



Langley Olympians Swim Club

3rd Annual Short Course Invitational

November 14 – 15, 2009

8889 Walnut Grove Drive

Langley, BC, Canada

604 882-0408

POOL AND FACILITIES

8x25 Competition Pool

Electronic Timing

Concession available on site

Warm down lanes available (2x25m lanes warm up/warm down pool)

SCHEDULE

Session	Warm up	Start
Saturday Heats	9:30-10:20am	10:30am
Saturday Finals	5:00-5:50pm	6:00pm
Sunday Heats	8:00-8:50am	9:00am
Sunday Finals	3:30-4:20pm	4:30pm

GENERAL INFORMATION

1. Referees: Saturday Session:
2. Sunday Session:
3. Meet Manager: Linda Metcalfe ✉ linda@langleyolympians.com
4. Meet Secretary: Sheila MacDonald ✉ langley.swim@shaw.ca
5. Meet Official Chairperson:
6. Director of Swimming: Brian Metcalfe ✉ bmetcalfe@telus.net

BILLETING

Limited billeting **may** be available. Please contact Brian Metcalfe if you need billeting.

MEET RULES

1. All swimmers must be registered with swim BC, SNC or other FINA recognized club.
2. Swimmers will be scored according to age. 10 & under, 12 & under, 14 & under, 15 & over.
3. This meet will observe the SNC rulebook and Swim BC technical guide.
4. SNC warm up procedures will be in effect. No diving/head-first entry into pool during warm-ups unless in specified lanes. Warm-up lanes will be announced. There will be a dedicated 10yrs & younger lane for warm-up.
5. All 50/100 & 400 events will be run as heats and finals. 200 choice events will be run as timed finals in heats. The 200 events will be seeded by time. Relays will be run in finals first. Finals will be swum as 10 & under, 12 & under, 14 & under, 15 & over.
6. Special prizes will be awarded in both male and female categories in all age groups to swimmers with the highest combined FINA scores from both the prelims and final swims combined. This will be an aggregate score of all events swum.
7. Scratches for finals must be given to the Clerk of Course 30 minutes after the conclusion of preliminaries for re-seeding. Late scratches will be fined \$20.00. If fine is not paid the remaining team members in finals will not be able to swim.
8. Coaches are asked to check in with meet manager upon arrival in order to pick up meet package or pay any outstanding meet fees. If meets fees are not paid at the time of check in there will be a \$100.00 fine.
9. Coaches meetings may be held 10 minutes prior to session starts. Any warm up time changes will be announced at that time.
10. Any act of theft, vandalism, or similar action will result in immediate disqualification.
11. Clubs will be responsible for their swimmers in between heats and finals. Neither the host club nor the facility will be responsible for swimmers.
12. There is limited seating at Walnut Grove Pool so please bring folding seats.
13. The Walnut Grove Pool requests that all participants enter through the pool deck doors.
14. Walnut Grove Pool programs will be in operation so there will be restricted areas of use.
15. **The Walnut Grove Pool request that participants use the high school parking lot.**

AWARDS

High FINA point award to each age group and gender 10 & under, 12 & under, 14 & under, 15 & over.

ENTRIES

Entries must be received by Friday, Oct. 30, 2009.

1. **Meet entries must be uploaded prior to Friday October 30th 2009 to the Swimming Canada www.swimmeet.ca website. Entries sent directly to the meet manager will not be accepted. Please enter times in SCM. Converted times will be accepted.**
2. All swimmers' entries must be accompanied by their 9 digit ID number.
3. Swimmers must achieve a 4:00 200 IM time to be eligible. Please submit proof of times. **NT entries will not be accepted.**
4. **LOSC reserves the right to limit/alter the meet to fit time lines. This may mean limited number of 400m events or other such alterations.**
5. Age groups will be based upon swimmers age as of the 1st day of the meet.
6. Relays must be entered with individual events. Please provide individual names for each relay. Names are subject to change at the time of meet.
7. Costs of Individual Entries are \$7.50 and relays are \$8.50.
8. There will be a limit of 8 individual swims per swimmer.
9. Deck entries will be made available if space permits for a fee of \$10.00 per event as exhibitions swims.
10. There is a Swim BC splash fee of \$4.00 per swimmer.
11. SWAD swimmers are welcome to compete. Their entries must be accompanied by their classification numbers.
12. **Please mail in a \$100.00 non refundable fee to secure your spot in the meet. Meet Management reserves the right to limit the number of entries in all events to fit the goal time lines. Please provide club contact's name, email and phone number with your deposit and mail to: Langley Olympians Swim Club PO Box 12098 RPO Murrayville BC V3A 9J5**
13. Scratch deadline is **Friday November 6th 2009**
14. To assist meet management and officials, scratches the day of the meet must be submitted to the Clerk of Course 30 minutes prior to the end of warm-up.
15. **Please submit 1 cheque for all swimmers entered under the club acronym; made payable to Olympian Swimming (O.S.). Entry fees must be paid prior to the start of the first session.**
16. Entry fees must be paid prior to the start of the first session. If entry fees are not paid at this time the team will incur a \$100.00 fine.
17. **Coaches should exercise discretion in choosing events for 10 & under swimmers to ensure that time on deck does not exceed Swim BC guidelines.**

SCRATCHES

1. Please have scratches in by **Friday November 6th, 2009.**
2. No refund of fees for scratched events after the scratch deadline (Nov. 6th, 2009) except with a medical certificate.
3. Day of meet scratches need to be in 30 minutes prior to heats on Saturday & Sunday. (no refund of fees)

ORDER OF EVENTS

Saturday Prelims

Female	Event	Male
#1	200 IM – 11 & OVER	#2
#3	50 FLY - 10 & UNDER	#4
#5	100 FLY - 11 & OVER	#6
#7	50 BACK - 10 & UNDER	#8
#9	100 BACK - 11 & OVER	#10
#11	200 BREAST – 11 & OVER	#12
#13	200 FREE - 10 & UNDER	#14
#15	400 FREE – 11 & OVER	#16

Saturday Finals

Female	Event	Male
#17	200 FREE relay 10 & UNDER	#18
#19	200 FREE relay 12 & UNDER	#20
#21	200 FREE relay 14 & UNDER	#22
#23	200 FREE relay 15 & OVER	#24
#25	200 IM – 12 & UNDER M&F	#26
#27	200 IM – 14 & UNDER M&F	#28
#29	200 IM – 15 & OVER M&F	#30
#31	50 FLY - 10 & UNDER M&F	#32
#33	100 FLY - 12 & UNDER M&F	#34
#35	100 FLY - 14 & UNDER M&F	#36
#37	100 FLY - 15 & OVER M&F	#38
#39	50 BACK - 10 & UNDER M&F	#40
#41	100 BACK - 12 & UNDER M&F	#42
#43	100 BACK -14 & UNDER M&F	#44
#45	100 BACK -15 & OVER M&F	#46
#47	200 BREAST – 12 & UNDER M&F	#48
#49	200 BREAST – 14 & UNDER M&F	#50
#51	200 BREAST – 15 & OVER M&F	#52
#53	200 FREE - 10 & UNDER M&F	#54
#55	400 FREE - 12 & UNDER M&F	#56
#57	400 FREE - 14 & UNDER M&F	#58
#59	400 FREE - 15 & OVER M&F	#60

ORDER OF EVENTS

Sunday Prelims

Female	Event	Male
#61	200 FREE – 11 & OVER	#62
#63	50 BREAST - 10 & UNDER	#64
#65	100 BREAST - 11 & OVER	#66
#67	200 FLY – 11 & OVER	#68
#69	50 FREE - 10 & UNDER	#70
#71	100 FREE - 11 & OVER	#62
#73	200 IM – 10 & UNDER	#74
#75	200 BACK – 11 & OVER	#76
#77	400 IM - 11 & OVER	#78

Sunday Finals

Female	Event	Male
#79	200 MEDELY relay 10&UNDER	#80
#81	200 MEDLEY relay 12&UNDER	#82
#83	200 MEDLEY relay 14&UNDER	#84
#85	200 MEDLEY relay 15 & OVER	#86
#87	200 FREE 12 & UNDER M&F	#88
#89	200 FREE 14 & UNDER M&F	#90
#91	200 FREE 15 & OVER M&F	#92
#93	50 BREAST - 10 & UNDER M&F	#94
#95	100 BREAST - 12 & UNDER M&F	#96
#97	100 BREAST - 14 & UNDER M&F	#98
#99	100 BREAST - 15 & OVER M&F	#100
#101	200 FLY – 12 & UNDER M&F	#102
#103	200 FLY – 14 & UNDER M&F	#104
#105	200 FLY - 15 & OVER M&F	#106
#107	50 FREE - 10 & UNDER M&F	#108
#109	100 FREE - 12 & UNDER M&F	#110
#111	100 FREE - 14 & UNDER M&F	#112
#113	100 FREE - 15 & OVER M&F	#114
#115	200 IM - 10 & UNDER M&F	#116
#117	200 BACK 12 & UNDER M&F	#118
#119	200 BACK 14 & UNDER M&F	#120
#121	200 BACK 15 & OVER M&F	#122
#123	400 IM - 12 & UNDER M&F	#124
#125	400 IM - 14 & UNDER M&F	#126
#127	400 IM - 15 & OVER M&F	#128

This meet is supported by the Ministry of Small Business, Tourism and Culture-Sports

Langley Olympians Invitational Short Course Meet
Saturday Nov. 14 & Sunday Nov. 15, 2009

Hosted by: Langley Olympians Swim Club
Location: Walnut Grove Recreation Centre
8889 Walnut Grove Drive, Langley

PLEASE PASS THIS PAGE ON TO YOUR CLUB'S HEAD OF OFFICIALS

Officials required for Langley Olympians Invitational Swim Meet Nov. 14 & 15, 2009.

The number of swimmers entered from each club will dictate the number of officials that clubs will be expected to bring to the meet, **for each of the two days.**

3-5 swimmers	1 Timer
6-10 swimmers	2 Timers; 1 Stroke and Turn
11+ swimmers	3 Timers; 1 Stroke and Turn

Note: *These are minimum requirements. More help on deck is, of course, greatly appreciated.*

L/A OSC will be assigning the attending clubs a Lane for Timing. It will be the COD's responsibility to find 3 volunteers for Timing from their club to help out during the meet. We will also require 8 - 10 Stroke & Turn officials and again we will require help from the attending clubs.

Please submit the names of the Stroke & Turn Judges and Timers to the L/A OSC Officiating Coordinator, ??????????????????, by November 2, 2009.

Again, a meet is run strictly with volunteers. We appreciate you volunteering your time and so do the swimmers. If you have any questions or concerns then please do not hesitate to contact me.

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