

FRIENDSWOOD BRONCOS

Team Rules

1. **Practice starts at 6:00pm and ends at 8:00 pm. Monday, Tuesday, and Thursday and sometimes on Saturday if needed.** The schedule may adjusted once school starts, but for now all practices will start at 6:00. After school starts we will continue to practice **Monday, Tuesday, and Thursday.** All games will be played on **Saturday.** Parents please be on time for drop offs and pick-ups. Your child will not be left at the field unattended, and the coaches are advised not to leave till all children have been picked up. Therefore, pick them up on time please.
2. No pets, glass containers, or tobacco products are allowed on the field area. No paper or plastic products are to be left on practice field. Please pick up all your trash so we can continue using school and city property.
3. Horse play will not be tolerated before, during or after practice to prevent any injuries.
4. The coaches will supply drinking water. You may bring your own drink, but they are only allowed to get water when the coach sends them for a water break. Water breaks will take place every 15 to 30 minutes, and will be done as a team.
5. Coaches will need to sit the kids down and talk to them throughout the practice. They will ask them to grab a knee, which is one knee with chest out and not sitting down. They are to listen to what is being said by the coaches at this time. Players will be allowed to ask some questions, but mostly, the coaches need them to be listening. Yes Sir and No Sir is to be used to address an adult at all times.
6. No cussing will be tolerated from children, coaches, or parents at any time.
7. Kids are to be properly attired when they get to practice. No misuse of equipment, sitting on helmets or throwing them.
8. There is a 12-play minimum rule for all players making the required practices. One unexcused missed practice and the player will play the minimum 12 plays. Two unexcused missed practices and you will not be able to play in that week's game. An excused practice is discussed with your GM before or shortly after the scheduled practice.
9. NO jewelry will be allowed during practice or games (watches, rings chains, earrings, etc.). NO name-calling to another player, no fighting and no talking when in line for drills. Have respect for others.
10. Mouth pieces must be worn at practice and games. Parents please make sure they have it with them or they will not be able to practice or play in a game. It might be good idea to buy an extra just in case they lose the one they have.
11. The General Manager or the team mom need to be notified prior to practice or a game by the parent if their child will not attend.
12. Any problems with the coaching staff or anything else needs to be addressed with the General Manager before or after practice. Practice time is for the kids. Most of the time, the General Manager or his assistant coaches will be at practice 15 to 30 minutes early.

13. We understand that there may be reasons that you cannot make it to practice or a game. However, don't miss because you don't have a ride. Call another player, team mom, or a coach. There are no rainouts; practices and/or games will only be cancelled due to lighting or field conditions. Practice is where you learn the game and therefore it is very important to attend.
14. Late Attendance. We understand that it is very difficult for some parents to make the practices on time. However, we handle stretching and some of the conditioning at the beginning of practice. If your kid is late, there is much more opportunity for him to injure themselves during the practice. Two late attendances in a week constitute one missed practice.

THIS SEEMS LIKE A LOT OF RULES, BUT WE TRY TO SET EVERYTHING OUT AT THE BEGINNING SO THAT THERE ARE NO SURPRISES. WE DO NOT MAKE EXCEPTIONS TO THESE RULES AS THEY HAVE WORKED VERY WELL IN THE PAST.

Good Luck Broncos! Have fun, play hard and listen to the coaches.