meleah Martin (09, MA4), Meredith Rogers (09, MA7)
2007: Lindsay Harris (09, MA5)
2006: Haley Smith (07, MA1), Lauren Gannon (07, MA4)
2005: Haley Smith (07, MA3), Karie McGuire (06, MA3)