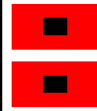




# Hurricane Watch



JUNE 7, 2009

EMAIL = HWACNEWS@WOWWAY.COM

## Team Website:

[www.hwacswimming.org](http://www.hwacswimming.org)

## THIS WEEK'S PRACTICE SCHEDULE

### Monday, June 8 *and* Wednesday, June 10

3:00-4:05 p.m.—High School @BHS  
3:50-4:55 p.m.—Middle Sch @ BHS  
7:00-7:45 p.m.—8&Under @ HWAC  
7:45-8:30 p.m.—9&Up (elementary school) @ HWAC

### Tuesday, June 9

7:00-7:45 p.m.—8&Under @ HWAC  
7:45-8:30 p.m.—9&Up (elementary school) @ HWAC

No practice for middle or high school swimmers on 6/9

### Thursday, June 11

7:00-8:30 pm middle and high school practice@HWAC

No elementary practice on 6/11

### Friday, June 12

No practice due to swim meet @ Forest Hills

## Next Week's Practices

## Summer Practice Schedule Begins

### Monday, June 15- Friday, June 19

6:45-8:30 AM-- 13 yrs and up

8:15-9:30 AM-- 9-12 years

12:00-12:45 PM—8 & under (and younger new comers)

Practices are M-F with no noon practices on meet days.

## Swim Meet at Forest Hills on Friday

Our first meet is this week! Here are the details:

It is away at Forest Hills on Friday, June 12. The directions to this club are on our website [www.hwacswimming.org](http://www.hwacswimming.org) under the directions tab. The meet is starting at **5:30** and the swimmers need to arrive by 4:15 to be ready for warm-ups at 4:30.



Our meet theme is **Red Wing Fever**.

Come decked out in Red Wing gear to take on the Forest Hills H2O Hogs!

**New Swim Families** – Your first swim meet can be a little confusing. To help smooth the road, we will have a HWAC volunteer stationed at the entrance of Forest Hills Swim Club from 4:30-5:00pm. You also may want to read the Meet Tips document attached to this email or review the HWAC Parent Handbook for meet information. There is a section on the website with meet tips and another on the NSSL order of events (under newsletters/handouts) that would be helpful to check out before this first meet.

Remember to:

- Label your stuff! 180+ kids have the same T-shirts, sweatshirts & suits.
- Arrive on time. Late arrivals may be scratched from their events.
- Check the volunteer list & work your scheduled shift.
- Bring an extra pair of goggles.
- Be prepared for the weather: you may need extra towels, sweatshirts/pants, sun screen, or rain gear!
- Have Fun !!

Volunteers – Please check in with volunteer coordinator, Sandra Murphy or Julie Unatin, when you arrive at the meet.

- *Marshalling* - There will be a meeting before the start of events. Listen for an announcement.
- *Timers* – All timers need to arrive at least 15 minutes before the start of the start of events for the officials meeting.

We still need marshallers for the first meet on June 12th.

## **Important Dates:**

### **Thursday, June 18**

Individual pictures 4:00 pm

Team picture 4:30 pm

Entry Deadline for 11&Up mini meet

### **Tuesday, June 23 -**

Concert in the Park

### **Saturday, July 4 -**

4<sup>th</sup> of July Parade

### **Monday, July 6 -**

Senior Night

Last Home Meet Pizza

Party—after the meet

### **Wednesday, July 8-**

Pancake Breakfast

Noon Practice Pizza Lunch

### **Sunday, July 12 –**

Red/Black Meet @ HWAC

### **Sunday, July 26 -**

End of Season Banquet

## **Meet Schedule**

June 12 – Forest Hills (away)

June 18 – Farm. Glen (home)

June 20 – 8 & U Mini Meet

June 22– Pleasant Rdg. (home)

June 24 – Beechview (away)

June 27– 11& U Mini Meet

June 28 – 9-10 Mini Meet

July 6 – Kendalwood (home)

July 9- Bloomfield Surf (away)

July 18 – B Finals

July 25 & 26 – A Finals

Please contact Sandra Murphy @ [watermurphs@aol.com](mailto:watermurphs@aol.com) / 248-584-3603 or Julie Unatin 248-542-8119 to volunteer. 12 and under parents we need you for this! You can always stop to see your child swim.

## **8 and Under Mini Meet**

An invitational (or mini) meet is an optional meet in which you can choose to enter your child. There is an extra fee for participating and there is **not** a no-show list to sign if you do not want to participate. This type of meet allows the swimmer to compete against swimmers of the same age. There are 5, 6, 7, and 8 year old events. They can participate in up to 2 individual events and the coaches *may* enter them into 1 relay. This meet is Saturday, June 20<sup>th</sup> and the deadline to register is Friday, June 12<sup>th</sup>. If you cannot get the entry into the black box at HWAC before the swim meet on the 12th, you can give it to Laura Archambault at the meet that evening. If your swimmer does not have an outdoor seed time yet, we can use the one from the first meet. All of the information about the meet is on the website under the invitational tab.

## **Swim Pictures**

The Hurricanes will have an individual and team picture day on Thursday, June 18<sup>th</sup>. This will be held before our home meet against Farmington Glen. The optional individual pictures will start at 4:00 p.m. and the team picture will be at 4:30 p.m.

## **HOST FOR FLOAT DECORATING**

We need a host for our annual float decorating party on July 2<sup>nd</sup> or 3<sup>rd</sup>. There is a budget for food and supplies. Maybe this is your volunteering opportunity!

## **Team Roster**

You received your team roster along with your swimmer's t-shirt and cap last week. Please check the team roster for accuracy. Please check the name, address and phone #, but also check to see that your swimmer is placed in the correct age group (based on their age as of May 30, 2009). This information is what the NSSL uses for championship meets and it needs to be accurate. Please contact Laura Archambault [larch@intelliform.org](mailto:larch@intelliform.org) or (248) 545-6453 with any corrections.

## **11 & Up Mini Meet**

This year the 11 & Up mini meet is on Saturday, June 27<sup>th</sup> at 9am with warm-ups at 8am. The deadline for registration is on Thursday, June 18<sup>th</sup>. More information for this meet is on the website.

## **Concessions Sign-Up For First Home Meet**

Sign-up sheets for the concessions for the first home meet are posted at HWAC across from the check-in desk. Remember, our concessions are the big money maker for the team and everyone is a lot happier when good food is available at the meet!

Please, sign up now!!

## **Inclement Weather**

Remember that on occasion, practice at the outdoor pool may stop early due to weather. Please make a plan with your swimmer regarding what they should do in this event. (Where to wait. Who to call, etc.) If your swimmer is too young to handle such a situation, then a responsible adult should remain at the pool during practice.

## **No Show List**

The No Show lists are now posted at HWAC. Be sure to double check your dates. Once the coaches have completed the line-up, it is final. If your swimmer cannot be at a meet, the coaching staff needs to know. There are two ways to notify them this year. You can sign the no-show list posted at the HW pool (on the swim team bulletin board in the hallway across from the pool entry desk) **or** you can email it to [hwacnoshow@gmail.com](mailto:hwacnoshow@gmail.com). Please only use one or the other and not both. If you are using the email notification make sure that you do so at least 48 hours before the meet. Last minute illnesses do happen, but if it is less than 48 hours before the meet, make sure to contact a coach or Lynne Gerfen (248) 543-9777 to report the no-show. This policy will allow coaches to prepare the meet line-up without having to make last minute changes. The absence of a swimmer often affects which events other swimmers will swim. Last minute changes to the line-up will often cause a domino effect which results in confusion and extra work for coaches and volunteers.

## **Themes on Next Page...**

## Meet Themes For This Year



Forest Hills 6/12: **RED WING FEVER!**

Come decked out in Red Wing gear to take on the Forest Hills H20 Hogs!



FGAC 6/18: **RED AND BLACK PRIDE!**

For our team picture day, come sporting Hurricane gear and Hurricane pride! Be sure to save face paint for after the picture!



PR 6/22: **"ALL BUSINESS"**

Come to the meet wearing a shirt, tie, and funky glasses for our "We're All Business" meet!



BVSC 6/24: **PAJAMA PARTY**

The theme for this meet is a Pajama Party! Come sporting your favorite pjs!



KC 7/6: **ROCK STARS**

Get prepared to rock out against Kendalwood! Come in your favorite rock star outfit - crazy hair, crazy clothes, just plain crazy!



Surf 7/9: **BE LOUD!**

For tonight's meet, the theme is BE LOUD! Wear LOUD colors and bring your favorite "Artificial Noisemaker" (think: cowbells and other goofy musical toys!)

A and B Finals themes to follow!