



Harrison Soccer Club Recreation Program Coaches Information Sheet

The following is a summary of basic information that every coach in the Harrison Soccer Club Recreation Program needs to know and share with the parents of each of his or her players.

Equipment

- Shin guards and cleats are mandatory. Socks must be worn OVER the shin guards.
- Glasses – If a child needs to wear glasses while playing then they must obtain a pair of sports goggles. For safety reasons we cannot allow a child to play wearing regular glasses.
- Watches, ear rings, necklaces, etc are not equipment and should not be worn to practice or during a game.
- Ball – Each child is expected to bring a ball to practice. For U6 and U8 a size 3 ball is required. For U10 a size 4 ball is required.
- All of the above applies to PRACTICE and GAMES.
- Cones and Pinnies will be provided to each coach by the club.
- First aid kits will be provided to each team by the club.

Practice

- Practice is held at Ella Harris Park.
- Practice begins August 1st.
 - U6 practices are held on Friday nights.
 - U8 and U10 practices are held Monday through Thursday nights. Coaches will be assigned practice nights by the club. The club will do its best to assign practice nights based upon the preferences of each of our coaches. U8 teams are assigned a practice field 1 night a week. U10 teams are assigned a practice field 2 nights as week.

Games

- Games are held at Ella Harris Park on Saturdays starting the Saturday after Labor Day through the Saturday after Halloween. Nine games are scheduled.
- There are no mandatory make ups for rain outs. However, if both coaches want to make up a game that is fine. They just need to alert their respective coordinator so that the club is aware of their plans.
- If the weather is questionable on game day consult the website for field closing information. We will try to post by 8:00AM on game day.
www.harrisonsoccerclub.org
- There is no score or standings kept at the recreation level. The focus is on fun and player development in a safe environment.

Fields

- Every age group will be responsible for lining the fields three weeks during the season. Once during August (pre-season) and twice during the season. A schedule will be provided to the coaches through the coordinators. If two people are painting it should take no more that an hour to get this done.