

Notes

1)

Edge Bevels				
	DH	SL	GS	SG
J5		1°	1°	
J4		2°	2°	
J3	2-3°	2-3°	2-3°	2-3°
J2-J1	3°	3-5°	3°	3°

Base Bevels				
	DH	SL	GS	SG
J5		N/A	N/A	
J4		0.7	0.7	1
J3	1	0.5	0.7	0.7-1
J2-J1	0.7-1	0.5	0.5-0.7	0.7

2) You do not have to file your edges every day. Some days all you need to do is run over with first your diamond stones blue → red and then move to your ceramic stones and go from medium → fine. This will sharpen the edge and save the edge so you can have it all season.

3) J1 and J2 athletes keep a little note book with the way that you tuned each pair of your skis.