



HN GIRLS SWIM TEAM ANNOUNCEMENT

HN GIRLS SWIM TEAM CHAMPIONSHIP

AT EISENHOWER PARK POOL, EAST MEADOW, LONG ISLAND
SATURDAY, APRIL 28, 2007

PLEASE BE THERE PROMPTLY AT 11:30 AM
(MEET STARTS AROUND 12:00 NOON --- REMEMBER: NO JEWELRY)

DIRECTIONS TO THE POOL AT EISENHOWER PARK

The entrance to the Eisenhower Park Pool (EPP) is on Merrick Avenue off of Meadowbrook Parkway in East Meadow, Long Island. One of the easiest ways to get to the EPP from Windsor Terrace, Park Slope, Kensington and Brownstone Brooklyn is to make your way to Eastern Parkway and go East then North.

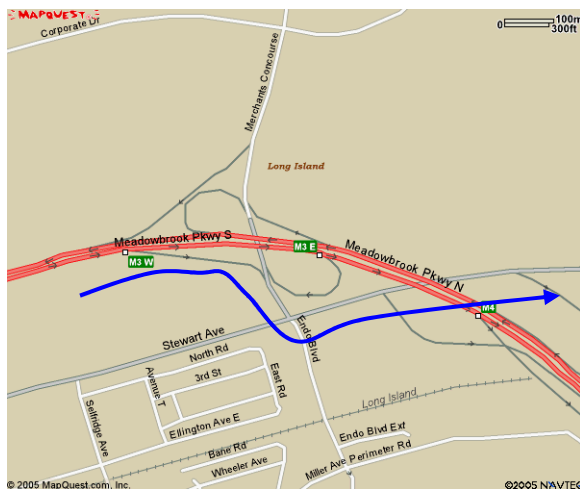
Though it may be slower than all highways, there is less chance that you will be caught in traffic. After you go East then North on Eastern Parkway for approximately 3.5 miles, make a Right turn at its end onto Bushwick Avenue and go East. Go East on Bushwick Avenue for approximately 4 blocks, then make a Left turn onto the Jackie Robinson Parkway.

Take the Jackie Robinson Parkway to its end, stay in the left lane and enter the Grand Central-East (towards LI). Take the Grand Central East till the Meadowbrook Parkway (Exit 31). (Grand Central splits with Meadowbrook Parkway exiting on the right lanes.) Take the Meadowbrook Parkway South till Exit M3 - West. (PLEASE SEE DETAIL OF EXIT M3 WEST BELOW.)

Exit Meadowbrook Parkway at Exit M3 - West. Follow the exit ramp/road till Stewart Avenue. Make a left turn onto Stewart Avenue. Take Stewart Avenue East to Merrick Avenue. Make a right turn onto Merrick Avenue. (Eisenhower Park will be on your left.) Take Merrick Avenue South into the Pool parking lot. Make a left turn into the Pool parking lot. If one lot is full there is another lot nearby. We will meet outside the pool entrance on the grass. There will be a fee (I think \$5) for spectators. **(REMEMBER: NO JEWELRY FOR SWIMMERS)**

To return, make a left turn onto Merrick Avenue from the parking lots. Take Merrick Avenue South till Hempstead Turnpike. Make a right turn onto Hempstead Turnpike. Take Hempstead Turnpike several hundred feet to the entrance ramp of Meadowbrook Parkway - North. Take Meadowbrook Parkway North till the Grand Central. Take the Grand Central North (then West) till the Jackie Robinson Parkway (Exit 15?). (The exit for the Jackie Robinson Parkway is from the left lane.) Take the Jackie Robinson Parkway South/West to Bushwick Avenue (Exit 2). Bear right onto Bushwick Avenue. Go West on Bushwick Avenue for approximately 4 blocks and make a left turn onto Eastern Parkway. Take Eastern Parkway South then West till its end at Grand Army Plaza.

Exit M3 West From Meadowbrook Parkway



Stewart Avenue To Merrick Avenue



IF STUCK IN TRAFFIC, CALL CHRIS MASON AT (917) 763-4667