

MIDDLE SCHOOL STATE TRACK & FIELD CHAMPIONSHIP

“Giving Young Athletes A Chance To Compete”

GUIDELINES

STATE: MIDDLE SCHOOL DIV I & II GIRLS

Middle School

Division 1: 7th and 8th graders

Division 2: 6th graders

STATE CHECK IN: Each participant must check-in no later than 11:30AM. Anyone who fails to check in for whatever reason will be disqualified. **NO EXCEPTIONS! Check in times are from 8:30 AM to 11:30 AM.** At this time, every participant will receive his or her participant band. This band allows that participant to enter the infield only during his or her event. THE REPLACEMENT COST FOR ANY LOST PARTICIPENT BANDS WILL BE \$5.00. (REGARDLESS OF THE CIRCUMSTANCES).

NOTE: COACHES, SPECTATORS, AND NON-COMPETING ATHLETES ARE NOT PERMITTED ON THE INFIELD.

The board of directors has spent many hours planning and preparing for this event. In order to make it a great success, we are asking for your cooperation. It is your responsibility to return all the necessary monies and completed forms by the deadline date.

TIES: All ties will be broken by NHFA rules.

AWARDS: The top six (6) placers will receive a state medals. 7th - 8th place will receive certificates

Team Championships:

We will have a team championship. We will take the top 10 placers in each division and award team points based of the how those individuals placed. The top 3 teams in each division will receive trophies

To be eligible for the Team Championship you will need to register ONLINE and use the team championship form. It takes 6 athletes to be considered a team with a max of 10. **Any other athletes from your team can compete but they will have to register as individual**

1st place - 12 points
2nd place - 10 points
3rd place - 8 points
4th place - 7 points
5th place - 6 points
6th place - 5 points
7th place - 4 points
8th place - 3 points
9th place - 2 points
10th place - 1 point

SEADING: THE HY-TEK SYSTEM WILL RANDOMLY PUT ALL ATHLETES IN LANE ASSIGNMENTS.

RUNNING EVENTS: We will have prelims in the 100, 200 , 100 hurdles, 80 M hurdles and the 110 hurdles. All other events will be finals only.

FIELD EVENT RULES: NFHS will be in effect.

- A. In the long jump, high jump, shot put , turbo javelin and discus throw, (4) trials only.
- B. Athletes will be disqualified for a false start. False starts are called on individuals, not on the field.
- C. Shot Put and Discus - The host site will furnish all implements.
- D. High jump starting height D1 MS boys 4-6 / D1 MS girls 4-4 / D2 MS boys 4-6 / D2 MS girls 4-4 / D1 GS boys 3-8 / D1 GS girls 3-8

EQUIPMENT: The host site will provide all equipment implements, starting blocks and all batons.

PLEASE REMEMBER YOU ARE COMPETING AGAINST THE CLOCK NOT YOUR HEAT.

EVENT CHECK-IN: It is the athlete's responsibility to check in and check out of all field events.

PARENTS/COACHES: IT IS HIGHLY RECOMMENDED THAT ALL PARTICIPENTS HAVE A COACH OR PARENT TO HELP THE PARTICIPENT DURING THE DAY. THERE WILL BE A MEET DIRECTOR ON HAND TO ANSWER ANY QUESTIONS ABOUT EVENT PROCEDURES. Coaches/Parents will stay in the grandstand unless there is an injury to one of their own team members on the field or track. They may also leave to consult the Games Committee if there is a question concerning a ruling in an event.

CLERK OF COURSE - Entries must be checked in at the bullpen with the Clerk of Course prior to an event. All events will be called three (3) times by the official announcer and all contestants must report to the Clerk of Course when called. If a contestant does not comply with this regulation, he/she will be scratched from the event. The Clerk will be at the designated area of each event to check entries.

CONTESTANT'S UNIFORM / SPIKES – All participants must wear track and field attire. Each member of a relay team must wear the same color. Shoes are required. Length of spikes shall not exceed 1/4" for rubberized surfaces. Jewelry and head attire are not permitted. (PLEASE CHECK AT THE STATE SITE FOR ANY ADDITIONAL RULES).

UNSPORTSMANLIKE CONDUCT: will disqualify a participant, i.e., disrespect, profanity, throwing a baton, but not limited to.

RESULTS: All results will be posted on the website not mailed.

Disqualification of a participant: May include but not limited to: competing in the wrong heat, division, region, aiding a participant directly or indirectly (accompanying participant to starting area, running along side participant, or being stationed at points along the track to aid or coach participant), a false start, interference, lane infraction or unsportsmanlike conduct. All IHSAA and NFHS rules will apply in all cases.

Athletes: All Athletes are responsible for their equipment and valuables. Host sites are not responsible for lost/stolen items.

Weather: We will not cancel these events unless of severe lightning. The makeup date will be the first sat in June.

TENTS: Tents or shading devices may only be set up at the designated site. The tournament director informs you of this location at each regional and state meet.

PLEASE UNDERSTAND WE COULD NOT PUT DOWN EVERY SINGLE RULE. SO AS LONG AS ALL ATHLETES PAY ATTENTION DURING THE DAY EVERYTHING WILL BE FINE. STATE CHAMPIONSHIP T-SHIRT WILL BE ON SALE AT THE STATE MEET.

REMEMBER: IT IS YOUR RESPONSIBILTY TO READ ALL INFORMATION AND UNDER STANDTHE INFORMATION PROVIDED.

GOOD LUCK TO ALL ATHLETES!!!