



HERNANDO LACROSSE CLUB INC

WWW.HERNANDOLACROSSECLUB.COM



2012 SEASON REGISTRATION AND INFORMATION PACKET

CIRCLE ONE: HS = \$145 for MS = \$125
SPRINGSTEAD HS BOYS SPRINGSTEAD HS GIRLS HERNANDO MIDDLE SCHOOL

PLAYER NAME: DOB: AGE:
ADDRESS: CITY Zip
HOME PHONE#: PLAYER CELL#:
PLAYER/FAMILY EMAIL:
FATHER'S NAME: CONTACT #:
MOTHER'S NAME: CONTACT #:
US LACROSSE #: EXPIRES:

PRIMARY MEDICAL INSURANCE:
POLICY CONTACT #:
FAMILY DOCTOR: OFFICE#
SPECIAL INFORMATION REGARDING MEDICAL HISTORY:

EMERGENCY CONTACT (IF PARENT CANNOT BE REACHED):
NAME: CONTACT#:
NAME: CONTACT#:

PLEASE INDICATE BY INITIALING BELOW THAT BOTH PARENT AND PARTICIPANT HAVE READ AND AGREE TO ADHERE TO THE DOCUMENTED POLICIES AS DESCRIBED IN THE 2012 HERNANDO LACROSSE CLUB REGISTRATION AND INFORMATION PACKET

Table with 3 columns: Consent/Agreement, Parent/Guardian Initials, Participant Initials. Rows include: CONSENT TO MEDICAL TREATMENT, WAIVER AND RELEASE FORM, DUES CONTRACT, FUNDRAISING FORM, UNIFORM CONTRACT FORM, PLAYER CODE OF CONDUCT, PARENT/VOLUNTEER CODE OF CONDUCT.

SIGNATURE PARENT/GUARDIAN:

PRINTED NAME: DATE:

1 Please return this Page ONLY with your payment. Checks payable to HLC Inc.

HLC USE ONLY
CASH CHECK#: TOTAL AMT PAID:



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CONSENT To MEDICAL TREATMENT

*SIGNATURE/INITIALS REQUIRED FOR ACCEPTANCE OF MEMBERSHIP PAGE 1

IF THE ABOVE NAMED PARTICIPANT NEEDS EMERGENCY MEDICAL TREATMENT AND NEITHER PARENT NOR THE FAMILY DOCTOR CAN BE REACHED, CONSENT IS HEREBY GRANTED FOR SUCH EMERGENCY TREATMENT AS MAY BE CONSIDERED NECESSARY IN THE OPINION OF THE ATTENDING PHYSICIAN.

WAIVER AND RELEASE FORM

*SIGNATURE/INITIALS REQUIRED FOR ACCEPTANCE OF MEMBERSHIP PAGE 1

IN CONSIDERATION OF MY MEMBERSHIP AS A PLAYER IN HERNANDO LACROSSE CLUB INC AND ALSO FOR MY PARTICIPATION IN HERNANDO LACROSSE CLUB INC SANCTIONED OR RECOGNIZED EVENTS, I AGREE TO THE FOLLOWING:

WAIVER AND RELEASE: I AM FULLY AWARE OF AND APPRECIATE THE RISKS, INCLUDING THE RISK OF CATASTROPHIC INJURY, PARALYSIS, AND EVEN DEATH, AS WELL AS OTHER DAMAGES AND LOSSES, ASSOCIATED WITH PARTICIPATION IN A LACROSSE EVENT. I FURTHER AGREE ON BEHALF OF MYSELF, MY HEIRS, AND PERSONAL REPRESENTATIVES, THAT HERNANDO LACROSSE CLUB INC, THE HOST ORGANIZATION, AND SPONSORS OF ANY HERNANDO LACROSSE CLUB INC RECOGNIZED OR SANCTIONED EVENT, ALONG WITH COACHES, OFFICIALS, REFEREES, VOLUNTEERS, EMPLOYEES, AGENTS, OFFICERS AND DIRECTORS OF THESE ORGANIZATIONS, SHALL NOT BE LIABLE FOR ANY INJURY, LOSS OF LIFE OR OTHER LOSS OR DAMAGE OCCURRING AS A RESULT OF MY PARTICIPATION IN THE EVENT.

MEDICAL ATTENTION: I HEREBY GIVE MY CONSENT TO HERNANDO LACROSSE CLUB INC. AND THE HOST ORGANIZATION OF ANY HERNANDO LACROSSE CLUB INC. RECOGNIZED OR SANCTIONED EVENT TO PROVIDE, THROUGH A MEDICAL STAFF OF ITS CHOICE, CUSTOMARY MEDICAL/ATHLETIC TRAINING ATTENTION, TRANSPORTATION AND EMERGENCY MEDICAL SERVICES AS WARRANTED IN THE COURSE OF MY PARTICIPATION IN HERNANDO LACROSSE CLUB INC. RECOGNIZED OR SANCTIONED EVENTS.

READINESS To COMPETE: I WILL ONLY PARTICIPATE IN THOSE HERNANDO LACROSSE CLUB INC. COMPETITIONS OR ACTIVITIES IN WHICH I BELIEVE I AM PHYSICALLY AND PSYCHOLOGICALLY PREPARED TO PARTICIPATE.

FOR ANY PARTICIPANT WHO IS NOT YET 18 YEARS OLD: AS LEGAL GUARDIAN OF THIS PARTICIPANT, I HEREBY VERIFY BY MY SIGNATURE ON PAGE 1 THAT I HAVE READ AND FULLY UNDERSTAND EACH OF THE ABOVE CONDITIONS FOR PERMITTING MY CHILD TO PARTICIPATE IN ANY HERNANDO LACROSSE CLUB INC. RECOGNIZED OR SANCTIONED EVENT, AND I ACCEPT EACH OF THE ABOVE CONDITIONS, ESPECIALLY THE WAIVER AND RELEASE SET FORTH IN PARAGRAPH ONE.

2012 DUES CONTRACT

*SIGNATURE/INITIALS REQUIRED FOR ACCEPTANCE OF MEMBERSHIP PAGE 1

BY SIGNING THIS DOCUMENT, I UNDERSTAND THAT I AM RESPONSIBLE FOR THE PAYMENT OF CLUB DUES as follows:

Middle School \$125.00 or High School \$145.00

FULLY UNDERSTAND THAT IF THE ENTIRITY OF THE AMOUNT IS NOT PAID BY JANUARY 15, 2012 I WILL NOT BE ALLOWED TOPARTICIPATE IN ANY OF THE CLUB'S PRACTICES, GAMES, OR USE THE CLUB'S UNIFORM UNTIL MY OBLIGATIONS ARE MET.

I ALSO UNDERSTAND THAT HERNANDO LACROSSE CLUB INC. REQUIRES A VALID MEMBERSHIP To THE US LACROSSE ORGANIZATION THROUGH MAY 2012 AS PART OF YOUR DUES. THIS IS PAID DIRECTLY TO US LACROSSE BY VISITING THEIR WEBSITE AT WWW.USLACROSSE.ORG OR BY CALLING 410.235.6882 X102 (M-F, 9 AM-5 PM EST)

ENSURE YOU REGISTER WITH THE ID OF #2110541 FOR HERNANDO LACROSSE CLUB. THE US LACROSSE FEES ARE AS FOLLOWS: **\$35 FOR HIGH SCHOOL, \$25 FOR MIDDLE SCHOOL.** THIS WILL COVER YOUR INSURANCE TO PARTICIPATE IN SCHEDULED PRACTICES AND LEAGUE GAMES. IN ADDITION, ALL CLUB DUES ARE NON-

BENEFITS OF US LACROSSE MEMBERSHIP

*GET PROTECTION OF A COMPREHENSIVE LACROSSE INSURANCE PROGRAM FOR A FULL YEAR

*RECEIVE 8 ISSUES OF LACROSSE MAGAZINE

*GET 10% OFF BOOKS, VIDEOS AND MERCHANDISE FROM THE LACROSSE MUSEUM GIFT SHOP. VISIT THE SHOP IN BALTIMORE, ONLINE OR PHONE IN YOUR ORDER



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- *FREE ADMISSION TO THE LACROSSE MUSEUM AND NATIONAL HALL OF FAME
- *BECOME ELIGIBLE TO PARTICIPATE IN ANY US LACROSSE EVENT
- *A PORTION OF YOUR MEMBERSHIP DUES IS GIVEN TO YOUR LOCAL CHAPTER

SUBMITTING A CLAIM TO US LACROSSE

GO TO WWW.BOLLINGERLAX.COM OR CALL 1-866-267-0063
IF YOU DO NOT RECEIVE YOUR MAGAZINE WITHIN A MONTH, PLEASE CONTACT BROOKE AND LET HER KNOW SO THAT YOUR ACCOUNT MAY BE FIXED.

2012 FUNDRAISING EVENTS

- *SIGNATURE/INITIALS REQUIRED FOR ACCEPTANCE OF MEMBERSHIP PAGE I

BY SIGNING/INITIALING PAGE I, YOU UNDERSTAND THAT EACH PARTICIPANT'S FAMILY MUST HAVE A MINIMUM OF 3 HOURS OF VOLUNTEER TIME. A SIGNUP SHEET WILL BE MADE AVAILABLE BY THE START OF THE GAME SEASON FOR VARIOUS VOLUNTEERING OPPORTUNITIES, INCLUDING BUT NOT LIMITED TO: CONCESSION STAND (BOTH PRACTICE AND GAME TIMES), CLOCK MANAGEMENT AND SCORE KEEPING.

UNIFORM CONTRACT

- *SIGNATURE/INITIALS REQUIRED FOR ACCEPTANCE OF MEMBERSHIP PAGE I

BY SIGNING/INITIALLY PAGE I, I UNDERSTAND THAT THE UNIFORM MUST AT ANYTIME, IF ASKED BY A MEMBER OF THE EXECUTIVE COMMITTEE OF HERNANDO LACROSSE CLUB INC., BE RETURNED IMMEDIATELY TO THE ORGANIZATION. IN CONJUNCTION WITH RETURNING THE UNIFORM, I FULLY UNDERSTAND THAT IT MUST BE RETURNED IN GOOD CONDITION AND THAT I CAN BE CHARGED FOR ANY UNNECESSARY DAMAGE, WHICH WILL BE DETERMINED BY THE EXECUTIVE COMMITTEE. THE COMMITTEE WILL ALSO BE IN CHARGE OF DETERMINING A REASONABLE MONETARY AMOUNT FOR THE DAMAGE. IF THE UNIFORM IS NOT RETURNED DUE TO LOSS OF UNIFORM OR FAILURE TO COMPLY WITH THE SAID CONTRACT, I WILL BE CHARGED A PREDETERMINED COST FOR A REPLACEMENT (SEE BELOW).

I AM RESPONSIBLE FOR THE FOLLOWING ITEMS: JERSEY - REPLACEMENT COST \$80.00

PARENT/VOLUNTEER CODE OF CONDUCT

- *SIGNATURE/INITIAL REQUIRED FOR ACCEPTANCE OF MEMBERSHIP PAGE I

*SUPPORT AND REINFORCE THE COACH'S POLICIES AND EXPECTATIONS OF THE PLAYERS.

*ACT AS AN APPROPRIATE ROLE MODEL AT ALL TIMES.

*DO NOT CRITICIZE THE COACHING STAFF IN FRONT OF THE PLAYER(S).

*ALLOW THE COACHING STAFF TO INSTRUCT AND ADVISE, DON'T CONFRONT THE COACH IMMEDIATELY AFTER A GAME.

*ALL PROBLEMS SHOULD BE DISCUSSED IN PRIVATE AND WITHIN 24 HOURS OF THE INCIDENT.

*BE SUPPORTIVE AND POSITIVE WITH SINCERE PRAISE AND POSITIVE ENCOURAGEMENT AT ALL TIMES.

*ANY HARASSMENT OF OFFICIALS BY A PARENT OR VOLUNTEER CAN AND WILL BE GROUNDS FOR EJECTION FROM A GAME. REPEATED VIOLATIONS WILL BE GROUNDS FOR EXPULSION FOR THE SEASON.

*ANY HARASSMENT OF OTHER SPECTATORS OR PLAYERS CAN AND WILL BE GROUNDS FOR EJECTION FROM A GAME. REPEATED VIOLATIONS WILL BE GROUNDS FOR EXPULSION FOR THE SEASON.

*ACT AND ADHERE TO THE SAME STANDARDS OF SPORTSMANSHIP AS THE PLAYERS.

*UNSPORTSMANLIKE CONDUCT CAN AND WILL BE GROUNDS FOR EJECTION FROM A GAME. REPEATED VIOLATIONS WILL BE GROUNDS FOR EXPULSION FOR THE SEASON.

I HAVE READ AND AGREE TO COMPLY WITH THE ABOVE POLICIES AND EXPECTATIONS.

PLAYER CODE OF CONDUCT

- *SIGNATURE/INITIAL REQUIRED FOR ACCEPTANCE OF MEMBERSHIP PAGE I

PLAYERS OF THE HERNANDO LACROSSE CLUB INC. ARE EXPECTED TO CONDUCT THEMSELVES AT ALL TIMES IN A MANNER THAT WILL REFLECT THE HIGH STANDARDS AND IDEALS OF THEIR TEAM AND COMMUNITY. IT IS ONLY THROUGH OBSERVANCE OF THESE STANDARDS THAT INDIVIDUALS AND TEAMS CAN ATTAIN MAXIMUM



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ACHIEVEMENT, SHOW THEIR COMMITMENT TO EXCELLENCE IN HEALTH AND CONDITIONING, AND FULFILL THEIR RESPONSIBILITIES AS LEADERS.

1. ACADEMICS: YOU ARE A STUDENT FIRST AND ARE EXPECTED TO MAINTAIN YOUR SCHOOL'S ACADEMIC STANDARDS. IF AT ANY TIME YOUR GRADES FALL BELOW STANDARDS THE COACHING STAFF SHOULD BE NOTIFIED SO THAT A CONFERENCE CAN BE HELD WITH YOUR PARENTS TO DETERMINE WHAT THE BEST COURSE OF ACTION IS.

EACH INSTANCE WILL BE HANDLED ON A CASE BY CASE BASIS.

2. EXCUSED ABSENCES: IF YOU ARE GOING TO MISS A PRACTICE/GAME FOR ANY REASON, THE HEAD COACH MUST BE NOTIFIED. WHEN POSSIBLE, NOTIFICATION SHOULD OCCUR BEFORE THE PRACTICE/GAME. IN ALL INSTANCES, NOTIFICATION SHOULD BE MADE AS SOON AS POSSIBLE. IF THE COACHING STAFF NOTICES HABITUAL

OR SIGNIFICANT ABSENCES OR LATENESS, A CONFERENCE WILL BE SET UP TO DISCUSS FURTHER ACTION.

3. UNEXCUSED ABSENCES: UNEXCUSED ABSENCES WILL NOT BE TOLERATED. AFTER TWO (2) UNEXCUSED ABSENCES, YOU WILL BE SUSPENDED FOR ONE HALVE (1/2) GAME. ANOTHER UNEXCUSED ABSENCE WILL RESULT IN ANOTHER ONE (1) GAME SUSPENSION AND A CONFERENCE WILL BE SET UP WITH THE COACHING STAFF TO DISCUSS YOUR INVOLVEMENT IN THE TEAM. YOU WILL BE EXPECTED TO SUIT UP AND ATTEND THE GAME(S) YOU ARE

SUSPENDED FROM.

4. PRACTICES AND GAMES: PLAYERS ARE REQUIRED TO BE ON TIME FOR GAMES AND PRACTICES. **PRACTICES:** ON TIME FOR PRACTICE MEANS FULLY DRESSED AND EQUIPPED TO PLAY WHEN THE WHISTLE BLOWS. FULLY DRESSED AND EQUIPPED MEANS YOU HAVE ALL OF THE FOLLOWING ITEMS: STICK, HELMET, MOUTH-GUARD, GLOVES, ARM GUARDS, SHOULDER PADS, CLEATS, AND TEAM PRACTICE JERSEY, AND SHORTS/SWEATPANTS. GAME JERSEYS AND SHORTS ARE NOT APPROPRIATE FOR PRACTICES.

GAMES: ON TIME FOR GAMES MEANS YOU ARE AT THE FIELD FULLY DRESSED AND EQUIPPED, READY TO HELP SET-UP AT THE TIME PROVIDED BY YOUR COACH. FULLY DRESSED AND EQUIPPED MEANS YOU HAVE ALL OF THE FOLLOWING ITEMS: STICK, HELMET, MOUTH-GUARD, GLOVES, ARM GUARDS, SHOULDER PADS, CLEATS, ATHLETIC SUPPORTER, TEAM GAME JERSEY AND GAME SHORTS, AND A SOLID UNDERSHIRT IN TEAM COLOR.

5. DUAL SPORT ATHLETES: IT IS EXPECTED THAT ALL DUAL SPORT ATHLETES WILL PROVIDE THE COACHING STAFF WITH AN OFFICIAL SCHEDULE OF THEIR OTHER OBLIGATION SO THAT A PRACTICE AND GAME SCHEDULE CAN BE DECIDED UPON BY THE PLAYER AND COACHING STAFF.

6. PLAYING TIME: PLAYING TIME IS AT THE COACH'S DISCRETION AND IS BASED ON MANY FACTORS INCLUDING BUT NOT LIMITED TO: PRACTICE AND GAME ATTENDANCE, ATTITUDE, KNOWLEDGE OF THE GAME, AND SKILL LEVEL. AT THE JV, MIDDLE SCHOOL AND YOUTH LEVELS ALL ATHLETES WILL BE GIVEN A CHANCE TO COMPETE. AT THE HIGH SCHOOL VARSITY LEVEL, PLAYING TIME IS NOT GUARANTEED TO ANYONE.

7. ATTITUDE: IT IS EXPECTED THAT YOU WILL TREAT YOUR FELLOW TEAMMATES AND COACHES WITH RESPECT AT ALL TIMES. AT ANY TIME THE COACHING STAFF FEELS YOUR ATTITUDE IS DETRIMENTAL TO THE WELFARE OF THE TEAM, THEY WILL TAKE THE APPROPRIATE ACTIONS. ALL INSTANCES WILL BE HANDLED ON A CASE-BY-CASE BASIS BUT CAN INCLUDE EXPULSION FROM THE TEAM.

8. SPORTSMANSHIP: THERE WILL BE NO VULGARITY, PROFANITY, TRASH TALKING OR TAUNTING AT PRACTICES AND/OR GAMES. IN ACCORDANCE WITH THE NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS AND US LACROSSE RULES, ANY TWO (2) UNSPORTSMANLIKE FOULS COMMITTED IN ONE GAME WILL RESULT IN EJECTION FROM THE GAME AND SUSPENSION FROM THE FOLLOWING 2 GAMES. ALL OTHER INSTANCES WILL BE HANDLED ON A CASE-BY-CASE BASIS BY THE COACHING STAFF BUT CAN INCLUDE EXPULSION FROM THE TEAM.

9. FIGHTING: FIGHTING WILL NOT BE TOLERATED AT PRACTICES AND/OR GAMES. ALL INSTANCES WILL BE HANDLED ON A CASE-BY-CASE BASIS AND WILL INCLUDE A CONFERENCE WITH YOUR PARENTS AND THE COACHING STAFF TO DISCUSS YOUR INVOLVEMENT WITH THE TEAM.

10. SMOKING, DRINKING, AND DRUGS: THERE WILL BE NO USE OF DRUGS, ALCOHOL, OR TOBACCO OF ANY KIND FOR ANY REASON. FOR THE FIRST OFFENSE, YOU WILL BE SUSPENDED FOR ONE (1) GAME. A SECOND OFFENSE WILL RESULT IN A TWO (2) GAME SUSPENSION AND A CONFERENCE WITH THE COACHING STAFF CONCERNING YOUR INVOLVEMENT WITH THE TEAM. YOU WILL BE EXPECTED TO SUIT UP AND ATTEND THE GAME(S) YOU ARE SUSPENDED FROM.

11. INJURIES: IF AT ANY TIME YOU SUFFER AN INJURY, IT IS YOUR RESPONSIBILITY TO INFORM THE COACHING STAFF. THE COACHING STAFF WILL DETERMINE WHAT ACTION IS TO BE TAKEN ON A PLAYER-BY-PLAYER BASIS. A TO ATTEND TEAM PRACTICES AND GAMES UNLESS THE INJURY DOES NOT ALLOW.

12. EQUIPMENT AND UNIFORMS: IT IS EXPECTED THAT EACH ATHLETE WILL TREAT THEIR EQUIPMENT AND UNIFORM WITH THE UTMOST CARE AND RESPECT. CARE AND CLEANING INSTRUCTIONS ARE AVAILABLE ON THE CLUB WEBSITE.

I HAVE READ AND AGREE TO COMPLY WITH THE HERNANDO LACROSSE CLUB INC. CODE OF CONDUCT.
(INITIAL PAGE 1 FOR ACCEPTANCE)