

# **2009/2010 Juanita Girls Basketball Club**

## **Mission Statement**

Juanita Girls Basketball Club (JGBC) was founded on the principal of providing an opportunity for serious basketball players to improve their skills in an environment of competition with the best talent in the Puget Sound area. The program augments the region's existing basketball programs and was formed as a prep league for Juanita High School girls' basketball team. The main objective of the program is the development of player skills, sportsmanship and leadership through rigorous coaching, training, games and tournaments. We are dedicated to providing a safe environment that enhances our players, coaches, parents and our community.

## **Who We Are**

The JGBC is a private organization founded in 2000 that is dedicated to providing a competitive environment for girls who want to play high school basketball—and possibly more. We are a progressive organization dedicated solely to the development of girls basketball in the Juanita area in Kirkland.

## **Who Can Join**

Any girl living in the Kirkland area that will attend Juanita High School is welcome to try-out for a team.

## **How Can I Join**

Tryouts are held in May. Inclusion on a team is based solely on try-outs; everyone must attend at least one try-out but two try-outs are preferred, including anyone wishing to return from the previous season. Teams are selected based on athletic and playing ability.

## **The Teams**

Teams are formed around school grades and include teams for Grades 5 through 9.

## **League Play**

The JGBC play in the Northwest Select Basketball Association, Puget Sound Traveling League and various tournaments throughout the region. League play begins in late September and continues through early March (5th grade league begins in November). Tournaments are held within the same time frames. We play approximately 40 games within this time period (this may vary based on age groups). Games are primarily held on weekends with some tournament play scheduled for Fridays and Mondays, typically on long weekends.

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### **How Much Time Is Required?**

JGBC is not for everyone. Rather, it is for girls who want to advance to play at a higher level and whose goals include playing Varsity High School basketball and possibly more. It is also expected that in addition to playing in the league, all players will actively participate in their local school basketball programs. During the season all teams will practice twice a week except during school basketball season (grades 7 through 9), during which practices are held once a week. Some practices are held on weekends and some Sundays may be required. Mandatory practices will start in September. All players are expected to attend practice and games. Playing time will be earned at practice and players who miss practice during the week will see limited time during games. In order to be successful, all players must learn to work as a team and learn the value of being committed to each other on the court. JGBC understands that there will be family, religious and school commitments that will arise during the season and exceptions will be made for those activities. (School sports are considered a school related activity.) If a player participates in other activities that conflict with the player attending basketball practices and games (ie. Soccer, softball, etc.)—playing time in games will be limited. If a player plays on another basketball team, the Juanita Select team must be the top priority over the other team for games and practices. When the Puget Sound Traveling League begins in November, basketball must be the players top priority after family, religious and school commitments. During the season, games are held on Saturdays and Sundays.

### **How Much Will It Cost**

Membership on a team will cost approximately \$300.00 per season for 6th—9th grade and \$250 for 5th grade for players fee. For first year players, there is a uniform cost of approximately \$70.00 (jersey, shorts and practice penny). Additional apparel is available for sale (ie. Sweat-shirt \$25.00). Each player will also be required to purchase an AAU card each year. Fees are only paid after players are accepted on a team. Fees cover cost of equipment, facilities, referees and tournament fees. All travel costs, insurance (AAU insurance required), uniforms and individual equipment are the responsibility of the player. A \$100 deposit is due by July 15th to hold your players spot in the program. The remainder of the fee is due at the parents meeting in September. **All fees are non-refundable and will not be pro-rated.**

### **The Organization**

The Juanita Girls Basketball Club is an all volunteer organization. Direction is provided by a Board of Directors that is actively involved in all aspects of the league. Our coaches are a group of individuals with an impressive background in local sports leagues and schools who have demonstrated a positive and supportive outlook with a solid technical background. Each team is assisted by parent volunteers that provide a supportive environment for the players.