

Individual Top Times

Langley Olympians Swim Club [LOSC] Coach: Buan Metcalfe

Show Short Course Only

Time	P/F/S	Event			
Cheryl Barnes (16) W					
35.80 S	F	25 Free	18/10/2003	Langley Olympians Swim Club Intra Club Meet	
35.80 S	F	25 Free	18/11/2004	Best Times SCM	
36.31 S	F	50 Free	13/12/2008	December 13 IntraClub Meet	
1:20.05 S	F	100 Free	15/12/2007	2007 L/A OSC December Intraclub #2	
3:14.90 S	F	200 Free	14/10/2006	2006 October Intraclub	
5:21.20 S	F	300 Free	19/11/2005	LOSC November Novice Meet 2005	
6:15.73 S	P	400 Free	17/11/2007	Langley Olympians Remembrance Swim Meet	
45.80 S	F	50 Back	15/12/2007	2007 L/A OSC December Intraclub #2	
1:41.30 S	P	100 Back	17/11/2007	Langley Olympians Remembrance Swim Meet	
3:39.44 S	F	200 Back	17/11/2007	Langley Olympians Remembrance Swim Meet	
35.40 S	F	25 Breast	08/05/2004	Olympians Swimming Novice Invitational-3 05/04	
35.40 S	F	25 Breast	18/11/2004	Best Times SCM	
48.81 S	F	50 Breast	14/06/2008	2008 L/A OSC June Intraclu	
1:46.83 S	P	100 Breast	17/11/2007	Langley Olympians Remembrance Swim Meet	
3:52.82 S	F	200 Breast	17/11/2007	Langley Olympians Remembrance Swim Meet	
24.35 S	F	25 Fly	23/10/2004	Halloween Intra Club Meet - 2004/05	
24.35 S	F	25 Fly	18/11/2004	Best Times SCM	
41.89 S	F	50 Fly	13/10/2007	2007 L/A OSC October Intraclub #1	
41.89 S	F	50 Fly	11/10/2008	October 11 IntraClub	
1:51.09 S	F	100 Fly	20/01/2007	IcebreakeClassic2007	
1:31.16 S	F	100 IM	15/12/2007	2007 L/A OSC December Intraclub #2	
3:37.21 S	F	200 IM	20/01/2007	IcebreakeClassic2007	
7:10.61 S	P	400 IM	17/11/2007	Langley Olympians Remembrance Swim Meet	
Trevor Barnes (13) M					
41.50 S	F	25 Free	19/06/2004	LOSC Year End Intra Meet June 2004	
38.34 S	F	50 Free	18/04/2009	LAOSC Novice Meet April 18 2009	
1:34.85 S	F	100 Free	18/04/2009	LAOSC Novice Meet April 18 2009	
5:12.58 S	F	200 Free	19/11/2006	2006 November Novice Meet	
5:36.43 S	F	300 Free	13/12/2008	December 13 IntraClub Meet	
46.00 S	F	25 Back	19/06/2004	LOSC Year End Intra Meet June 2004	
47.59 S	F	50 Back	18/04/2009	LAOSC Novice Meet April 18 2009	
54.00 S	F	25 Breast	19/06/2004	LOSC Year End Intra Meet June 2004	
58.31 S	F	50 Breast	18/04/2009	LAOSC Novice Meet April 18 2009	
38.38 S	F	25 Fly	14/10/2006	2006 October Intraclub	
48.19 S	F	50 Fly	18/04/2009	LAOSC Novice Meet April 18 2009	
1:49.80 S	F	100 IM	14/06/2008	2008 L/A OSC June Intraclu	
3:43.63 S	F	200 IM	18/04/2009	LAOSC Novice Meet April 18 2009	
Kristianna Barton (10) W					
52.95 S	F	50 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
2:17.51 S	F	100 Free	13/10/2007	2007 L/A OSC October Intraclub #1	
6:51.44 S	F	200 Free	21/04/2007	2007 LAOSC April Novice Meet	
6:54.34 S	F	300 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
54.85 S	F	50 Back	23/05/2009	LAOSC Novice Meet May 23 2009	
59.69 S	F	50 Breast	23/05/2009	LAOSC Novice Meet May 23 2009	
48.69 S	F	25 Fly	16/12/2006	2006 December Intraclub Meet	
1:15.03 S	F	50 Fly	23/05/2009	LAOSC Novice Meet May 23 2009	
2:22.37 S	F	100 IM	14/06/2008	2008 L/A OSC June Intraclu	
4:35.80 S	F	200 IM	23/05/2009	LAOSC Novice Meet May 23 2009	
Kyla Barton (12) W					
34.38 S	P	50 Free	13/02/2009	BC AA Champs - 2009 SC	
1:16.24 S	P	100 Free	13/02/2009	BC AA Champs - 2009 SC	
2:48.39 S	F	200 Free	09/05/2009	SFU-WVOSC 2009 LMR	
5:29.22 S	F	300 Free	21/04/2007	2007 LAOSC April Novice Meet	
6:01.27 S	F	400 Free	17/01/2009	2009 Hyack Icebreaker Classic	
11:43.25 S	F	800 Free	13/02/2009	BC AA Champs - 2009 SC	
40.06 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:23.13 S	P	100 Back	13/02/2009	BC AA Champs - 2009 SC	
2:55.69 S	F	200 Back	13/02/2009	BC AA Champs - 2009 SC	

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Time	P/F/S	Event			
Kyla Barton (12) W					
44.49 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:34.49 S	F	100 Breast	09/05/2009	SFU-WVOSC 2009 LMR	
3:21.28 S	P	200 Breast	13/02/2009	BC AA Champs - 2009 SC	
45.29 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:44.71 S	P	100 Fly	15/11/2008	LOSC 2nd Annual Short Course Invitational	
3:41.28 S	F	200 Fly	09/05/2009	SFU-WVOSC 2009 LMR	
1:27.32 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
3:16.89 S	F	200 IM	25/10/2008	2008 VPSC Invitational	
6:38.91 S	P	400 IM	13/02/2009	BC AA Champs - 2009 SC	
Amelia Blair (10) W					
31.97 S	F	25 Free	19/11/2005	LOSC November Novice Meet 2005	
37.51 S	F	50 Free	21/02/2009	LAOSC 10 & Under Meet	
1:19.23 S	F	100 Free	30/01/2009	LMR SC Championships 2009	
2:50.73 S	F	200 Free	30/01/2009	LMR SC Championships 2009	
5:22.65 S	F	300 Free	10/11/2007	2007 L/A OSC November Novice #2	
6:06.76 S	F	400 Free	09/05/2009	SFU-WVOSC 2009 LMR	
13:10.80 S	F	800 Free	17/01/2009	2009 Hyack Icebreaker Classic	
33.89 S	F	25 Back	25/02/2006	2006 February 10+under Meet	
42.75 S L	F	50 Back	30/01/2009	LMR SC Championships 2009	
1:31.19 S	F	100 Back	09/05/2009	SFU-WVOSC 2009 LMR	
3:06.45 S	F	200 Back	09/05/2009	SFU-WVOSC 2009 LMR	
1:05.73 S	F	25 Breast	28/01/2006	LOSC January Novice Meet 2006	
48.07 S	F	50 Breast	21/02/2009	LAOSC 10 & Under Meet	
1:44.01 S	F	100 Breast	09/05/2009	SFU-WVOSC 2009 LMR	
3:44.91 S	F	200 Breast	17/01/2009	2009 Hyack Icebreaker Classic	
43.18 S	F	50 Fly	06/12/2008	VPSC 10 & Under Challenge	
1:38.67 S	F	100 Fly	17/01/2009	2009 Hyack Icebreaker Classic	
1:31.86 S	F	100 IM	21/02/2009	LAOSC 10 & Under Meet	
3:13.05 S	F	200 IM	09/05/2009	SFU-WVOSC 2009 LMR	
Shelby Blankstein (14) W					
30.87 S	F	50 Free	25/10/2008	2008 VPSC Invitational	
1:05.80 S	F	100 Free	17/01/2009	2009 Hyack Icebreaker Classic	
2:18.59 S	F	200 Free	28/02/2008	2008 TAS BC Provincial SC Championships	
4:42.90 S	F	400 Free	26/02/2009	2009 TAS BC AAA SC Championships	
9:49.19 S	F	800 Free	26/02/2009	2009 TAS BC AAA SC Championships	
18:57.98 S	F	1500 Free	05/12/2008	Fastswim 2008	
36.52 S	F	50 Back	11/10/2008	October 11 IntraClub	
1:18.75 S	F	100 Back	25/10/2008	2008 VPSC Invitational	
2:40.42 S	F	200 Back	17/01/2009	2009 Hyack Icebreaker Classic	
45.88 S	F	50 Breast	25/10/2008	2008 VPSC Invitational	
1:33.26 S	F	100 Breast	17/01/2009	2009 Hyack Icebreaker Classic	
3:18.89 S	F	200 Breast	17/01/2009	2009 Hyack Icebreaker Classic	
32.53 S	P	50 Fly	05/12/2008	Fastswim 2008	
1:09.81 S	P	100 Fly	05/12/2008	Fastswim 2008	
2:26.22 S	F	200 Fly	30/01/2009	2009 TAS BC Sr Championships	
1:19.30 S	F	100 IM	11/10/2008	October 11 IntraClub	
2:40.54 S	F	200 IM	05/12/2008	Fastswim 2008	
5:37.62 S	P	400 IM	15/11/2008	LOSC 2nd Annual Short Course Invitational	
Siobhan Board (11) W					
33.35 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:12.73 S	P	100 Free	26/02/2009	2009 TAS BC AAA SC Championships	
2:45.70 S	F	200 Free	17/01/2009	2009 Hyack Icebreaker Classic	
5:30.68 S	F	300 Free	21/04/2007	2007 LAOSC April Novice Meet	
5:44.25 S	F	400 Free	17/01/2009	2009 Hyack Icebreaker Classic	
12:04.88 S	F	800 Free	17/01/2009	2009 Hyack Icebreaker Classic	
38.20 S	F	50 Back	05/12/2008	Fastswim 2008	
1:21.09 S	P	100 Back	26/02/2009	2009 TAS BC AAA SC Championships	
2:50.59 S	F	200 Back	13/02/2009	BC AA Champs - 2009 SC	
46.60 S	F	25 Breast	14/10/2006	2006 October Intraclub	

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Time	P/F/S	Event			
Siobhan Board (11) W					
45.29 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:38.40 S	F	100 Breast	25/10/2008	2008 VPSC Invitational	
3:28.74 S	F	200 Breast	17/01/2009	2009 Hyack Icebreaker Classic	
36.17 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:21.92 S	F	100 Fly	13/02/2009	BC AA Champs - 2009 SC	
3:25.37 S	F	200 Fly	15/11/2008	LOSC 2nd Annual Short Course Invitational	
1:22.85 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:52.74 S	F	200 IM	13/02/2009	BC AA Champs - 2009 SC	
6:10.86 S	F	400 IM	13/02/2009	BC AA Champs - 2009 SC	
Chelsea Borrowdale (10) W					
36.24 S	F	25 Free	16/12/2006	2006 December Intraclub Meet	
37.02 S	F	50 Free	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
1:25.83 S	F	100 Free	21/02/2009	LAOSC 10 & Under Meet	
3:15.07 S	P	200 Free	15/11/2008	LOSC 2nd Annual Short Course Invitational	
5:32.86 S	F	300 Free	11/10/2008	October 11 IntraClub	
6:09.43 S	F	400 Free	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
39.25 S	F	25 Back	16/12/2006	2006 December Intraclub Meet	
46.57 S	F	50 Back	21/02/2009	LAOSC 10 & Under Meet	
1:40.08 S	P	100 Back	30/01/2009	LMR SC Championships 2009	
3:46.75 S	F	200 Back	15/11/2008	LOSC 2nd Annual Short Course Invitational	
42.52 S	F	25 Breast	09/06/2007	june intra club	
49.77 S	F	50 Breast	21/02/2009	LAOSC 10 & Under Meet	
1:44.80 S	F	100 Breast	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
3:40.58 S	F	200 Breast	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
46.92 S	F	25 Fly	09/06/2007	june intra club	
49.03 S	F	50 Fly	21/02/2009	LAOSC 10 & Under Meet	
1:43.69 S	F	100 Fly	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
3:54.17 S	F	200 Fly	09/05/2009	SFU-WVOSC 2009 LMR	
1:36.17 S	F	100 IM	21/02/2009	LAOSC 10 & Under Meet	
3:20.27 S	F	200 IM	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
Mathew Carter (7) M					
31.39 S	F	25 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
1:11.66 S	F	50 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
30.39 S	F	25 Back	23/05/2009	LAOSC Novice Meet May 23 2009	
1:08.09 S	F	50 Back	23/05/2009	LAOSC Novice Meet May 23 2009	
45.21 S	F	25 Breast	23/05/2009	LAOSC Novice Meet May 23 2009	
47.57 S	F	25 Fly	18/04/2009	LAOSC Novice Meet April 18 2009	
Meghan Cheung (12) W					
30.60 S	P	50 Free	05/12/2008	Fastswim 2008	
1:08.10 S	F	100 Free	15/11/2008	LOSC 2nd Annual Short Course Invitational	
2:36.25 S	F	200 Free	25/10/2008	2008 VPSC Invitational	
5:34.70 S	P	400 Free	15/11/2008	LOSC 2nd Annual Short Course Invitational	
12:01.08 S	F	800 Free	08/11/2008	Fall into Finals 2008	
35.69 S	F	50 Back	05/12/2008	Fastswim 2008	
1:16.73 S	F	100 Back	05/12/2008	Fastswim 2008	
2:47.85 S	F	200 Back	05/12/2008	Fastswim 2008	
45.43 S	F	50 Breast	25/10/2008	2008 VPSC Invitational	
1:38.35 S	P	100 Breast	15/11/2008	LOSC 2nd Annual Short Course Invitational	
3:35.30 S	F	200 Breast	17/01/2009	2009 Hyack Icebreaker Classic	
33.42 S	F	50 Fly	05/12/2008	Fastswim 2008	
1:16.80 S	F	100 Fly	05/12/2008	Fastswim 2008	
3:09.02 S	F	200 Fly	17/01/2009	2009 Hyack Icebreaker Classic	
1:22.29 S	F	100 IM	11/10/2008	October 11 IntraClub	
2:55.82 S	F	200 IM	17/01/2009	2009 Hyack Icebreaker Classic	
6:19.64 S	P	400 IM	15/11/2008	LOSC 2nd Annual Short Course Invitational	
Meredith Clark (9) W					
30.58 S	F	25 Free	13/10/2007	2007 L/A OSC October Intraclub #1	
42.56 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	

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Time	P/F/S	Event			
Meredith Clark (9) W					
1:33.88 S	F	100 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
3:28.03 S	P	200 Free	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
5:33.90 S	F	300 Free	21/02/2009	LAOSC 10 & Under Meet	
7:13.18 S	F	400 Free	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
34.84 S	F	25 Back	13/10/2007	2007 L/A OSC October Intraclub #1	
50.08 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:44.77 S	P	100 Back	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
3:43.67 S	P	200 Back	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
45.10 S	F	25 Breast	13/10/2007	2007 L/A OSC October Intraclub #1	
55.67 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:00.31 S	P	100 Breast	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
4:12.09 S	P	200 Breast	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
42.08 S	F	25 Fly	10/11/2007	2007 L/A OSC November Novice #2	
52.23 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:47.30 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
3:54.59 S	F	200 IM	23/05/2009	LAOSC Novice Meet May 23 2009	
Emely Cueva (10) W					
27.63 S	F	25 Free	14/06/2008	2008 L/A OSC June Intraclu	
1:02.03 S	F	50 Free	11/10/2008	October 11 IntraClub	
2:22.81 S	F	100 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
26.85 S	F	25 Back	18/04/2009	LAOSC Novice Meet April 18 2009	
1:00.94 S	F	50 Back	18/04/2009	LAOSC Novice Meet April 18 2009	
39.53 S	F	25 Breast	22/11/2008	November 22 2008 Novice Meet	
1:23.06 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
31.77 S	F	25 Fly	22/11/2008	November 22 2008 Novice Meet	
1:13.42 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:24.28 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
Steven Cueva (8) M					
32.24 S	F	25 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
1:24.41 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
30.88 S	F	25 Back	18/04/2009	LAOSC Novice Meet April 18 2009	
1:22.04 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
44.28 S	F	25 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
45.27 S	F	25 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
Issabella Cumming (5) W					
50.03 S	F	25 Free	21/02/2009	LAOSC 10 & Under Meet	
42.22 S	F	25 Back	21/02/2009	LAOSC 10 & Under Meet	
56.37 S	F	25 Fly	23/05/2009	LAOSC Novice Meet May 23 2009	
Khushbash Dhillon (11) M					
42.86 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
50.93 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
58.29 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
57.27 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
3:57.94 S	F	200 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
Shubeg Dhillon (7) W					
27.01 S	F	25 Free	24/01/2009	LAOSC January 24 2009 Novice Meet	
54.63 S	F	50 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
30.33 S	F	25 Back	13/12/2008	December 13 IntraClub Meet	
44.56 S	F	25 Breast	21/02/2009	LAOSC 10 & Under Meet	
1:18.83 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
38.32 S	F	25 Fly	23/05/2009	LAOSC Novice Meet May 23 2009	
Melanie Dodds (20) W					
28.27 S	F	50 Free	22/01/2005	Icebreaker Classic	
59.19 S	F	100 Free	17/02/2005	2005 Western Canadian Championships	
2:04.32 S L	F	200 Free	02/02/2006	TAS BC AAA Provincial Championships	
4:24.16 S	F	400 Free	16/02/2006	Western SC Champs 2006	
9:01.40 S	F	800 Free	16/02/2006	Western SC Champs 2006	
31.98 S L	F	50 Back	02/12/2005	FASTSWIM 2005	

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Time	P/F/S	Event			
Melanie Dodds (20) W					
1:07.54 S	F	100 Back	02/12/2005	FASTSWIM 2005	
2:19.06 S	F	200 Back	09/12/2005	2005 OR Paul Bergen Jr. Int'l Championship	
34.20 S	P	50 Breast	19/02/2004	2004 Western Canadian Championships	
1:13.34 S	F	100 Breast	19/02/2004	2004 Western Canadian Championships	
2:35.96 S	F	200 Breast	19/02/2004	2004 Western Canadian Championships	
28.88 S	F	50 Fly	16/02/2006	Western SC Champs 2006	
1:03.82 S	F	100 Fly	16/02/2006	Western SC Champs 2006	
2:14.65 S	P	200 Fly	11/03/2009	2009 SNC Spring Nationals	
1:07.64 S	F	100 IM	16/12/2006	2006 December Intraclub Meet	
2:14.41 S	F	200 IM	11/03/2009	2009 SNC Spring Nationals	
4:45.13 S	F	400 IM	11/03/2009	2009 SNC Spring Nationals	
Mackenzie Dong (8) W					
26.10 S	F	25 Free	14/06/2008	2008 L/A OSC June Intraclu	
47.90 S	F	50 Free	21/02/2009	LAOSC 10 & Under Meet	
1:45.00 S	F	100 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
5:36.00 S	F	300 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
58.49 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:02.51 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
44.30 S	F	25 Fly	14/06/2008	2008 L/A OSC June Intraclu	
1:01.40 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:56.83 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
3:58.90 S	F	200 IM	23/05/2009	LAOSC Novice Meet May 23 2009	
Paige Dong (10) W					
26.19 S	F	25 Free	14/06/2008	2008 L/A OSC June Intraclu	
37.18 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:18.94 S	F	100 Free	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
2:54.05 S	F	200 Free	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
5:26.12 S	F	300 Free	19/04/2008	2008 LAOSC April Novice Meet #1	
6:15.11 S	P	400 Free	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
47.53 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:54.04 S	F	100 Back	17/01/2009	2009 Hyack Icebreaker Classic	
3:32.91 S	F	200 Back	09/05/2009	SFU-WVOSC 2009 LMR	
51.03 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:48.11 S	P	100 Breast	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
3:56.95 S	F	200 Breast	09/05/2009	SFU-WVOSC 2009 LMR	
43.97 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:42.46 S	P	100 Fly	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
3:43.63 S	F	200 Fly	09/05/2009	SFU-WVOSC 2009 LMR	
1:35.84 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
3:20.88 S	F	200 IM	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
7:40.05 S	F	400 IM	17/01/2009	2009 Hyack Icebreaker Classic	
Kennedy Douglas (10) W					
41.63 S	F	50 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
1:32.58 S	P	100 Free	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
3:20.30 S	P	200 Free	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
5:37.53 S	F	300 Free	24/01/2009	LAOSC January 24 2009 Novice Meet	
49.12 S	F	50 Back	23/05/2009	LAOSC Novice Meet May 23 2009	
3:39.98 S	P	200 Back	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
50.66 S	F	50 Breast	23/05/2009	LAOSC Novice Meet May 23 2009	
1:46.64 S	P	100 Breast	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
3:41.28 S	F	200 Breast	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
44.23 S	F	25 Fly	19/11/2006	2006 November Novice Meet	
53.57 S	F	50 Fly	23/05/2009	LAOSC Novice Meet May 23 2009	
1:47.81 S	F	100 IM	18/04/2009	LAOSC Novice Meet April 18 2009	
3:47.87 S	F	200 IM	23/05/2009	LAOSC Novice Meet May 23 2009	
8:17.93 S	F	400 IM	21/02/2009	LAOSC 10 & Under Meet	
Carly Dreyer (17) W					
22.70 S	F	25 Free	18/10/2003	Langley Olympians Swim Club Intra Club Meet	

Individual Top Times

Show Short Course Only

Time	P/F/S	Event		
Carly Dreyer (17) W				
32.82 S	P	50 Free	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP
1:11.47 S	F	100 Free	16/12/2006	2006 December Intraclub Meet
2:33.37 S	P	200 Free	22/06/2007	June 2007 LMR Championships
5:34.81 S	F	300 Free	20/11/2004	Novice Meet - 1 - 2004
5:16.60 S	F	400 Free	22/06/2007	June 2007 LMR Championships
11:02.75 S	F	800 Free	09/02/2007	LMR CHAMPS
37.81 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009
1:18.78 S	F	100 Back	22/06/2007	June 2007 LMR Championships
2:50.49 S	F	200 Back	09/12/2006	SFU-SFA December LMR swim meet
34.20 S	F	25 Breast	18/10/2003	Langley Olympians Swim Club Intra Club Meet
49.87 S	F	50 Breast	14/10/2006	2006 October Intraclub
1:48.34 S	F	100 Breast	28/10/2006	2006 VPSC Invitational
23.31 S	F	25 Fly	20/11/2004	Novice Meet - 1 - 2004
39.77 S	F	50 Fly	09/06/2007	june intra club
1:33.71 S	F	100 Fly	28/10/2006	2006 VPSC Invitational
1:25.74 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009
3:03.22 S	F	200 IM	14/04/2007	Haney Spring Splash Classic VI
Kerry Eakins (12) W				
39.51 S	F	50 Free	14/06/2008	2008 L/A OSC June Intraclu
1:24.20 S	P	100 Free	15/11/2008	LOSC 2nd Annual Short Course Invitational
3:15.18 S	F	200 Free	10/05/2008	Surrey Knights LMR
5:37.00 S	F	300 Free	21/04/2007	2007 LAOSC April Novice Meet
45.15 S	F	50 Back	14/06/2008	2008 L/A OSC June Intraclu
1:40.82 S	P	100 Back	15/11/2008	LOSC 2nd Annual Short Course Invitational
3:18.13 S	F	200 Back	10/05/2008	Surrey Knights LMR
39.18 S	F	25 Breast	29/01/2005	2005 January Novice Meet
48.91 S	F	50 Breast	14/06/2008	2008 L/A OSC June Intraclu
1:42.27 S	P	100 Breast	15/11/2008	LOSC 2nd Annual Short Course Invitational
3:38.38 S	F	200 Breast	10/05/2008	Surrey Knights LMR
38.46 S	F	25 Fly	15/10/2005	October Intraclub Meet 2005
48.93 S	F	50 Fly	14/06/2008	2008 L/A OSC June Intraclu
1:46.94 S	P	100 Fly	15/11/2008	LOSC 2nd Annual Short Course Invitational
1:37.41 S	F	100 IM	14/06/2008	2008 L/A OSC June Intraclu
3:32.77 S	F	200 IM	10/05/2008	Surrey Knights LMR
7:26.38 S	P	400 IM	15/11/2008	LOSC 2nd Annual Short Course Invitational
Kieren Erickson (10) M				
50.05 S	F	50 Free	13/12/2008	December 13 IntraClub Meet
6:06.19 S	F	300 Free	22/11/2008	November 22 2008 Novice Meet
53.14 S	F	50 Back	18/04/2009	LAOSC Novice Meet April 18 2009
1:08.40 S	F	50 Breast	13/12/2008	December 13 IntraClub Meet
58.80 S	F	50 Fly	13/12/2008	December 13 IntraClub Meet
4:21.06 S	F	200 IM	18/04/2009	LAOSC Novice Meet April 18 2009
Josie Field (7) W				
30.29 S	F	25 Free	11/10/2008	October 11 IntraClub
50.61 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009
1:51.29 S	F	100 Free	23/05/2009	LAOSC Novice Meet May 23 2009
6:04.29 S	F	300 Free	23/05/2009	LAOSC Novice Meet May 23 2009
28.50 S	F	25 Back	11/10/2008	October 11 IntraClub
58.08 S	F	50 Back	24/01/2009	LAOSC January 24 2009 Novice Meet
34.94 S	F	25 Breast	11/10/2008	October 11 IntraClub
1:04.18 S	F	50 Breast	23/05/2009	LAOSC Novice Meet May 23 2009
29.57 S	F	25 Fly	13/12/2008	December 13 IntraClub Meet
1:00.35 S	F	50 Fly	18/04/2009	LAOSC Novice Meet April 18 2009
2:12.52 S	F	100 IM	24/01/2009	LAOSC January 24 2009 Novice Meet
4:15.96 S	F	200 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009
Sandrine Filotto (11) W				
26.67 S	F	25 Free	10/11/2007	2007 L/A OSC November Novice #2
50.72 S	F	50 Free	13/12/2008	December 13 IntraClub Meet

Individual Top Times

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Time	P/F/S	Event			
Sandrine Filotto (11) W					
1:56.71 S	F	100 Free	22/11/2008	November 22 2008 Novice Meet	
6:38.42 S	F	300 Free	14/06/2008	2008 L/A OSC June Intraclu	
30.55 S	F	25 Back	10/11/2007	2007 L/A OSC November Novice #2	
59.65 S	F	50 Back	13/12/2008	December 13 IntraClub Meet	
36.91 S	F	25 Breast	10/11/2007	2007 L/A OSC November Novice #2	
1:03.69 S	F	50 Breast	13/12/2008	December 13 IntraClub Meet	
33.07 S	F	25 Fly	26/01/2008	2008 L/A OSC January Novice	
1:03.95 S	F	50 Fly	13/12/2008	December 13 IntraClub Meet	
2:17.21 S	F	100 IM	11/10/2008	October 11 IntraClub	
4:22.42 S	F	200 IM	13/12/2008	December 13 IntraClub Meet	
Kodi Findlay (10) M					
1:06.38 S	F	50 Breast	18/04/2009	LAOSC Novice Meet April 18 2009	
Hamish Frayne (14) M					
35.18 S	F	50 Free	09/05/2009	SFU-WVOSC 2009 LMR	
3:21.79 S	F	200 Free	09/05/2009	SFU-WVOSC 2009 LMR	
5:34.55 S	F	300 Free	18/04/2009	LAOSC Novice Meet April 18 2009	
43.37 S	F	50 Back	18/04/2009	LAOSC Novice Meet April 18 2009	
1:35.29 S	F	100 Back	09/05/2009	SFU-WVOSC 2009 LMR	
48.69 S	F	50 Breast	18/04/2009	LAOSC Novice Meet April 18 2009	
1:42.98 S	F	100 Breast	09/05/2009	SFU-WVOSC 2009 LMR	
43.81 S	F	50 Fly	09/05/2009	SFU-WVOSC 2009 LMR	
1:46.95 S	F	100 IM	24/01/2009	LAOSC January 24 2009 Novice Meet	
3:35.77 S	F	200 IM	18/04/2009	LAOSC Novice Meet April 18 2009	
Theresa Geider (10) W					
29.40 S	F	25 Free	24/01/2009	LAOSC January 24 2009 Novice Meet	
59.58 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:22.42 S	F	100 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
32.39 S	F	25 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:18.13 S	F	50 Back	23/05/2009	LAOSC Novice Meet May 23 2009	
37.98 S	F	25 Breast	21/02/2009	LAOSC 10 & Under Meet	
1:17.34 S	F	50 Breast	23/05/2009	LAOSC Novice Meet May 23 2009	
43.10 S	F	25 Fly	24/01/2009	LAOSC January 24 2009 Novice Meet	
1:23.75 S	F	50 Fly	23/05/2009	LAOSC Novice Meet May 23 2009	
2:32.95 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
Ry Gelaude (10) M					
23.09 S	F	25 Free	11/10/2008	October 11 IntraClub	
50.09 S	F	50 Free	11/10/2008	October 11 IntraClub	
2:04.53 S	F	100 Free	22/11/2008	November 22 2008 Novice Meet	
27.13 S	F	25 Back	11/10/2008	October 11 IntraClub	
58.37 S	F	50 Back	13/12/2008	December 13 IntraClub Meet	
34.27 S	F	25 Breast	22/11/2008	November 22 2008 Novice Meet	
1:14.23 S	F	50 Breast	13/12/2008	December 13 IntraClub Meet	
27.98 S	F	25 Fly	13/12/2008	December 13 IntraClub Meet	
2:17.47 S	F	100 IM	13/12/2008	December 13 IntraClub Meet	
Jessie Gibson (11) W					
33.34 S	F	50 Free	30/01/2009	LMR SC Championships 2009	
1:13.76 S	F	100 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:44.05 S	F	200 Free	09/05/2009	SFU-WVOSC 2009 LMR	
5:34.83 S	F	300 Free	27/01/2007	2007 January Novice Meet	
6:27.59 S	F	400 Free	17/01/2009	2009 Hyack Icebreaker Classic	
13:09.71 S	F	800 Free	17/01/2009	2009 Hyack Icebreaker Classic	
40.33 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:24.74 S	F	100 Back	30/01/2009	LMR SC Championships 2009	
2:59.42 S	F	200 Back	09/05/2009	SFU-WVOSC 2009 LMR	
41.83 S	F	25 Breast	20/11/2004	Novice Meet - 1 - 2004	
44.99 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:38.10 S	F	100 Breast	09/05/2009	SFU-WVOSC 2009 LMR	
3:30.92 S	F	200 Breast	30/01/2009	LMR SC Championships 2009	

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Time	P/F/S	Event			
Jessie Gibson (11) W					
31.59 S	F	25 Fly	18/12/2004	2004 Christmas Intra Club	
31.59 S	F	25 Fly	29/01/2005	2005 January Novice Meet	
38.41 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:28.30 S	F	100 Fly	09/05/2009	SFU-WVOSC 2009 LMR	
4:03.99 S	F	200 Fly	12/04/2008	SFU - GATORS LMR	
1:22.28 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:58.60 S	F	200 IM	09/05/2009	SFU-WVOSC 2009 LMR	
6:54.96 S	F	400 IM	17/01/2009	2009 Hyack Icebreaker Classic	
Noah Girling (9) M					
31.41 S	F	25 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
43.47 S	F	25 Back	21/02/2009	LAOSC 10 & Under Meet	
47.33 S	F	25 Breast	23/05/2009	LAOSC Novice Meet May 23 2009	
Duncan Gleed (16) M					
24.51 S	P	50 Free	26/02/2009	2009 TAS BC AAA SC Championships	
53.25 S	F	100 Free	26/02/2009	2009 TAS BC AAA SC Championships	
1:56.79 S	P	200 Free	30/01/2009	2009 TAS BC Sr Championships	
4:11.62 S	F	400 Free	05/12/2008	Fastswim 2008	
17:27.88 S	F	1500 Free	17/01/2009	2009 Hyack Icebreaker Classic	
28.93 S	F	50 Back	14/11/2008	2008 BC HighSchool Championships	
1:00.26 S	P	100 Back	26/02/2009	2009 TAS BC AAA SC Championships	
2:15.03 S	P	200 Back	26/02/2009	2009 TAS BC AAA SC Championships	
31.35 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:19.69 S	P	100 Breast	15/11/2008	LOSC 2nd Annual Short Course Invitational	
2:55.84 S	F	200 Breast	17/01/2009	2009 Hyack Icebreaker Classic	
26.12 S	F	50 Fly	12/02/2009	2009 Speedo Western Canadian SC Championships	
57.68 S	F	100 Fly	26/02/2009	2009 TAS BC AAA SC Championships	
2:16.56 S	P	200 Fly	26/02/2009	2009 TAS BC AAA SC Championships	
1:00.92 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:22.82 S	F	200 IM	17/01/2009	2009 Hyack Icebreaker Classic	
5:05.71 S	F	400 IM	17/01/2009	2009 Hyack Icebreaker Classic	
Raven Greenwood (14) W					
36.24 S	F	50 Free	25/10/2008	2008 VPSC Invitational	
1:19.47 S	P	100 Free	30/01/2009	LMR SC Championships 2009	
3:04.59 S	F	200 Free	25/10/2008	2008 VPSC Invitational	
5:00.47 S	F	300 Free	19/04/2008	2008 LAOSC April Novice Meet #1	
6:02.97 S	P	400 Free	15/11/2008	LOSC 2nd Annual Short Course Invitational	
43.73 S	F	50 Back	25/10/2008	2008 VPSC Invitational	
1:35.29 S	P	100 Back	30/01/2009	LMR SC Championships 2009	
3:20.90 S	F	200 Back	15/11/2008	LOSC 2nd Annual Short Course Invitational	
53.30 S	F	50 Breast	19/04/2008	2008 LAOSC April Novice Meet #1	
1:49.12 S	P	100 Breast	30/01/2009	LMR SC Championships 2009	
3:51.74 S	F	200 Breast	15/11/2008	LOSC 2nd Annual Short Course Invitational	
47.17 S	F	50 Fly	11/10/2008	October 11 IntraClub	
1:47.53 S	P	100 Fly	15/11/2008	LOSC 2nd Annual Short Course Invitational	
1:36.01 S	F	100 IM	11/10/2008	October 11 IntraClub	
3:24.68 S	P	200 IM	30/01/2009	LMR SC Championships 2009	
7:08.75 S	P	400 IM	15/11/2008	LOSC 2nd Annual Short Course Invitational	
Lisa Grier (8) W					
31.21 S	F	25 Free	23/02/2008	2087 LAOSC February 10+under Meet #1	
49.24 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:08.21 S	F	100 Free	18/04/2009	LAOSC Novice Meet April 18 2009	
6:11.55 S	F	300 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
28.97 S	F	25 Back	14/06/2008	2008 L/A OSC June Intraclu	
54.15 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
49.37 S	F	25 Breast	19/04/2008	2008 LAOSC April Novice Meet #1	
1:04.36 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
42.69 S	F	25 Fly	14/06/2008	2008 L/A OSC June Intraclu	
1:08.58 S	F	50 Fly	23/05/2009	LAOSC Novice Meet May 23 2009	

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Show Short Course Only

Time	P/F/S	Event			
Lisa Grier (8) W					
2:22.97 S	F	100 IM	21/02/2009	LAOSC 10 & Under Meet	
4:21.59 S	F	200 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
Owen Griffiths (10) M					
30.38 S	F	25 Free	13/10/2007	2007 L/A OSC October Intraclub #1	
56.25 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:05.23 S	F	100 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
31.67 S	F	25 Back	11/10/2008	October 11 IntraClub	
1:04.88 S	F	50 Back	23/05/2009	LAOSC Novice Meet May 23 2009	
32.93 S	F	25 Breast	11/10/2008	October 11 IntraClub	
1:12.31 S	F	50 Breast	18/04/2009	LAOSC Novice Meet April 18 2009	
35.69 S	F	25 Fly	26/01/2008	2008 L/A OSC January Novice	
1:11.50 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:15.18 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
Andrew Hall (18) M					
28.83 S	F	50 Free	13/12/2008	December 13 IntraClub Meet	
1:01.33 S	F	100 Free	17/01/2009	2009 Hyack Icebreaker Classic	
2:23.46 S	F	200 Free	27/10/2007	2007 VPSC Invitational	
4:20.87 S	F	300 Free	28/05/2005	2005 May Novice Meet	
4:45.86 S	F	400 Free	17/01/2009	2009 Hyack Icebreaker Classic	
20:24.66 S	F	1500 Free	20/01/2007	IcebreakereClassic2007	
35.83 S	F	50 Back	13/12/2008	December 13 IntraClub Meet	
1:16.30 S	P	100 Back	15/11/2008	LOSC 2nd Annual Short Course Invitational	
2:37.71 S	F	200 Back	17/01/2009	2009 Hyack Icebreaker Classic	
37.97 S	F	50 Breast	13/10/2007	2007 L/A OSC October Intraclub #1	
1:29.54 S	F	100 Breast	27/10/2007	2007 VPSC Invitational	
36.08 S	F	50 Fly	13/12/2008	December 13 IntraClub Meet	
1:18.13 S	F	100 Fly	15/11/2008	LOSC 2nd Annual Short Course Invitational	
3:04.47 S	F	200 Fly	15/11/2008	LOSC 2nd Annual Short Course Invitational	
1:14.25 S	F	100 IM	13/12/2008	December 13 IntraClub Meet	
2:36.65 S	F	200 IM	17/01/2009	2009 Hyack Icebreaker Classic	
5:39.11 S	P	400 IM	15/11/2008	LOSC 2nd Annual Short Course Invitational	
Janelle Hay (14) W					
29.17 S	P	50 Free	26/02/2009	2009 TAS BC AAA SC Championships	
1:03.80 S	P	100 Free	26/02/2009	2009 TAS BC AAA SC Championships	
2:23.69 S	P	200 Free	26/02/2009	2009 TAS BC AAA SC Championships	
5:06.37 S	F	300 Free	28/01/2006	LOSC January Novice Meet 2006	
5:13.89 S	P	400 Free	05/12/2008	Fastswim 2008	
10:49.61 S	F	800 Free	17/01/2009	2009 Hyack Icebreaker Classic	
36.89 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:17.06 S	P	100 Back	05/12/2008	Fastswim 2008	
2:44.02 S	F	200 Back	15/11/2008	LOSC 2nd Annual Short Course Invitational	
40.12 S	F	50 Breast	25/10/2008	2008 VPSC Invitational	
1:23.11 S	P	100 Breast	26/02/2009	2009 TAS BC AAA SC Championships	
3:01.36 S	P	200 Breast	26/02/2009	2009 TAS BC AAA SC Championships	
33.69 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:21.19 S	P	100 Fly	15/11/2008	LOSC 2nd Annual Short Course Invitational	
3:11.36 S	F	200 Fly	17/01/2009	2009 Hyack Icebreaker Classic	
1:14.97 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:44.40 S	F	200 IM	15/02/2008	BC AA SHORT COURSE CHAMPS	
5:58.51 S	F	400 IM	15/02/2008	BC AA SHORT COURSE CHAMPS	
Sydney Hewitson (15) W					
36.68 S	F	50 Free	13/10/2007	2007 L/A OSC October Intraclub #1	
1:23.22 S	F	100 Free	13/10/2007	2007 L/A OSC October Intraclub #1	
42.57 S	F	50 Back	15/12/2007	2007 L/A OSC December Intraclub #2	
49.23 S	F	50 Breast	15/12/2007	2007 L/A OSC December Intraclub #2	
42.27 S	F	50 Fly	15/12/2007	2007 L/A OSC December Intraclub #2	
1:30.68 S	F	100 IM	13/10/2007	2007 L/A OSC October Intraclub #1	
3:17.75 S	F	200 IM	15/12/2007	2007 L/A OSC December Intraclub #2	

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Time	P/F/S	Event		
Jenessa Hillman (8) W				
28.93 S	F	25 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009
30.86 S	F	25 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009
40.92 S	F	25 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009
30.57 S	F	25 Fly	22/11/2008	November 22 2008 Novice Meet
Lauren Hurley (11) W				
52.64 S	F	25 Free	09/04/2005	2005 April 10+under Meet
36.53 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009
1:19.59 S	F	100 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009
2:56.99 S	F	200 Free	09/05/2009	SFU-WVOSC 2009 LMR
5:23.57 S	F	300 Free	19/04/2008	2008 LAOSC April Novice Meet #1
6:09.06 S	F	400 Free	09/05/2009	SFU-WVOSC 2009 LMR
13:47.91 S	F	800 Free	17/01/2009	2009 Hyack Icebreaker Classic
36.47 S	F	25 Back	22/04/2006	Novice Meet#1
41.36 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009
1:30.72 S	F	100 Back	09/05/2009	SFU-WVOSC 2009 LMR
3:05.85 S	F	200 Back	09/05/2009	SFU-WVOSC 2009 LMR
56.14 S	F	25 Breast	11/06/2005	2005 June Intraclub Meet
51.87 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009
1:52.90 S	F	100 Breast	09/05/2009	SFU-WVOSC 2009 LMR
4:33.79 S	F	200 Breast	10/05/2008	Surrey Knights LMR
43.07 S	F	25 Fly	27/05/2006	2006 LOSC May 10+under Meet
43.94 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009
2:06.95 S	F	100 Fly	25/10/2008	2008 VPSC Invitational
1:30.62 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009
3:20.23 S	F	200 IM	09/05/2009	SFU-WVOSC 2009 LMR
Garrett Huwyler (15) M				
34.34 S	F	50 Free	15/12/2007	2007 L/A OSC December Intraclub #2
1:18.74 S	F	100 Free	13/10/2007	2007 L/A OSC October Intraclub #1
3:40.80 S	F	200 Free	06/12/2003	Langley Olympians Intra Club Meet
4:40.80 S	F	300 Free	09/06/2007	june intra club
37.99 S	F	50 Back	15/12/2007	2007 L/A OSC December Intraclub #2
45.03 S	F	50 Breast	15/12/2007	2007 L/A OSC December Intraclub #2
27.80 S	F	25 Fly	06/12/2003	Langley Olympians Intra Club Meet
40.10 S	F	50 Fly	15/12/2007	2007 L/A OSC December Intraclub #2
1:20.34 S	F	100 IM	13/10/2007	2007 L/A OSC October Intraclub #1
3:11.49 S	F	200 IM	09/06/2007	june intra club
Grace James (6) W				
29.19 S	F	25 Free	23/05/2009	LAOSC Novice Meet May 23 2009
30.23 S	F	25 Back	21/02/2009	LAOSC 10 & Under Meet
43.09 S	F	25 Breast	23/05/2009	LAOSC Novice Meet May 23 2009
40.26 S	F	25 Fly	23/05/2009	LAOSC Novice Meet May 23 2009
Jessica James (9) W				
46.35 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009
1:44.55 S	F	100 Free	23/05/2009	LAOSC Novice Meet May 23 2009
3:45.13 S	F	300 Free	21/02/2009	LAOSC 10 & Under Meet
52.06 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009
1:00.16 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009
56.52 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009
3:57.53 S	F	200 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009
Maria Jemna (8) W				
24.51 S	F	25 Free	24/01/2009	LAOSC January 24 2009 Novice Meet
1:03.33 S	F	50 Free	23/05/2009	LAOSC Novice Meet May 23 2009
2:09.13 S	F	100 Free	23/05/2009	LAOSC Novice Meet May 23 2009
32.21 S	F	25 Back	11/10/2008	October 11 IntraClub
1:05.25 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009
36.18 S	F	25 Breast	22/11/2008	November 22 2008 Novice Meet
1:20.69 S	F	50 Breast	21/02/2009	LAOSC 10 & Under Meet
32.90 S	F	25 Fly	23/05/2009	LAOSC Novice Meet May 23 2009

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Time	P/F/S	Event			
Maria Jemna (8) W					
1:18.42 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:27.25 S	F	100 IM	21/02/2009	LAOSC 10 & Under Meet	
Shauna Jense (16) W					
28.54 S	P	50 Free	26/02/2009	2009 TAS BC AAA SC Championships	
1:01.11 S L	F	100 Free	12/02/2009	2009 Speedo Western Canadian SC Championships	
2:13.97 S	P	200 Free	05/12/2008	Fastswim 2008	
4:34.25 S	P	400 Free	26/02/2009	2009 TAS BC AAA SC Championships	
9:07.74 S	F	800 Free	26/02/2009	2009 TAS BC AAA SC Championships	
31.51 S L	F	50 Back	02/02/2006	TAS BC AAA Provincial Championships	
1:07.07 S	F	100 Back	01/03/2007	2007 TAS Provincial Short Course Champion	
2:23.61 S	F	200 Back	02/12/2005	FASTSWIM 2005	
41.06 S	F	50 Breast	29/10/2005	2005 VPSC Invitational	
1:27.55 S	F	100 Breast	29/10/2005	2005 VPSC Invitational	
2:56.57 S	P	200 Breast	11/11/2005	Island Pacific Cup	
29.95 S	F	50 Fly	05/12/2008	Fastswim 2008	
1:03.35 S	F	100 Fly	26/02/2009	2009 TAS BC AAA SC Championships	
2:18.40 S	F	200 Fly	26/02/2009	2009 TAS BC AAA SC Championships	
1:12.83 S	F	100 IM	15/10/2005	October Intraclub Meet 2005	
2:26.08 S	F	200 IM	26/02/2009	2009 TAS BC AAA SC Championships	
5:07.43 S	P	400 IM	16/02/2006	Western SC Champs 2006	
Lauren Jock (10) W					
30.78 S	F	25 Free	11/10/2008	October 11 IntraClub	
1:04.73 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:22.19 S	F	100 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
33.05 S	F	25 Back	18/04/2009	LAOSC Novice Meet April 18 2009	
1:09.99 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
35.63 S	F	25 Breast	18/04/2009	LAOSC Novice Meet April 18 2009	
1:11.53 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
33.95 S	F	25 Fly	24/01/2009	LAOSC January 24 2009 Novice Meet	
1:23.21 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:36.77 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
Hali Johnson (9) W					
29.15 S	F	25 Free	24/01/2009	LAOSC January 24 2009 Novice Meet	
1:06.62 S	F	50 Free	18/04/2009	LAOSC Novice Meet April 18 2009	
2:22.33 S	F	100 Free	18/04/2009	LAOSC Novice Meet April 18 2009	
30.17 S	F	25 Back	18/04/2009	LAOSC Novice Meet April 18 2009	
55.25 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
45.48 S	F	25 Breast	18/04/2009	LAOSC Novice Meet April 18 2009	
1:31.90 S	F	50 Breast	23/05/2009	LAOSC Novice Meet May 23 2009	
36.51 S	F	25 Fly	18/04/2009	LAOSC Novice Meet April 18 2009	
2:48.87 S	F	100 IM	23/05/2009	LAOSC Novice Meet May 23 2009	
Hannah Jones (18) W					
15.50 S	F	25 Free	18/11/2004	Best Times SCM	
15.50 S	F	25 Free	18/10/2003	Langley Olympians Swim Club Intra Club Meet	
30.22 S	F	50 Free	28/10/2006	2006 VPSC Invitational	
1:03.35 S	P	100 Free	02/12/2005	FASTSWIM 2005	
2:12.10 S	P	200 Free	02/02/2006	TAS BC AAA Provincial Championships	
4:33.48 S	P	400 Free	14/02/2008	2008 Speedo Western Canadian Championships	
9:22.41 S	F	800 Free	01/03/2007	2007 TAS Provincial Short Course Champion	
18.60 S	F	25 Back	07/06/2003	Langley Olympians Intra Club Meet	
18.60 S	F	25 Back	18/11/2004	Best Times SCM	
35.58 S	F	50 Back	14/06/2008	2008 L/A OSC June Intraclu	
1:14.34 S	F	100 Back	20/01/2007	IcebreakeClassic2007	
2:29.68 S	F	200 Back	02/02/2006	TAS BC AAA Provincial Championships	
20.00 S	F	25 Breast	18/11/2004	Best Times SCM	
20.00 S	F	25 Breast	18/10/2003	Langley Olympians Swim Club Intra Club Meet	
34.83 S	F	50 Breast	17/02/2005	2005 Western Canadian Championships	
1:13.75 S	F	100 Breast	28/02/2008	2008 TAS BC Provincial SC Championships	

Individual Top Times

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Time	P/F/S	Event			
Hannah Jones (18) W					
2:35.36 S	F	200 Breast	17/02/2005	2005 Western Canadian Championships	
15.80 S	F	25 Fly	18/11/2004	Best Times SCM	
15.80 S	F	25 Fly	07/12/2002	Langley Olympian Swim Club Intra Club Meet	
32.51 S	F	50 Fly	09/06/2007	june intra club	
1:07.88 S	F	100 Fly	02/02/2006	TAS BC AAA Provincial Championships	
2:26.70 S	P	200 Fly	07/12/2007	2007 PCS Xmas Cracker Invitational	
1:11.59 S	F	100 IM	09/06/2007	june intra club	
2:24.87 S	F	200 IM	17/02/2005	2005 Western Canadian Championships	
5:01.76 S	P	400 IM	28/02/2008	2008 TAS BC Provincial SC Championships	
Nathan Jongenburger (15) M					
27.14 S	F	50 Free	08/02/2009	2009 LOSC February Challenge	
59.30 S	F	100 Free	05/12/2008	Fastswim 2008	
2:11.50 S	F	200 Free	09/07/2008	2008 LOSC Last Chance July TimeTrial	
5:02.25 S	F	300 Free	11/06/2005	2005 June Intraclub Meet	
4:24.25 S	F	400 Free	05/12/2008	Fastswim 2008	
9:43.67 S	F	800 Free	17/01/2009	2009 Hyack Icebreaker Classic	
17:43.99 S	F	1500 Free	05/12/2008	Fastswim 2008	
31.96 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:11.38 S	F	100 Back	17/01/2009	2009 Hyack Icebreaker Classic	
2:28.13 S	F	200 Back	08/02/2009	2009 LOSC February Challenge	
37.99 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:19.65 S	F	100 Breast	08/02/2009	2009 LOSC February Challenge	
3:06.21 S	F	200 Breast	17/01/2009	2009 Hyack Icebreaker Classic	
27.35 S	F	25 Fly	20/11/2004	Novice Meet - 1 - 2004	
29.89 S	F	50 Fly	05/12/2008	Fastswim 2008	
1:03.79 S	P	100 Fly	30/01/2009	2009 TAS BC Sr Championships	
2:23.20 S	F	200 Fly	05/12/2008	Fastswim 2008	
1:08.15 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:32.42 S	F	200 IM	09/07/2008	2008 LOSC Last Chance July TimeTrial	
5:07.17 S	F	400 IM	05/12/2008	Fastswim 2008	
William Karpan (11) M					
35.83 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:19.51 S	F	100 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:57.02 S	F	200 Free	30/01/2009	LMR SC Championships 2009	
5:25.43 S	F	300 Free	19/04/2008	2008 LAOSC April Novice Meet #1	
6:11.83 S	F	400 Free	30/01/2009	LMR SC Championships 2009	
24:58.29 S	F	1500 Free	17/01/2009	2009 Hyack Icebreaker Classic	
27.56 S	F	25 Back	13/10/2007	2007 L/A OSC October Intraclub #1	
43.16 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:39.31 S	F	100 Back	09/05/2009	SFU-WVOSC 2009 LMR	
3:18.70 S	F	200 Back	30/01/2009	LMR SC Championships 2009	
35.99 S	F	25 Breast	10/11/2007	2007 L/A OSC November Novice #2	
48.28 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:47.12 S	F	100 Breast	09/05/2009	SFU-WVOSC 2009 LMR	
3:52.87 S	F	200 Breast	17/01/2009	2009 Hyack Icebreaker Classic	
29.56 S	F	25 Fly	10/11/2007	2007 L/A OSC November Novice #2	
39.29 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:42.03 S	F	100 Fly	09/05/2009	SFU-WVOSC 2009 LMR	
3:34.44 S	F	200 Fly	09/05/2009	SFU-WVOSC 2009 LMR	
1:31.10 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
3:20.03 S	P	200 IM	30/01/2009	LMR SC Championships 2009	
7:23.28 S	F	400 IM	17/01/2009	2009 Hyack Icebreaker Classic	
Herman Kazakov (13) M					
40.17 S	F	50 Free	18/04/2009	LAOSC Novice Meet April 18 2009	
1:31.08 S	F	100 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
4:21.15 S	F	200 Free	27/01/2007	2007 January Novice Meet	
5:31.63 S	F	300 Free	18/04/2009	LAOSC Novice Meet April 18 2009	
45.94 S	F	50 Back	18/04/2009	LAOSC Novice Meet April 18 2009	
47.70 S	F	50 Breast	22/11/2008	November 22 2008 Novice Meet	

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Time	P/F/S	Event			
Herman Kazakov (13) M					
46.93 S	F	50 Fly	23/05/2009	LAOSC Novice Meet May 23 2009	
1:36.05 S	F	100 IM	23/05/2009	LAOSC Novice Meet May 23 2009	
3:42.31 S	F	200 IM	18/04/2009	LAOSC Novice Meet April 18 2009	
Tal Kazakov (11) M					
43.75 S	F	50 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
3:06.09 S	F	100 Free	19/11/2006	2006 November Novice Meet	
6:07.57 S	F	200 Free	27/01/2007	2007 January Novice Meet	
5:38.97 S	F	300 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
50.63 S	F	50 Back	18/04/2009	LAOSC Novice Meet April 18 2009	
54.93 S	F	50 Breast	18/04/2009	LAOSC Novice Meet April 18 2009	
55.06 S	F	50 Fly	24/01/2009	LAOSC January 24 2009 Novice Meet	
2:11.02 S	F	100 IM	19/04/2008	2008 LAOSC April Novice Meet #1	
4:10.82 S	F	200 IM	18/04/2009	LAOSC Novice Meet April 18 2009	
Brayden Kells (7) M					
24.66 S	F	25 Free	24/01/2009	LAOSC January 24 2009 Novice Meet	
53.49 S	F	50 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
34.19 S	F	25 Back	24/01/2009	LAOSC January 24 2009 Novice Meet	
35.10 S	F	25 Breast	22/11/2008	November 22 2008 Novice Meet	
34.57 S	F	25 Fly	22/11/2008	November 22 2008 Novice Meet	
Shagun Khullar (10) W					
1:00.54 S	F	50 Free	18/04/2009	LAOSC Novice Meet April 18 2009	
2:13.43 S	F	100 Free	18/04/2009	LAOSC Novice Meet April 18 2009	
5:54.71 S	F	300 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
34.88 S	F	25 Back	23/02/2008	2087 LAOSC February 10+under Meet #1	
1:04.86 S	F	50 Back	18/04/2009	LAOSC Novice Meet April 18 2009	
1:10.26 S	F	50 Breast	18/04/2009	LAOSC Novice Meet April 18 2009	
37.35 S	F	25 Fly	23/02/2008	2087 LAOSC February 10+under Meet #1	
1:25.83 S	F	50 Fly	18/04/2009	LAOSC Novice Meet April 18 2009	
2:49.84 S	F	100 IM	23/02/2008	2087 LAOSC February 10+under Meet #1	
Rachelle Kichton (17) W					
28.52 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:00.84 S	P	100 Free	26/02/2009	2009 TAS BC AAA SC Championships	
2:09.29 S	P	200 Free	26/02/2009	2009 TAS BC AAA SC Championships	
4:34.55 S	F	400 Free	07/12/2007	2007 PCS Xmas Cracker Invitational	
9:24.39 S	F	800 Free	26/02/2009	2009 TAS BC AAA SC Championships	
17:56.35 S	F	1500 Free	14/02/2008	2008 Speedo Western Canadian Championships	
32.68 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:09.67 S	F	100 Back	05/12/2008	Fastswim 2008	
2:27.04 S	F	200 Back	05/12/2008	Fastswim 2008	
36.85 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:21.22 S	F	100 Breast	15/11/2008	LOSC 2nd Annual Short Course Invitational	
2:57.04 S	P	200 Breast	28/02/2008	2008 TAS BC Provincial SC Championships	
30.37 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:06.33 S	F	100 Fly	30/01/2009	2009 TAS BC Sr Championships	
2:22.11 S	F	200 Fly	05/12/2008	Fastswim 2008	
1:08.82 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:25.22 S	F	200 IM	05/12/2008	Fastswim 2008	
5:05.18 S	F	400 IM	05/12/2008	Fastswim 2008	
Annie Kim (9) W					
1:04.59 S	F	50 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
2:12.19 S	F	100 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
1:09.88 S	F	50 Back	23/05/2009	LAOSC Novice Meet May 23 2009	
1:09.88 S	F	50 Breast	23/05/2009	LAOSC Novice Meet May 23 2009	
1:18.59 S	F	50 Fly	23/05/2009	LAOSC Novice Meet May 23 2009	
2:35.37 S	F	100 IM	23/05/2009	LAOSC Novice Meet May 23 2009	
Joshua Kim (7) M					
35.59 S	F	25 Free	14/06/2008	2008 L/A OSC June Intraclu	
54.13 S	F	50 Free	23/05/2009	LAOSC Novice Meet May 23 2009	

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Time	P/F/S	Event		
Joshua Kim (7) M				
1:53.77 S	F	100 Free	23/05/2009	LAOSC Novice Meet May 23 2009
32.59 S	F	25 Back	14/06/2008	2008 L/A OSC June Intraclu
1:00.53 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009
51.45 S	F	25 Breast	14/06/2008	2008 L/A OSC June Intraclu
1:09.84 S	F	50 Breast	23/05/2009	LAOSC Novice Meet May 23 2009
52.02 S	F	25 Fly	14/06/2008	2008 L/A OSC June Intraclu
1:13.57 S	F	50 Fly	23/05/2009	LAOSC Novice Meet May 23 2009
2:29.69 S	F	100 IM	21/02/2009	LAOSC 10 & Under Meet
4:58.87 S	F	200 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009
Sarah Kim (10) W				
47.34 S	F	50 Free	21/02/2009	LAOSC 10 & Under Meet
1:49.93 S	F	100 Free	22/11/2008	November 22 2008 Novice Meet
6:40.53 S	F	300 Free	21/02/2009	LAOSC 10 & Under Meet
58.71 S	F	50 Back	21/02/2009	LAOSC 10 & Under Meet
59.68 S	F	50 Breast	21/02/2009	LAOSC 10 & Under Meet
29.05 S	F	25 Fly	22/11/2008	November 22 2008 Novice Meet
59.59 S	F	50 Fly	21/02/2009	LAOSC 10 & Under Meet
4:12.56 S	F	200 IM	21/02/2009	LAOSC 10 & Under Meet
Tricia Kiss (16) W				
29.66 S L	F	50 Free	05/12/2008	Fastswim 2008
1:04.46 S	F	100 Free	17/01/2009	2009 Hyack Icebreaker Classic
2:12.22 S	F	200 Free	09/07/2008	2008 LOSC Last Chance July TimeTrial
5:18.70 S	F	300 Free	20/11/2004	Novice Meet - 1 - 2004
4:37.33 S	P	400 Free	26/02/2009	2009 TAS BC AAA SC Championships
9:20.11 S	F	800 Free	26/02/2009	2009 TAS BC AAA SC Championships
31.57 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009
1:06.30 S	F	100 Back	30/01/2009	2009 TAS BC Sr Championships
2:21.11 S	F	200 Back	30/01/2009	2009 TAS BC Sr Championships
37.63 S	F	50 Breast	13/12/2008	December 13 IntraClub Meet
1:16.09 S	F	100 Breast	28/02/2008	2008 TAS BC Provincial SC Championships
2:42.36 S	F	200 Breast	12/02/2009	2009 Speedo Western Canadian SC Championships
18.83 S	F	25 Fly	23/10/2004	Halloween Intra Club Meet - 2004/05
18.83 S	F	25 Fly	18/11/2004	Best Times SCM
33.36 S	F	50 Fly	16/12/2006	2006 December Intraclub Meet
1:11.89 S	P	100 Fly	15/11/2008	LOSC 2nd Annual Short Course Invitational
2:35.30 S	F	200 Fly	17/01/2009	2009 Hyack Icebreaker Classic
1:08.71 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009
2:25.33 S	P	200 IM	12/02/2009	2009 Speedo Western Canadian SC Championships
5:03.23 S	F	400 IM	12/02/2009	2009 Speedo Western Canadian SC Championships
Michelle Kragt (17) W				
18.10 S	F	25 Free	18/10/2003	Langley Olympians Swim Club Intra Club Meet
18.10 S	F	25 Free	18/11/2004	Best Times SCM
30.27 S	P	50 Free	05/12/2008	Fastswim 2008
1:06.08 S	F	100 Free	15/02/2008	BC AA SHORT COURSE CHAMPS
2:23.08 S	P	200 Free	13/02/2009	BC AA Champs - 2009 SC
5:08.44 S	P	400 Free	13/02/2009	BC AA Champs - 2009 SC
10:47.23 S	F	800 Free	15/02/2008	BC AA SHORT COURSE CHAMPS
22.70 S	F	25 Back	18/11/2004	Best Times SCM
22.70 S	F	25 Back	07/06/2003	Langley Olympians Intra Club Meet
38.72 S	F	50 Back	27/10/2007	2007 VPSC Invitational
1:21.36 S	P	100 Back	15/11/2008	LOSC 2nd Annual Short Course Invitational
2:51.52 S	F	200 Back	15/11/2008	LOSC 2nd Annual Short Course Invitational
24.80 S	F	25 Breast	18/11/2004	Best Times SCM
24.80 S	F	25 Breast	18/10/2003	Langley Olympians Swim Club Intra Club Meet
42.70 S	F	50 Breast	15/12/2007	2007 L/A OSC December Intraclub #2
1:32.01 S	P	100 Breast	13/02/2009	BC AA Champs - 2009 SC
3:21.32 S	F	200 Breast	10/05/2008	Surrey Knights LMR
22.20 S	F	25 Fly	06/12/2003	Langley Olympians Intra Club Meet
34.83 S	F	50 Fly	25/10/2008	2008 VPSC Invitational

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Time	P/F/S	Event			
Michelle Kragt (17) W					
1:18.58 S	P	100 Fly	15/11/2008	LOSC 2nd Annual Short Course Invitational	
3:23.57 S	F	200 Fly	09/12/2006	SFU-SFA December LMR swim meet	
1:20.31 S	F	100 IM	15/12/2007	2007 L/A OSC December Intraclub #2	
2:49.57 S	F	200 IM	25/10/2008	2008 VPSC Invitational	
6:01.23 S	P	400 IM	13/02/2009	BC AA Champs - 2009 SC	
Paige Kriznic (12) W					
26.28 S	F	25 Free	19/11/2005	LOSC November Novice Meet 2005	
36.08 S	F	50 Free	13/12/2008	December 13 IntraClub Meet	
1:30.49 S	F	100 Free	23/02/2008	2087 LAOSC February 10+under Meet #1	
3:25.25 S	P	200 Free	17/11/2007	Langley Olympians Remembrance Swim Meet	
5:27.00 S	F	300 Free	21/04/2007	2007 LAOSC April Novice Meet	
7:40.54 S	F	400 Free	26/05/2007	2007 LAOSC May 10+under Meet #2	
29.32 S	F	25 Back	19/11/2005	LOSC November Novice Meet 2005	
47.00 S	F	50 Back	14/06/2008	2008 L/A OSC June Intraclu	
1:40.64 S	F	100 Back	08/12/2007	Team Sungod LMR Meet Dec 2007	
3:56.96 S	F	200 Back	17/11/2007	Langley Olympians Remembrance Swim Meet	
1:07.20 S	F	25 Breast	15/10/2005	October Intraclub Meet 2005	
53.88 S	F	50 Breast	14/06/2008	2008 L/A OSC June Intraclu	
2:05.59 S	F	100 Breast	08/12/2007	Team Sungod LMR Meet Dec 2007	
4:18.55 S	F	200 Breast	17/11/2007	Langley Olympians Remembrance Swim Meet	
36.16 S	F	25 Fly	22/04/2006	Novice Meet#1	
50.32 S	F	50 Fly	13/12/2008	December 13 IntraClub Meet	
2:03.60 S	F	100 Fly	08/12/2007	Team Sungod LMR Meet Dec 2007	
1:39.27 S	F	100 IM	14/06/2008	2008 L/A OSC June Intraclu	
3:44.00 S	F	200 IM	21/04/2007	2007 LAOSC April Novice Meet	
Jaime Lavoie (7) W					
29.61 S	F	25 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:00.04 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
30.41 S	F	25 Back	13/12/2008	December 13 IntraClub Meet	
45.41 S	F	25 Breast	13/12/2008	December 13 IntraClub Meet	
39.27 S	F	25 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
Renae Ledoux (9) W					
29.57 S	F	25 Free	23/02/2008	2087 LAOSC February 10+under Meet #1	
41.31 S	F	50 Free	18/04/2009	LAOSC Novice Meet April 18 2009	
1:33.18 S	F	100 Free	18/04/2009	LAOSC Novice Meet April 18 2009	
3:04.15 S	P	200 Free	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
5:25.22 S	F	300 Free	22/11/2008	November 22 2008 Novice Meet	
6:24.28 S	F	400 Free	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
32.64 S	F	25 Back	23/02/2008	2087 LAOSC February 10+under Meet #1	
52.53 S	F	50 Back	13/12/2008	December 13 IntraClub Meet	
52.53 S	F	50 Back	18/04/2009	LAOSC Novice Meet April 18 2009	
1:52.09 S	F	100 Back	17/01/2009	2009 Hyack Icebreaker Classic	
3:23.71 S	F	200 Back	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
53.95 S	F	50 Breast	18/04/2009	LAOSC Novice Meet April 18 2009	
1:50.08 S	P	100 Breast	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
4:03.32 S	F	200 Breast	09/05/2009	SFU-WVOSC 2009 LMR	
49.22 S	F	50 Fly	18/04/2009	LAOSC Novice Meet April 18 2009	
1:53.36 S	P	100 Fly	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
1:43.72 S	F	100 IM	18/04/2009	LAOSC Novice Meet April 18 2009	
3:32.11 S	P	200 IM	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
Willis Lee (10) M					
41.93 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:31.23 S	F	100 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
5:16.22 S	F	300 Free	21/02/2009	LAOSC 10 & Under Meet	
55.25 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
57.22 S	F	50 Breast	23/05/2009	LAOSC Novice Meet May 23 2009	
52.97 S	F	50 Fly	23/05/2009	LAOSC Novice Meet May 23 2009	
1:46.57 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	

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Time	P/F/S	Event			
Willis Lee (10) M					
3:52.30 S	F	200 IM	21/02/2009	LAOSC 10 & Under Meet	
Tom Levshuk (17) M					
27.65 S	P	50 Free	05/12/2008	Fastswim 2008	
1:00.67 S	P	100 Free	05/12/2008	Fastswim 2008	
2:13.95 S	F	200 Free	13/02/2009	BC AA Champs - 2009 SC	
5:28.27 S	F	300 Free	14/10/2006	2006 October Intraclub	
4:46.90 S	F	400 Free	13/02/2009	BC AA Champs - 2009 SC	
x19:38.57 S	F	1500 Free	17/01/2009	2009 Hyack Icebreaker Classic	
36.45 S	F	50 Back	13/12/2008	December 13 IntraClub Meet	
1:14.01 S	F	100 Back	17/01/2009	2009 Hyack Icebreaker Classic	
2:43.83 S	F	200 Back	15/02/2008	BC AA SHORT COURSE CHAMPS	
36.08 S	F	50 Breast	05/12/2008	Fastswim 2008	
1:18.05 S	P	100 Breast	13/02/2009	BC AA Champs - 2009 SC	
2:47.07 S	P	200 Breast	13/02/2009	BC AA Champs - 2009 SC	
34.12 S	F	50 Fly	13/12/2008	December 13 IntraClub Meet	
1:17.78 S	F	100 Fly	17/01/2009	2009 Hyack Icebreaker Classic	
3:20.00 S	F	200 Fly	17/01/2009	2009 Hyack Icebreaker Classic	
1:11.04 S	F	100 IM	13/12/2008	December 13 IntraClub Meet	
2:36.52 S	F	200 IM	10/05/2008	Surrey Knights LMR	
5:34.04 S	F	400 IM	17/01/2009	2009 Hyack Icebreaker Classic	
Lilian Li (17) W					
33.03 S	F	50 Free	22/11/2008	November 22 2008 Novice Meet	
1:14.95 S	F	100 Free	22/11/2008	November 22 2008 Novice Meet	
44.04 S	F	50 Breast	22/11/2008	November 22 2008 Novice Meet	
37.14 S	F	50 Fly	22/11/2008	November 22 2008 Novice Meet	
Zach MacAulay (11) M					
43.13 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:37.49 S	F	100 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
5:18.60 S	F	300 Free	21/02/2009	LAOSC 10 & Under Meet	
55.18 S	F	25 Back	13/10/2007	2007 L/A OSC October Intraclub #1	
49.18 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
56.27 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
32.67 S	F	25 Fly	13/10/2007	2007 L/A OSC October Intraclub #1	
56.14 S	F	50 Fly	21/02/2009	LAOSC 10 & Under Meet	
1:46.03 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
3:52.83 S	F	200 IM	21/02/2009	LAOSC 10 & Under Meet	
Kelley MacDonald (9) W					
39.48 S	F	25 Free	19/11/2006	2006 November Novice Meet	
40.97 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:30.63 S	F	100 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
3:23.82 S	F	200 Free	09/05/2009	SFU-WVOSC 2009 LMR	
5:36.20 S	F	300 Free	19/04/2008	2008 LAOSC April Novice Meet #1	
45.43 S	F	25 Back	19/11/2006	2006 November Novice Meet	
51.02 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:55.24 S	F	100 Back	17/01/2009	2009 Hyack Icebreaker Classic	
3:46.89 S	F	200 Back	09/05/2009	SFU-WVOSC 2009 LMR	
1:01.88 S	F	25 Breast	16/12/2006	2006 December Intraclub Meet	
51.09 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:54.51 S	F	100 Breast	09/05/2009	SFU-WVOSC 2009 LMR	
3:54.70 S	F	200 Breast	09/05/2009	SFU-WVOSC 2009 LMR	
52.05 S	F	25 Fly	27/01/2007	2007 January Novice Meet	
52.06 S	P	50 Fly	15/11/2008	LOSC 2nd Annual Short Course Invitational	
2:03.73 S	F	100 Fly	25/10/2008	2008 VPSC Invitational	
1:45.03 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
3:44.41 S	F	200 IM	09/05/2009	SFU-WVOSC 2009 LMR	
8:09.75 S	F	400 IM	21/02/2009	LAOSC 10 & Under Meet	
Michael MacDonald (13) M					
35.50 S	F	25 Free	26/04/2003	Langley Olympians Swim Club Novice Meet	

Individual Top Times

Show Short Course Only

Time	P/F/S	Event			
Michael MacDonald (13) M					
35.50 S	F	25 Free	18/11/2004	Best Times SCM	
27.27 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
57.27 S	F	100 Free	26/02/2009	2009 TAS BC AAA SC Championships	
2:01.70 S	F	200 Free	26/02/2009	2009 TAS BC AAA SC Championships	
5:14.87 S	F	300 Free	28/05/2005	2005 May Novice Meet	
4:28.23 S	F	400 Free	26/02/2009	2009 TAS BC AAA SC Championships	
9:01.75 S	F	800 Free	30/01/2009	2009 TAS BC Sr Championships	
17:34.47 S	F	1500 Free	05/12/2008	Fastswim 2008	
32.80 S	F	25 Back	07/06/2003	Langley Olympians Intra Club Meet	
32.80 S	F	25 Back	18/11/2004	Best Times SCM	
31.28 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:08.44 S	F	100 Back	08/02/2009	2009 LOSC February Challenge	
2:22.74 S	P	200 Back	30/01/2009	2009 TAS BC Sr Championships	
34.10 S	F	25 Breast	19/06/2004	LOSC Year End Intra Meet June 2004	
34.10 S	F	25 Breast	18/11/2004	Best Times SCM	
35.24 S	F	50 Breast	08/02/2009	2009 LOSC February Challenge	
1:19.50 S	F	100 Breast	15/11/2008	LOSC 2nd Annual Short Course Invitational	
2:44.16 S	F	200 Breast	08/02/2009	2009 LOSC February Challenge	
26.10 S	F	25 Fly	19/06/2004	LOSC Year End Intra Meet June 2004	
26.10 S	F	25 Fly	18/11/2004	Best Times SCM	
29.33 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:03.63 S	F	100 Fly	26/02/2009	2009 TAS BC AAA SC Championships	
2:20.26 S	F	200 Fly	26/02/2009	2009 TAS BC AAA SC Championships	
1:06.77 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:20.84 S	F	200 IM	26/02/2009	2009 TAS BC AAA SC Championships	
5:04.93 S	F	400 IM	26/02/2009	2009 TAS BC AAA SC Championships	
Karmyn MacDonnell (10) W					
31.23 S	F	25 Free	10/11/2007	2007 L/A OSC November Novice #2	
1:00.87 S	F	50 Free	21/02/2009	LAOSC 10 & Under Meet	
2:12.04 S	F	100 Free	22/11/2008	November 22 2008 Novice Meet	
30.87 S	F	25 Back	14/06/2008	2008 L/A OSC June Intraclub	
1:07.99 S	F	50 Back	21/02/2009	LAOSC 10 & Under Meet	
50.63 S	F	25 Breast	10/11/2007	2007 L/A OSC November Novice #2	
1:21.35 S	F	50 Breast	11/10/2008	October 11 IntraClub	
37.62 S	F	25 Fly	14/06/2008	2008 L/A OSC June Intraclub	
1:20.59 S	F	50 Fly	22/11/2008	November 22 2008 Novice Meet	
2:34.18 S	F	100 IM	21/02/2009	LAOSC 10 & Under Meet	
Kevin Ma (11) M					
26.32 S	F	25 Free	26/02/2005	2005 February Novice Meet	
39.68 S	P	50 Free	17/11/2007	Langley Olympians Remembrance Swim Meet	
1:30.69 S	F	100 Free	10/05/2008	Surrey Knights LMR	
3:13.10 S	F	200 Free	17/11/2007	Langley Olympians Remembrance Swim Meet	
5:33.79 S	F	300 Free	27/01/2007	2007 January Novice Meet	
29.21 S	F	25 Back	26/02/2005	2005 February Novice Meet	
45.60 S L	F	50 Back	10/05/2008	Surrey Knights LMR	
1:35.25 S	F	100 Back	10/05/2008	Surrey Knights LMR	
3:17.50 S	F	200 Back	10/05/2008	Surrey Knights LMR	
40.20 S	F	25 Breast	09/04/2005	2005 April 10+under Meet	
57.72 S	F	50 Breast	01/12/2007	VPSC 10 & Under Challenge	
2:03.57 S	F	100 Breast	08/12/2007	Team Sungod LMR Meet Dec 2007	
4:12.25 S	F	200 Breast	17/11/2007	Langley Olympians Remembrance Swim Meet	
45.81 S	F	25 Fly	09/04/2005	2005 April 10+under Meet	
46.95 S	P	50 Fly	17/11/2007	Langley Olympians Remembrance Swim Meet	
46.95 S	F	50 Fly	17/11/2007	Langley Olympians Remembrance Swim Meet	
1:53.94 S	F	100 Fly	08/12/2007	Team Sungod LMR Meet Dec 2007	
2:27.41 S	F	100 IM	17/12/2005	December Intraclub Meet 2005	
3:23.09 S	F	200 IM	10/05/2008	Surrey Knights LMR	
Chelsea Mark (16) W					
35.42 S	P	50 Free	07/12/2007	2007 PCS Xmas Cracker Invitational	

Individual Top Times

Show Short Course Only

Time	P/F/S	Event		
Chelsea Mark (16) W				
1:16.42 S	P	100 Free	17/11/2007	Langley Olympians Remembrance Swim Meet
2:55.23 S	P	200 Free	07/12/2007	2007 PCS Xmas Cracker Invitational
40.60 S	F	50 Back	07/12/2007	2007 PCS Xmas Cracker Invitational
1:30.88 S	P	100 Back	07/12/2007	2007 PCS Xmas Cracker Invitational
3:11.51 S	F	200 Back	17/11/2007	Langley Olympians Remembrance Swim Meet
46.74 S	F	50 Breast	14/06/2008	2008 L/A OSC June Intraclu
1:48.06 S	P	100 Breast	17/11/2007	Langley Olympians Remembrance Swim Meet
45.19 S	F	50 Fly	14/06/2008	2008 L/A OSC June Intraclu
1:47.46 S	P	100 Fly	07/12/2007	2007 PCS Xmas Cracker Invitational
1:27.79 S	F	100 IM	14/06/2008	2008 L/A OSC June Intraclu
3:15.63 S	P	200 IM	07/12/2007	2007 PCS Xmas Cracker Invitational
7:04.81 S	P	400 IM	17/11/2007	Langley Olympians Remembrance Swim Meet
Devon Mark (11) W				
33.48 S	F	50 Free	23/05/2009	LAOSC Novice Meet May 23 2009
1:11.18 S	F	100 Free	23/05/2009	LAOSC Novice Meet May 23 2009
2:37.73 S	F	200 Free	13/02/2009	BC AA Champs - 2009 SC
4:57.32 S	F	300 Free	13/10/2007	2007 L/A OSC October Intraclub #1
5:24.68 S	F	400 Free	26/02/2009	2009 TAS BC AAA SC Championships
12:16.37 S	F	800 Free	17/01/2009	2009 Hyack Icebreaker Classic
39.95 S	F	50 Back	23/05/2009	LAOSC Novice Meet May 23 2009
1:23.18 S	F	100 Back	26/02/2009	2009 TAS BC AAA SC Championships
1:23.18 S	F	100 Back	26/02/2009	2009 TAS BC AAA SC Championships
2:58.86 S	F	200 Back	13/02/2009	BC AA Champs - 2009 SC
41.88 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009
1:32.90 S	F	100 Breast	13/02/2009	BC AA Champs - 2009 SC
3:19.12 S	F	200 Breast	13/02/2009	BC AA Champs - 2009 SC
35.71 S	F	50 Fly	26/02/2009	2009 TAS BC AAA SC Championships
35.71 S	F	50 Fly	26/02/2009	2009 TAS BC AAA SC Championships
1:24.18 S	F	100 Fly	13/02/2009	BC AA Champs - 2009 SC
3:16.99 S	F	200 Fly	17/01/2009	2009 Hyack Icebreaker Classic
1:20.62 S	F	100 IM	23/05/2009	LAOSC Novice Meet May 23 2009
2:52.03 S	F	200 IM	26/02/2009	2009 TAS BC AAA SC Championships
6:30.88 S	F	400 IM	17/01/2009	2009 Hyack Icebreaker Classic
Morgan Mark (15) W				
27.33 S	F	50 Free	26/02/2009	2009 TAS BC AAA SC Championships
58.78 S	F	100 Free	26/02/2009	2009 TAS BC AAA SC Championships
2:08.77 S	F	200 Free	30/01/2009	2009 TAS BC Sr Championships
4:40.93 S	F	400 Free	05/12/2008	Fastswim 2008
9:40.50 S	F	800 Free	05/12/2008	Fastswim 2008
32.81 S L	F	50 Back	26/02/2009	2009 TAS BC AAA SC Championships
1:10.96 S	F	100 Back	15/11/2008	LOSC 2nd Annual Short Course Invitational
2:32.32 S	P	200 Back	05/12/2008	Fastswim 2008
37.08 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009
1:23.50 S	F	100 Breast	17/01/2009	2009 Hyack Icebreaker Classic
2:58.88 S	F	200 Breast	17/01/2009	2009 Hyack Icebreaker Classic
30.06 S	F	50 Fly	09/07/2008	2008 LOSC Last Chance July TimeTrial
1:05.66 S	P	100 Fly	12/02/2009	2009 Speedo Western Canadian SC Championships
2:35.01 S	F	200 Fly	17/01/2009	2009 Hyack Icebreaker Classic
1:09.52 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009
2:27.19 S	F	200 IM	26/02/2009	2009 TAS BC AAA SC Championships
5:15.98 S	F	400 IM	26/02/2009	2009 TAS BC AAA SC Championships
Avery Martin (8) M				
32.15 S	F	25 Free	11/10/2008	October 11 IntraClub
47.48 S	F	50 Free	23/05/2009	LAOSC Novice Meet May 23 2009
2:00.58 S	F	100 Free	24/01/2009	LAOSC January 24 2009 Novice Meet
6:04.08 S	F	300 Free	23/05/2009	LAOSC Novice Meet May 23 2009
30.70 S	F	25 Back	11/10/2008	October 11 IntraClub
54.77 S	F	50 Back	18/04/2009	LAOSC Novice Meet April 18 2009
36.87 S	F	25 Breast	11/10/2008	October 11 IntraClub

Individual Top Times

Show Short Course Only

Time	P/F/S	Event		
Avery Martin (8) M				
1:13.35 S	F	50 Breast	18/04/2009	LAOSC Novice Meet April 18 2009
29.69 S	F	25 Fly	24/01/2009	LAOSC January 24 2009 Novice Meet
1:01.17 S	F	50 Fly	23/05/2009	LAOSC Novice Meet May 23 2009
2:20.20 S	F	100 IM	18/04/2009	LAOSC Novice Meet April 18 2009
4:41.18 S	F	200 IM	23/05/2009	LAOSC Novice Meet May 23 2009
Reece Martin (11) M				
46.59 S	F	50 Free	23/05/2009	LAOSC Novice Meet May 23 2009
1:58.07 S	F	100 Free	22/11/2008	November 22 2008 Novice Meet
5:56.21 S	F	300 Free	23/05/2009	LAOSC Novice Meet May 23 2009
57.25 S	F	50 Back	18/04/2009	LAOSC Novice Meet April 18 2009
1:07.53 S	F	50 Breast	23/05/2009	LAOSC Novice Meet May 23 2009
31.59 S	F	25 Fly	22/11/2008	November 22 2008 Novice Meet
1:07.13 S	F	50 Fly	23/05/2009	LAOSC Novice Meet May 23 2009
2:30.19 S	F	100 IM	24/01/2009	LAOSC January 24 2009 Novice Meet
4:29.32 S	F	200 IM	18/04/2009	LAOSC Novice Meet April 18 2009
Jake McBoyle (8) M				
1:08.28 S	F	50 Free	21/02/2009	LAOSC 10 & Under Meet
35.71 S	F	25 Back	21/02/2009	LAOSC 10 & Under Meet
42.50 S	F	25 Breast	11/10/2008	October 11 IntraClub
41.85 S	F	25 Fly	24/01/2009	LAOSC January 24 2009 Novice Meet
Madison McBoyle (10) W				
51.23 S	F	50 Free	11/10/2008	October 11 IntraClub
1:55.17 S	F	100 Free	11/10/2008	October 11 IntraClub
6:06.25 S	F	300 Free	21/02/2009	LAOSC 10 & Under Meet
59.43 S	F	50 Back	21/02/2009	LAOSC 10 & Under Meet
1:08.65 S	F	50 Breast	22/11/2008	November 22 2008 Novice Meet
1:03.79 S	F	50 Fly	24/01/2009	LAOSC January 24 2009 Novice Meet
2:21.50 S	F	100 IM	11/10/2008	October 11 IntraClub
4:22.38 S	F	200 IM	21/02/2009	LAOSC 10 & Under Meet
Hugh McNeill (6) M				
58.89 S	F	50 Free	18/04/2009	LAOSC Novice Meet April 18 2009
2:13.77 S	F	100 Free	18/04/2009	LAOSC Novice Meet April 18 2009
1:04.51 S	F	50 Back	18/04/2009	LAOSC Novice Meet April 18 2009
1:24.00 S	F	50 Breast	18/04/2009	LAOSC Novice Meet April 18 2009
1:27.95 S	F	50 Fly	18/04/2009	LAOSC Novice Meet April 18 2009
2:34.57 S	F	100 IM	18/04/2009	LAOSC Novice Meet April 18 2009
Hillary Metcalfe (11) W				
36.20 S	F	25 Free	18/11/2004	Best Times SCM
36.20 S	F	25 Free	18/10/2003	Langley Olympians Swim Club Intra Club Meet
30.27 S	F	50 Free	26/02/2009	2009 TAS BC AAA SC Championships
1:09.39 S	F	100 Free	26/02/2009	2009 TAS BC AAA SC Championships
1:09.39 S	F	100 Free	26/02/2009	2009 TAS BC AAA SC Championships
2:27.11 S	P	200 Free	26/02/2009	2009 TAS BC AAA SC Championships
5:24.50 S	F	300 Free	19/11/2005	LOSC November Novice Meet 2005
5:16.29 S	F	400 Free	26/02/2009	2009 TAS BC AAA SC Championships
11:18.43 S	F	800 Free	17/01/2009	2009 Hyack Icebreaker Classic
48.40 S	F	25 Back	18/11/2004	Best Times SCM
48.40 S	F	25 Back	07/06/2003	Langley Olympians Intra Club Meet
36.32 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009
1:16.83 S	F	100 Back	26/02/2009	2009 TAS BC AAA SC Championships
1:16.83 S	F	100 Back	26/02/2009	2009 TAS BC AAA SC Championships
2:48.20 S	F	200 Back	17/01/2009	2009 Hyack Icebreaker Classic
36.90 S	F	25 Breast	08/05/2004	Olympians Swimming Novice Invitational-3 05/04
36.90 S	F	25 Breast	18/11/2004	Best Times SCM
38.71 S	F	50 Breast	26/02/2009	2009 TAS BC AAA SC Championships
1:28.08 S	F	100 Breast	05/12/2008	Fastswim 2008
2:58.51 S	F	200 Breast	26/02/2009	2009 TAS BC AAA SC Championships
32.04 S	F	25 Fly	23/10/2004	Halloween Intra Club Meet - 2004/05

Individual Top Times

Show Short Course Only

Time	P/F/S	Event			
Hillary Metcalfe (11) W					
32.04 S	F	25 Fly	18/11/2004	Best Times SCM	
35.32 S	F	50 Fly	26/02/2009	2009 TAS BC AAA SC Championships	
35.32 S	F	50 Fly	26/02/2009	2009 TAS BC AAA SC Championships	
1:27.61 S	F	100 Fly	17/01/2009	2009 Hyack Icebreaker Classic	
3:18.52 S	F	200 Fly	17/01/2009	2009 Hyack Icebreaker Classic	
1:17.03 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:48.74 S	F	200 IM	26/02/2009	2009 TAS BC AAA SC Championships	
6:01.98 S	F	400 IM	17/01/2009	2009 Hyack Icebreaker Classic	
Martha Metcalfe (13) W					
28.60 S	F	25 Free	18/10/2003	Langley Olympians Swim Club Intra Club Meet	
28.60 S	F	25 Free	18/11/2004	Best Times SCM	
32.12 S L	F	50 Free	15/11/2008	LOSC 2nd Annual Short Course Invitational	
1:10.16 S	F	100 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:33.26 S	F	200 Free	17/01/2009	2009 Hyack Icebreaker Classic	
5:24.39 S	F	300 Free	28/05/2005	2005 May Novice Meet	
5:16.52 S	F	400 Free	17/01/2009	2009 Hyack Icebreaker Classic	
10:14.97 S	F	800 Free	26/02/2009	2009 TAS BC AAA SC Championships	
31.90 S	F	25 Back	18/11/2004	Best Times SCM	
31.90 S	F	25 Back	09/03/2003	Langley Olympians Intra Club Meet	
37.09 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:21.25 S	F	100 Back	15/11/2008	LOSC 2nd Annual Short Course Invitational	
2:48.64 S	F	200 Back	05/12/2008	Fastswim 2008	
36.40 S	F	25 Breast	08/05/2004	Olympians Swimming Novice Invitational-3 05/04	
36.40 S	F	25 Breast	18/11/2004	Best Times SCM	
39.83 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:27.52 S	F	100 Breast	08/02/2009	2009 LOSC February Challenge	
2:57.69 S	P	200 Breast	26/02/2009	2009 TAS BC AAA SC Championships	
28.40 S	F	25 Fly	18/11/2004	Best Times SCM	
28.40 S	F	25 Fly	19/06/2004	LOSC Year End Intra Meet June 2004	
34.35 S	F	50 Fly	08/02/2009	2009 LOSC February Challenge	
1:14.84 S	P	100 Fly	26/02/2009	2009 TAS BC AAA SC Championships	
2:46.12 S	P	200 Fly	26/02/2009	2009 TAS BC AAA SC Championships	
1:14.34 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:44.19 S	F	200 IM	08/11/2008	Fall into Finals 2008	
5:31.40 S	F	400 IM	26/02/2009	2009 TAS BC AAA SC Championships	
James Milne (11) M					
1:04.20 S	F	25 Free	18/10/2003	Langley Olympians Swim Club Intra Club Meet	
2:03.90 S	F	50 Free	18/10/2003	Langley Olympians Swim Club Intra Club Meet	
4:52.60 S	F	100 Free	18/10/2003	Langley Olympians Swim Club Intra Club Meet	
2:08.10 S	F	50 Back	06/12/2003	Langley Olympians Intra Club Meet	
1:08.30 S	F	25 Breast	31/01/2004	Olympians Swimming Novice Invitational-1 03/04	
1:14.00 S	F	25 Fly	18/10/2003	Langley Olympians Swim Club Intra Club Meet	
4:40.90 S	F	100 IM	18/10/2003	Langley Olympians Swim Club Intra Club Meet	
Erin Moloney (9) W					
36.03 S	F	25 Free	27/01/2007	2007 January Novice Meet	
46.71 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:46.31 S	F	100 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
5:39.90 S	F	300 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
39.29 S	F	25 Back	19/11/2006	2006 November Novice Meet	
54.55 S	F	50 Back	21/02/2009	LAOSC 10 & Under Meet	
53.60 S	F	25 Breast	16/12/2006	2006 December Intraclub Meet	
59.54 S	F	50 Breast	23/05/2009	LAOSC Novice Meet May 23 2009	
50.32 S	F	25 Fly	27/01/2007	2007 January Novice Meet	
55.13 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:50.04 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
3:56.60 S	F	200 IM	23/05/2009	LAOSC Novice Meet May 23 2009	
Ryan Moloney (13) M					
28.10 S	F	25 Free	18/11/2004	Best Times SCM	

Individual Top Times

Show Short Course Only

Time	P/F/S	Event			
Ryan Moloney (13) M					
28.10 S	F	25 Free	18/10/2003	Langley Olympians Swim Club Intra Club Meet	
29.93 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:03.67 S	F	100 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:23.43 S	P	200 Free	13/02/2009	BC AA Champs - 2009 SC	
2:23.43 S	F	200 Free	13/02/2009	BC AA Champs - 2009 SC	
5:35.46 S	F	300 Free	29/01/2005	2005 January Novice Meet	
5:02.19 S	F	400 Free	13/02/2009	BC AA Champs - 2009 SC	
20:05.29 S	F	1500 Free	05/12/2008	Fastswim 2008	
32.00 S	F	25 Back	09/03/2003	Langley Olympians Intra Club Meet	
32.00 S	F	25 Back	18/11/2004	Best Times SCM	
35.23 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:21.86 S	P	100 Back	15/11/2008	LOSC 2nd Annual Short Course Invitational	
2:56.09 S	F	200 Back	15/11/2008	LOSC 2nd Annual Short Course Invitational	
39.20 S	F	25 Breast	18/10/2003	Langley Olympians Swim Club Intra Club Meet	
39.20 S	F	25 Breast	18/11/2004	Best Times SCM	
45.03 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:37.79 S	P	100 Breast	15/11/2008	LOSC 2nd Annual Short Course Invitational	
3:30.72 S	F	200 Breast	17/01/2009	2009 Hyack Icebreaker Classic	
37.50 S	F	25 Fly	06/12/2003	Langley Olympians Intra Club Meet	
37.50 S	F	25 Fly	18/11/2004	Best Times SCM	
33.70 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:15.21 S	F	100 Fly	13/02/2009	BC AA Champs - 2009 SC	
2:51.24 S	F	200 Fly	13/02/2009	BC AA Champs - 2009 SC	
1:16.17 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:54.01 S	F	200 IM	25/10/2008	2008 VPSC Invitational	
5:52.90 S	F	400 IM	13/02/2009	BC AA Champs - 2009 SC	
Olivia Montgomery (18) W					
26.70 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
57.52 S	F	100 Free	28/02/2008	2008 TAS BC Provincial SC Championships	
2:00.72 S	F	200 Free	26/02/2009	2009 TAS BC AAA SC Championships	
4:16.93 S	F	400 Free	30/01/2009	2009 TAS BC Sr Championships	
8:55.14 S	F	800 Free	11/03/2009	2009 SNC Spring Nationals	
17:56.46 S	F	1500 Free	17/01/2009	2009 Hyack Icebreaker Classic	
30.89 S L	F	50 Back	26/02/2009	2009 TAS BC AAA SC Championships	
1:03.81 S	F	100 Back	26/02/2009	2009 TAS BC AAA SC Championships	
2:14.57 S	F	200 Back	26/02/2009	2009 TAS BC AAA SC Championships	
39.03 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:23.16 S	F	100 Breast	17/01/2009	2009 Hyack Icebreaker Classic	
2:59.55 S	F	200 Breast	17/01/2009	2009 Hyack Icebreaker Classic	
30.47 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:04.65 S	F	100 Fly	26/02/2009	2009 TAS BC AAA SC Championships	
2:22.38 S	F	200 Fly	26/02/2009	2009 TAS BC AAA SC Championships	
1:09.91 S	F	100 IM	11/10/2008	October 11 IntraClub	
2:25.84 S	F	200 IM	25/10/2008	2008 VPSC Invitational	
5:09.21 S	F	400 IM	15/11/2008	LOSC 2nd Annual Short Course Invitational	
Olivia Moore (9) W					
29.59 S	F	25 Free	21/02/2009	LAOSC 10 & Under Meet	
1:04.45 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
33.88 S	F	25 Back	18/04/2009	LAOSC Novice Meet April 18 2009	
38.67 S	F	25 Breast	24/01/2009	LAOSC January 24 2009 Novice Meet	
1:19.72 S	F	50 Breast	18/04/2009	LAOSC Novice Meet April 18 2009	
37.01 S	F	25 Fly	24/01/2009	LAOSC January 24 2009 Novice Meet	
Kimya Najafi (8) W					
27.36 S	F	25 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:02.29 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
30.50 S	F	25 Back	21/02/2009	LAOSC 10 & Under Meet	
37.90 S	F	25 Breast	21/02/2009	LAOSC 10 & Under Meet	
34.75 S	F	25 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:35.49 S	F	50 Fly	13/12/2008	December 13 IntraClub Meet	

Individual Top Times

Show Short Course Only

Time	P/F/S	Event		
Amy Nel (10) W				
45.83 S	F	50 Free	23/05/2009	LAOSC Novice Meet May 23 2009
2:01.06 S	F	100 Free	13/12/2008	December 13 IntraClub Meet
5:49.13 S	F	300 Free	23/05/2009	LAOSC Novice Meet May 23 2009
57.89 S	F	50 Back	23/05/2009	LAOSC Novice Meet May 23 2009
1:10.48 S	F	50 Breast	23/05/2009	LAOSC Novice Meet May 23 2009
57.19 S	F	50 Fly	23/05/2009	LAOSC Novice Meet May 23 2009
2:15.57 S	F	100 IM	11/10/2008	October 11 IntraClub
4:28.38 S	F	200 IM	23/05/2009	LAOSC Novice Meet May 23 2009
Sarah Nel (7) W				
33.13 S	F	25 Free	13/12/2008	December 13 IntraClub Meet
30.53 S	F	25 Back	13/12/2008	December 13 IntraClub Meet
45.97 S	F	25 Breast	13/12/2008	December 13 IntraClub Meet
47.43 S	F	25 Fly	13/12/2008	December 13 IntraClub Meet
Jessica Nemeth (8) W				
29.60 S	F	25 Free	24/01/2009	LAOSC January 24 2009 Novice Meet
1:02.71 S	F	50 Free	23/05/2009	LAOSC Novice Meet May 23 2009
31.53 S	F	25 Back	11/10/2008	October 11 IntraClub
1:05.43 S	F	50 Back	23/05/2009	LAOSC Novice Meet May 23 2009
50.12 S	F	25 Breast	24/01/2009	LAOSC January 24 2009 Novice Meet
1:14.89 S	F	50 Breast	23/05/2009	LAOSC Novice Meet May 23 2009
33.65 S	F	25 Fly	23/05/2009	LAOSC Novice Meet May 23 2009
2:45.27 S	F	100 IM	18/04/2009	LAOSC Novice Meet April 18 2009
Hunter Nixon (10) M				
25.74 S	F	25 Free	11/10/2008	October 11 IntraClub
1:00.69 S	F	50 Free	22/11/2008	November 22 2008 Novice Meet
2:31.51 S	F	100 Free	22/11/2008	November 22 2008 Novice Meet
31.59 S	F	25 Back	11/10/2008	October 11 IntraClub
1:15.28 S	F	50 Back	11/10/2008	October 11 IntraClub
1:08.88 S	F	50 Breast	24/01/2009	LAOSC January 24 2009 Novice Meet
34.27 S	F	25 Fly	22/11/2008	November 22 2008 Novice Meet
2:39.26 S	F	100 IM	24/01/2009	LAOSC January 24 2009 Novice Meet
Edmund Oh (11) M				
48.12 S	F	50 Free	13/12/2008	December 13 IntraClub Meet
1:57.65 S	F	100 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009
59.32 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009
57.50 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009
1:05.47 S	F	50 Fly	13/12/2008	December 13 IntraClub Meet
2:05.52 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009
Jiyoon Oh (19) W				
15.20 S	F	25 Free	18/11/2004	Best Times SCM
15.20 S	F	25 Free	18/10/2003	Langley Olympians Swim Club Intra Club Meet
29.03 S	P	50 Free	01/12/2006	Fastswim 2006
29.03 S	P	50 Free	02/02/2006	TAS BC AAA Provincial Championships
1:01.72 S	P	100 Free	01/03/2007	2007 TAS Provincial Short Course Champion
2:10.80 S L	F	200 Free	02/02/2006	TAS BC AAA Provincial Championships
4:35.40 S	F	400 Free	02/02/2006	TAS BC AAA Provincial Championships
9:33.06 S	F	800 Free	03/02/2005	2005 TAS AAA Championshipst
18:47.40 S	F	1500 Free	10/11/2006	Island Pacific Cup
20.40 S	F	25 Back	09/03/2003	Langley Olympians Intra Club Meet
20.40 S	F	25 Back	18/11/2004	Best Times SCM
35.21 S	F	50 Back	29/10/2005	2005 VPSC Invitational
1:16.10 S	P	100 Back	10/11/2006	Island Pacific Cup
2:39.94 S	F	200 Back	19/01/2008	Hyack 2008 Icebreaker
21.30 S	F	25 Breast	18/10/2003	Langley Olympians Swim Club Intra Club Meet
21.30 S	F	25 Breast	18/11/2004	Best Times SCM
40.46 S	F	50 Breast	18/12/2004	2004 Christmas Intra Club
1:26.25 S	F	100 Breast	29/10/2005	2005 VPSC Invitational
3:05.19 S	P	200 Breast	12/11/2004	Island Pacific Cup

Individual Top Times

Show Short Course Only

Time	P/F/S	Event			
Jiyoon Oh (19) W					
16.80 S	F	25 Fly	18/11/2004	Best Times SCM	
16.80 S	F	25 Fly	06/12/2003	Langley Olympians Intra Club Meet	
30.42 S	P	50 Fly	14/02/2008	2008 Speedo Western Canadian Championships	
1:06.29 S	F	100 Fly	01/12/2006	Fastswim 2006	
2:21.63 S	F	200 Fly	28/02/2008	2008 TAS BC Provincial SC Championships	
1:13.97 S	F	100 IM	16/12/2006	2006 December Intraclub Meet	
2:33.36 S	F	200 IM	10/12/2004	2004 PCS Christmas Cracker Meet	
5:20.75 S	F	400 IM	03/02/2005	2005 TAS AAA Championshipst	
Ryan Oppenlander (8) M					
27.84 S	F	25 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
59.94 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
27.67 S	F	25 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:01.83 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
36.67 S	F	25 Breast	23/05/2009	LAOSC Novice Meet May 23 2009	
36.60 S	F	25 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
Gabriel Peralta (8) M					
53.31 S	F	50 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
1:41.25 S	F	100 Free	11/10/2008	October 11 IntraClub	
58.59 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
51.23 S	F	25 Breast	11/10/2008	October 11 IntraClub	
1:08.60 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
41.67 S	F	25 Fly	11/10/2008	October 11 IntraClub	
1:14.68 S	F	50 Fly	23/05/2009	LAOSC Novice Meet May 23 2009	
2:33.21 S	F	100 IM	21/02/2009	LAOSC 10 & Under Meet	
4:43.90 S	F	200 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
Sarah Podgornik (13) W					
27.73 S	F	25 Free	19/11/2005	LOSC November Novice Meet 2005	
41.73 S	F	50 Free	13/12/2008	December 13 IntraClub Meet	
1:57.03 S	F	100 Free	27/01/2007	2007 January Novice Meet	
5:11.24 S	F	200 Free	27/05/2006	2006 LOSC May 10+under Meet	
5:20.90 S	F	300 Free	13/12/2008	December 13 IntraClub Meet	
51.31 S	F	50 Back	13/12/2008	December 13 IntraClub Meet	
42.07 S	F	25 Breast	17/12/2005	December Intraclub Meet 2005	
54.47 S	F	50 Breast	13/12/2008	December 13 IntraClub Meet	
46.97 S	F	50 Fly	13/12/2008	December 13 IntraClub Meet	
1:56.66 S	F	100 IM	21/04/2007	2007 LAOSC April Novice Meet	
3:44.69 S	F	200 IM	13/12/2008	December 13 IntraClub Meet	
Kyle Polednik (17) M					
18.10 S	F	25 Free	08/02/2003	Langley Olympians Intra Club Meet	
24.31 S	S	50 Free	05/12/2008	Fastswim 2008	
53.70 S	P	100 Free	26/02/2009	2009 TAS BC AAA SC Championships	
2:03.00 S	P	200 Free	26/02/2009	2009 TAS BC AAA SC Championships	
5:50.70 S	F	300 Free	27/04/2002	Langley Olympians Novice Meet	
5:50.70 S	F	300 Free	18/11/2004	Best Times SCM	
4:15.80 S	P	400 Free	26/02/2009	2009 TAS BC AAA SC Championships	
18:21.69 S	T	1500 Free	04/11/2007	Hyack Distance Time Trial	
18:21.69 S	T	1500 Free	04/11/2007	Distance Time Trial	
20.40 S	F	25 Back	18/11/2004	Best Times SCM	
20.40 S	F	25 Back	07/06/2003	Langley Olympians Intra Club Meet	
29.56 S	P	50 Back	14/02/2008	2008 Speedo Western Canadian Championships	
1:04.53 S	P	100 Back	14/02/2008	2008 Speedo Western Canadian Championships	
2:19.18 S	P	200 Back	26/02/2009	2009 TAS BC AAA SC Championships	
26.40 S	F	25 Breast	18/11/2004	Best Times SCM	
26.40 S	F	25 Breast	08/02/2003	Langley Olympians Intra Club Meet	
34.42 S	F	50 Breast	25/10/2008	2008 VPSC Invitational	
1:17.08 S	P	100 Breast	15/11/2008	LOSC 2nd Annual Short Course Invitational	
2:54.15 S	F	200 Breast	17/11/2007	Langley Olympians Remembrance Swim Meet	
19.80 S	F	25 Fly	07/06/2003	Langley Olympians Intra Club Meet	

Individual Top Times

Show Short Course Only

Time	P/F/S	Event			
Kyle Polednik (17) M					
19.80 S	F	25 Fly	18/11/2004	Best Times SCM	
28.99 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:05.01 S	P	100 Fly	15/11/2008	LOSC 2nd Annual Short Course Invitational	
2:35.22 S	F	200 Fly	15/11/2008	LOSC 2nd Annual Short Course Invitational	
1:06.23 S	F	100 IM	11/10/2008	October 11 IntraClub	
2:26.89 S	F	200 IM	25/10/2008	2008 VPSC Invitational	
5:07.09 S	P	400 IM	28/02/2008	2008 TAS BC Provincial SC Championships	
Chelsey Salli (17) W					
15.70 S	F	25 Free	18/10/2003	Langley Olympians Swim Club Intra Club Meet	
15.70 S	F	25 Free	18/11/2004	Best Times SCM	
27.65 S L	F	50 Free	28/02/2008	2008 TAS BC Provincial SC Championships	
59.54 S	P	100 Free	28/02/2008	2008 TAS BC Provincial SC Championships	
2:09.23 S S	S	200 Free	01/03/2007	2007 TAS Provincial Short Course Champion	
4:27.34 S	P	400 Free	28/02/2008	2008 TAS BC Provincial SC Championships	
9:12.53 S	F	800 Free	13/01/2008	Distance Time Trial 2	
18.00 S	F	25 Back	18/11/2004	Best Times SCM	
18.00 S	F	25 Back	07/12/2002	Langley Olympian Swim Club Intra Club Meet	
29.91 S	P	50 Back	12/02/2009	2009 Speedo Western Canadian SC Championships	
1:02.89 S	P	100 Back	11/03/2009	2009 SNC Spring Nationals	
2:12.08 S	P	200 Back	11/03/2009	2009 SNC Spring Nationals	
20.00 S	F	25 Breast	18/11/2004	Best Times SCM	
20.00 S	F	25 Breast	18/10/2003	Langley Olympians Swim Club Intra Club Meet	
32.02 S	P	50 Breast	11/03/2009	2009 SNC Spring Nationals	
1:08.04 S	F	100 Breast	11/03/2009	2009 SNC Spring Nationals	
2:25.94 S	F	200 Breast	11/03/2009	2009 SNC Spring Nationals	
17.00 S	F	25 Fly	18/11/2004	Best Times SCM	
17.00 S	F	25 Fly	07/06/2003	Langley Olympians Intra Club Meet	
30.44 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:05.74 S	F	100 Fly	15/11/2008	LOSC 2nd Annual Short Course Invitational	
2:29.73 S	P	200 Fly	28/02/2008	2008 TAS BC Provincial SC Championships	
1:04.95 S	F	100 IM	28/11/2008	2008 Canada Cup	
2:15.92 S	F	200 IM	12/02/2009	2009 Speedo Western Canadian SC Championships	
2:15.92 S	F	200 IM	14/02/2008	2008 Speedo Western Canadian Championships	
4:46.97 S	P	400 IM	07/12/2007	2007 Paul Bergen Junior International Champs	
Adam Schmidt (6) M					
37.29 S	F	25 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
36.70 S	F	25 Back	18/04/2009	LAOSC Novice Meet April 18 2009	
51.43 S	F	25 Breast	18/04/2009	LAOSC Novice Meet April 18 2009	
54.67 S	F	25 Fly	18/04/2009	LAOSC Novice Meet April 18 2009	
Nicole Schmidt (9) W					
35.09 S	F	25 Free	09/06/2007	june intra club	
45.36 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:06.58 S	F	100 Free	21/02/2009	LAOSC 10 & Under Meet	
5:55.73 S	F	300 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
38.39 S	F	25 Back	14/10/2006	2006 October Intraclub	
59.33 S	F	50 Back	21/02/2009	LAOSC 10 & Under Meet	
39.37 S	F	25 Breast	09/06/2007	june intra club	
57.85 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
44.09 S	F	25 Fly	09/06/2007	june intra club	
1:01.61 S	F	50 Fly	23/05/2009	LAOSC Novice Meet May 23 2009	
2:06.34 S	F	100 IM	23/05/2009	LAOSC Novice Meet May 23 2009	
4:12.97 S	F	200 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
Justin Schramm (11) M					
33.81 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:13.34 S	F	100 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:44.84 S	F	200 Free	13/02/2009	BC AA Champs - 2009 SC	
5:36.29 S	F	300 Free	15/12/2007	2007 L/A OSC December Intraclub #2	
6:03.24 S	F	400 Free	17/01/2009	2009 Hyack Icebreaker Classic	

Individual Top Times

Show Short Course Only

Time	P/F/S	Event			
Justin Schramm (11) M					
25:19.74 S	F	1500 Free	17/01/2009	2009 Hyack Icebreaker Classic	
40.77 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:35.76 S	F	100 Back	17/01/2009	2009 Hyack Icebreaker Classic	
3:28.38 S	F	200 Back	17/01/2009	2009 Hyack Icebreaker Classic	
44.58 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:39.61 S	F	100 Breast	13/02/2009	BC AA Champs - 2009 SC	
3:46.15 S	F	200 Breast	17/01/2009	2009 Hyack Icebreaker Classic	
36.60 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:26.25 S	F	100 Fly	13/02/2009	BC AA Champs - 2009 SC	
3:22.86 S	F	200 Fly	13/02/2009	BC AA Champs - 2009 SC	
1:22.35 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
3:07.35 S	F	200 IM	13/02/2009	BC AA Champs - 2009 SC	
6:53.43 S	F	400 IM	17/01/2009	2009 Hyack Icebreaker Classic	
Pearl Schramm (8) W					
53.08 S	F	25 Free	13/10/2007	2007 L/A OSC October Intraclub #1	
1:11.43 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:38.19 S	F	100 Free	24/01/2009	LAOSC January 24 2009 Novice Meet	
40.09 S	F	25 Back	15/12/2007	2007 L/A OSC December Intraclub #2	
1:16.00 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
49.88 S	F	25 Breast	15/12/2007	2007 L/A OSC December Intraclub #2	
1:09.20 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
49.69 S	F	25 Fly	11/10/2008	October 11 IntraClub	
1:37.41 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:31.30 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
Mackenzie Sheen (8) W					
26.05 S	F	25 Free	22/11/2008	November 22 2008 Novice Meet	
1:02.49 S	F	50 Free	18/04/2009	LAOSC Novice Meet April 18 2009	
29.42 S	F	25 Back	18/04/2009	LAOSC Novice Meet April 18 2009	
38.71 S	F	25 Breast	21/02/2009	LAOSC 10 & Under Meet	
41.02 S	F	25 Fly	14/06/2008	2008 L/A OSC June Intraclub	
McCallum Slade (10) M					
24.40 S	F	25 Free	11/10/2008	October 11 IntraClub	
50.65 S	F	50 Free	24/01/2009	LAOSC January 24 2009 Novice Meet	
2:04.54 S	F	100 Free	13/12/2008	December 13 IntraClub Meet	
28.27 S	F	25 Back	11/10/2008	October 11 IntraClub	
38.73 S	F	25 Breast	24/01/2009	LAOSC January 24 2009 Novice Meet	
32.12 S	F	25 Fly	24/01/2009	LAOSC January 24 2009 Novice Meet	
2:28.17 S	F	100 IM	13/12/2008	December 13 IntraClub Meet	
Nevena Solar (9) W					
26.35 S	F	25 Free	24/01/2009	LAOSC January 24 2009 Novice Meet	
1:04.57 S	F	50 Free	24/01/2009	LAOSC January 24 2009 Novice Meet	
29.56 S	F	25 Back	18/04/2009	LAOSC Novice Meet April 18 2009	
1:10.76 S	F	50 Back	23/05/2009	LAOSC Novice Meet May 23 2009	
35.97 S	F	25 Breast	22/11/2008	November 22 2008 Novice Meet	
1:23.48 S	F	50 Breast	23/05/2009	LAOSC Novice Meet May 23 2009	
31.59 S	F	25 Fly	18/04/2009	LAOSC Novice Meet April 18 2009	
April St. Pierre (8) W					
43.60 S	F	25 Free	19/04/2008	2008 LAOSC April Novice Meet #1	
1:08.72 S	F	50 Free	18/04/2009	LAOSC Novice Meet April 18 2009	
2:37.04 S	F	100 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
45.56 S	F	25 Back	19/04/2008	2008 LAOSC April Novice Meet #1	
1:17.53 S	F	50 Back	21/02/2009	LAOSC 10 & Under Meet	
1:08.07 S	F	25 Breast	19/04/2008	2008 LAOSC April Novice Meet #1	
1:10.69 S	F	50 Breast	23/05/2009	LAOSC Novice Meet May 23 2009	
45.13 S	F	25 Fly	22/11/2008	November 22 2008 Novice Meet	
1:23.57 S	F	50 Fly	23/05/2009	LAOSC Novice Meet May 23 2009	
2:39.66 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
Cole Stewart (18) M					

Individual Top Times

Show Short Course Only

Time	P/F/S	Event			
Cole Stewart (18) M					
16.80 S	F	25 Free	18/10/2003	Langley Olympians Swim Club Intra Club Meet	
16.80 S	F	25 Free	18/11/2004	Best Times SCM	
27.38 S	P	50 Free	05/12/2008	Fastswim 2008	
58.60 S	P	100 Free	05/12/2008	Fastswim 2008	
1:59.33 S L	F	200 Free	14/02/2008	2008 Speedo Western Canadian Championships	
4:10.75 S	P	400 Free	14/02/2008	2008 Speedo Western Canadian Championships	
8:34.62 S	F	800 Free	14/02/2008	2008 Speedo Western Canadian Championships	
16:16.58 S	F	1500 Free	28/02/2008	2008 TAS BC Provincial SC Championships	
20.20 S	F	25 Back	07/06/2003	Langley Olympians Intra Club Meet	
20.20 S	F	25 Back	18/11/2004	Best Times SCM	
20.20 S	F	25 Back	09/03/2003	Langley Olympians Intra Club Meet	
34.11 S	F	50 Back	10/06/2006	2006 June Intraclub-Novice Meet	
1:09.43 S	F	100 Back	20/01/2007	IcebreakClassic2007	
2:24.71 S	P	200 Back	01/03/2007	2007 TAS Provincial Short Course Champion	
20.10 S	F	25 Breast	18/10/2003	Langley Olympians Swim Club Intra Club Meet	
20.10 S	F	25 Breast	18/11/2004	Best Times SCM	
35.94 S	F	50 Breast	16/12/2006	2006 December Intraclub Meet	
1:17.78 S	P	100 Breast	17/11/2007	Langley Olympians Remembrance Swim Meet	
2:35.59 S	P	200 Breast	14/02/2008	2008 Speedo Western Canadian Championships	
18.20 S	F	25 Fly	06/12/2003	Langley Olympians Intra Club Meet	
18.20 S	F	25 Fly	18/11/2004	Best Times SCM	
32.30 S	F	50 Fly	27/10/2007	2007 VPSC Invitational	
1:07.56 S	F	100 Fly	19/01/2008	Hyack 2008 Icebreaker	
2:24.89 S	P	200 Fly	01/03/2007	2007 TAS Provincial Short Course Champion	
1:09.23 S	F	100 IM	16/12/2006	2006 December Intraclub Meet	
2:18.87 S	P	200 IM	26/02/2009	2009 TAS BC AAA SC Championships	
4:51.65 S	P	400 IM	14/02/2008	2008 Speedo Western Canadian Championships	
Jimmy Stewart (16) M					
28.07 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:03.29 S	F	100 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:14.43 S	F	200 Free	13/02/2009	BC AA Champs - 2009 SC	
5:37.69 S	F	300 Free	19/11/2005	LOSC November Novice Meet 2005	
4:57.71 S	P	400 Free	15/11/2008	LOSC 2nd Annual Short Course Invitational	
12:43.43 S	F	800 Free	09/12/2006	SFU-SFA December LMR swim meet	
19:01.30 S	F	1500 Free	13/02/2009	BC AA Champs - 2009 SC	
32.29 S	F	50 Back	05/12/2008	Fastswim 2008	
1:09.23 S	F	100 Back	05/12/2008	Fastswim 2008	
2:28.45 S	F	200 Back	13/02/2009	BC AA Champs - 2009 SC	
37.58 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:26.48 S	P	100 Breast	15/11/2008	LOSC 2nd Annual Short Course Invitational	
3:10.10 S	F	200 Breast	15/11/2008	LOSC 2nd Annual Short Course Invitational	
27.51 S	F	25 Fly	15/10/2005	October Intraclub Meet 2005	
33.36 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:20.06 S	P	100 Fly	15/11/2008	LOSC 2nd Annual Short Course Invitational	
4:01.30 S	F	200 Fly	18/11/2006	Chilliwack LMR 2006	
1:10.77 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:33.23 S	F	200 IM	13/02/2009	BC AA Champs - 2009 SC	
5:47.31 S	P	400 IM	15/11/2008	LOSC 2nd Annual Short Course Invitational	
Sage Sturgeon (17) M					
17.40 S	F	25 Free	18/11/2004	Best Times SCM	
17.40 S	F	25 Free	08/02/2003	Langley Olympians Intra Club Meet	
24.61 S	F	50 Free	26/02/2009	2009 TAS BC AAA SC Championships	
54.46 S	P	100 Free	12/02/2009	2009 Speedo Western Canadian SC Championships	
1:57.43 S	P	200 Free	30/01/2009	2009 TAS BC Sr Championships	
4:10.89 S	F	400 Free	05/12/2008	Fastswim 2008	
8:43.47 S	F	800 Free	12/02/2009	2009 Speedo Western Canadian SC Championships	
16:54.40 S	F	1500 Free	26/02/2009	2009 TAS BC AAA SC Championships	
19.00 S	F	25 Back	09/03/2003	Langley Olympians Intra Club Meet	
19.00 S	F	25 Back	18/11/2004	Best Times SCM	

Individual Top Times

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Time	P/F/S	Event			
Sage Sturgeon (17) M					
28.42 S L	F	50 Back	26/02/2009	2009 TAS BC	AAA SC Championships
1:00.48 S	F	100 Back	26/02/2009	2009 TAS BC	AAA SC Championships
2:13.51 S	F	200 Back	05/12/2008	Fastswim 2008	
28.50 S	F	25 Breast	18/11/2004	Best Times	SCM
28.50 S	F	25 Breast	18/10/2003	Langley Olympians Swim Club	Intra Club Meet
28.50 S	F	25 Breast	08/02/2003	Langley Olympians	Intra Club Meet
35.66 S	F	50 Breast	25/10/2008	2008 VPSC	Invitational
1:14.35 S	F	100 Breast	15/11/2008	LOSC 2nd Annual	Short Course Invitational
3:11.89 S	F	200 Breast	20/01/2007	IcebreakeClassic2007	
19.80 S	F	25 Fly	07/12/2002	Langley Olympian Swim Club	Intra Club Meet
19.80 S	F	25 Fly	18/11/2004	Best Times	SCM
19.80 S	F	25 Fly	09/03/2003	Langley Olympians	Intra Club Meet
30.78 S	F	50 Fly	25/10/2008	2008 VPSC	Invitational
1:07.65 S	F	100 Fly	25/10/2008	2008 VPSC	Invitational
2:37.62 S	F	200 Fly	17/11/2007	Langley Olympians	Remembrance Swim Meet
1:07.88 S	F	100 IM	11/10/2008	October 11	IntraClub
2:19.61 S	P	200 IM	14/11/2008	2008 BC HighSchool	Championships
4:43.01 S	P	400 IM	26/02/2009	2009 TAS BC	AAA SC Championships
Kaitlin Syroid (8) W					
54.33 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet	June 27 2009
2:04.68 S	F	100 Free	27/06/2009	LAOSC IntraClub Meet	June 27 2009
1:07.06 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet	June 27 2009
1:30.01 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet	June 27 2009
1:18.25 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet	June 27 2009
2:39.33 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet	June 27 2009
Daniella Szalkai (17) W					
28.56 S	P	50 Free	12/12/2008	2008 OR Paul Bergen Jr.	International Champio
1:02.38 S	P	100 Free	05/12/2008	Fastswim 2008	
2:14.19 S	P	200 Free	30/01/2009	2009 TAS BC Sr	Championships
4:41.81 S	P	400 Free	14/02/2008	2008 Speedo Western	Canadian Championships
9:27.54 S	F	800 Free	05/12/2008	Fastswim 2008	
35.08 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet	June 27 2009
1:16.01 S	P	100 Back	15/11/2008	LOSC 2nd Annual	Short Course Invitational
2:39.11 S	F	200 Back	01/12/2006	Fastswim 2006	
41.20 S	F	50 Breast	25/10/2008	2008 VPSC	Invitational
1:28.44 S	F	100 Breast	17/01/2009	2009 Hyack Icebreaker	Classic
3:07.88 S	F	200 Breast	17/01/2009	2009 Hyack Icebreaker	Classic
29.76 S	P	50 Fly	11/03/2009	2009 SNC Spring	Nationals
1:03.96 S	P	100 Fly	11/03/2009	2009 SNC Spring	Nationals
2:16.27 S	F	200 Fly	11/03/2009	2009 SNC Spring	Nationals
1:13.77 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet	June 27 2009
2:34.23 S	P	200 IM	07/12/2007	2007 PCS Xmas	Cracker Invitational
5:18.08 S	F	400 IM	07/12/2007	2007 PCS Xmas	Cracker Invitational
Gabriella Szalkai (10) W					
25.10 S	F	25 Free	15/12/2007	2007 L/A OSC	December Intraclub #2
45.97 S	F	50 Free	14/06/2008	2008 L/A OSC	June Intraclu
2:09.03 S	F	100 Free	11/10/2008	October 11	IntraClub
3:39.22 S	P	200 Free	05/06/2009	2009 LMR DYNAMO	SUMMER CHAMPIONSHIP
5:33.48 S	F	300 Free	23/05/2009	LAOSC Novice Meet	May 23 2009
7:32.94 S	F	400 Free	05/06/2009	2009 LMR DYNAMO	SUMMER CHAMPIONSHIP
34.84 S	F	25 Back	15/12/2007	2007 L/A OSC	December Intraclub #2
52.86 S	F	50 Back	21/02/2009	LAOSC 10 & Under	Meet
1:48.25 S	P	100 Back	05/06/2009	2009 LMR DYNAMO	SUMMER CHAMPIONSHIP
3:54.68 S	P	200 Back	05/06/2009	2009 LMR DYNAMO	SUMMER CHAMPIONSHIP
47.44 S	F	25 Breast	13/10/2007	2007 L/A OSC	October Intraclub #1
59.25 S	F	50 Breast	21/02/2009	LAOSC 10 & Under	Meet
2:03.12 S	P	100 Breast	05/06/2009	2009 LMR DYNAMO	SUMMER CHAMPIONSHIP
4:17.60 S	P	200 Breast	05/06/2009	2009 LMR DYNAMO	SUMMER CHAMPIONSHIP
34.80 S	F	25 Fly	15/12/2007	2007 L/A OSC	December Intraclub #2

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Show Short Course Only

Time	P/F/S	Event			
Gabriella Szalkai (10) W					
55.89 S	F	50 Fly	18/04/2009	LAOSC Novice Meet April 18 2009	
1:54.53 S	F	100 IM	18/04/2009	LAOSC Novice Meet April 18 2009	
3:55.38 S	F	200 IM	21/02/2009	LAOSC 10 & Under Meet	
Charlie Tapp (19) M					
22.96 S	P	50 Free	07/12/2007	2007 Paul Bergen Junior International Champs	
51.24 S L	F	100 Free	14/02/2008	2008 Speedo Western Canadian Championships	
1:55.75 S	F	200 Free	15/02/2007	2007 Speedo Western Canadian C	
4:13.17 S	F	400 Free	28/02/2008	2008 TAS BC Provincial SC Championships	
17:31.75 S	F	1500 Free	11/11/2005	Island Pacific Cup	
14.80 S	F	25 Back	07/06/2003	Langley Olympians Intra Club Meet	
14.80 S	F	25 Back	18/11/2004	Best Times SCM	
26.61 S	F	50 Back	24/11/2006	2006 Bell Grand Prix	
58.01 S	F	100 Back	07/12/2007	2007 Paul Bergen Junior International Champs	
2:08.46 S	P	200 Back	24/11/2006	2006 Bell Grand Prix	
31.78 S	F	50 Breast	14/06/2008	2008 L/A OSC June Intraclu	
1:08.45 S	F	100 Breast	28/02/2008	2008 TAS BC Provincial SC Championships	
2:41.80 S	F	200 Breast	20/01/2007	IcebreakeClassic2007	
13.40 S	F	25 Fly	18/11/2004	Best Times SCM	
13.40 S	F	25 Fly	09/03/2003	Langley Olympians Intra Club Meet	
25.66 S	F	50 Fly	14/02/2008	2008 Speedo Western Canadian Championships	
58.60 S	F	100 Fly	28/02/2008	2008 TAS BC Provincial SC Championships	
2:23.62 S	F	200 Fly	20/01/2007	IcebreakeClassic2007	
1:01.59 S	F	100 IM	16/12/2006	2006 December Intraclub Meet	
2:10.55 S	P	200 IM	28/02/2008	2008 TAS BC Provincial SC Championships	
4:46.39 S	P	400 IM	01/03/2007	2007 TAS Provincial Short Course Champion	
Jake Tapp (20) M					
12.30 S	F	25 Free	18/10/2003	Langley Olympians Swim Club Intra Club Meet	
12.30 S	F	25 Free	18/11/2004	Best Times SCM	
23.60 S	F	50 Free	16/02/2006	Western SC Champs 2006	
51.57 S	F	100 Free	09/12/2005	2005 OR Paul Bergen Jr. Int'l Championship	
1:54.39 S	F	200 Free	09/12/2005	2005 OR Paul Bergen Jr. Int'l Championship	
4:09.91 S	F	400 Free	02/02/2006	TAS BC AAA Provincial Championships	
16:56.36 S	F	1500 Free	11/11/2005	Island Pacific Cup	
13.80 S	F	25 Back	19/10/2002	LOSC Intra Club	
13.80 S	F	25 Back	18/11/2004	Best Times SCM	
26.01 S L	F	50 Back	16/02/2006	Western SC Champs 2006	
55.02 S L	F	100 Back	09/12/2005	2005 OR Paul Bergen Jr. Int'l Championship	
1:59.78 S	F	200 Back	09/12/2005	2005 OR Paul Bergen Jr. Int'l Championship	
15.80 S	F	25 Breast	18/11/2004	Best Times SCM	
15.80 S	F	25 Breast	18/10/2003	Langley Olympians Swim Club Intra Club Meet	
32.51 S	F	50 Breast	11/06/2005	2005 June Intraclub Meet	
1:07.52 S	F	100 Breast	02/02/2006	TAS BC AAA Provincial Championships	
2:41.12 S	F	200 Breast	22/01/2005	Icebreaker Classic	
12.30 S	F	25 Fly	06/12/2003	Langley Olympians Intra Club Meet	
12.30 S	F	25 Fly	18/11/2004	Best Times SCM	
25.84 S	F	50 Fly	16/02/2006	Western SC Champs 2006	
57.14 S	F	100 Fly	16/02/2006	Western SC Champs 2006	
2:18.07 S	F	200 Fly	22/01/2005	Icebreaker Classic	
1:01.63 S	F	100 IM	11/06/2005	2005 June Intraclub Meet	
2:05.97 S	F	200 IM	02/02/2006	TAS BC AAA Provincial Championships	
4:33.35 S	F	400 IM	02/02/2006	TAS BC AAA Provincial Championships	
Brennen Taylor (13) M					
29.14 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:04.12 S	F	100 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:21.07 S	F	200 Free	13/02/2009	BC AA Champs - 2009 SC	
4:56.97 S	F	300 Free	10/11/2007	2007 L/A OSC November Novice #2	
5:06.46 S	F	400 Free	09/05/2009	SFU-WVOSC 2009 LMR	
19:55.23 S	F	1500 Free	09/05/2009	SFU-WVOSC 2009 LMR	
36.01 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	

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Show Short Course Only

Time	P/F/S	Event			
Brennen Taylor (13) M					
1:18.30 S	P	100 Back	13/02/2009	BC AA Champs - 2009 SC	
2:48.95 S	P	200 Back	05/12/2008	Fastswim 2008	
40.69 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:31.93 S	P	100 Breast	15/11/2008	LOSC 2nd Annual Short Course Invitational	
3:08.37 S	P	200 Breast	13/02/2009	BC AA Champs - 2009 SC	
38.17 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:38.49 S	F	100 Fly	17/01/2009	2009 Hyack Icebreaker Classic	
3:39.40 S	F	200 Fly	17/01/2009	2009 Hyack Icebreaker Classic	
1:15.15 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:54.29 S	F	200 IM	09/05/2009	SFU-WVOSC 2009 LMR	
6:36.66 S	P	400 IM	15/11/2008	LOSC 2nd Annual Short Course Invitational	
Liam Taylor (10) M					
38.29 S	P	50 Free	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
1:26.51 S	F	100 Free	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
3:02.09 S	F	200 Free	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
5:31.55 S	F	300 Free	24/01/2009	LAOSC January 24 2009 Novice Meet	
6:41.16 S	F	400 Free	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
48.85 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:39.82 S	F	100 Back	09/05/2009	SFU-WVOSC 2009 LMR	
3:27.25 S	F	200 Back	05/06/2009	2009 LMR DYNAMO SUMMER CHAMPIONSHIP	
57.76 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:08.04 S	F	100 Breast	09/05/2009	SFU-WVOSC 2009 LMR	
27.68 S	F	25 Fly	11/10/2008	October 11 IntraClub	
55.54 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:02.42 S	F	100 Fly	09/05/2009	SFU-WVOSC 2009 LMR	
1:43.06 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
3:38.30 S	F	200 IM	09/05/2009	SFU-WVOSC 2009 LMR	
Trista Tetreault (10) W					
31.54 S	F	50 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:10.78 S	F	100 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:40.59 S	P	200 Free	05/12/2008	Fastswim 2008	
5:30.20 S	F	300 Free	10/11/2007	2007 L/A OSC November Novice #2	
5:30.09 S	F	400 Free	26/02/2009	2009 TAS BC AAA SC Championships	
12:18.45 S	F	800 Free	08/11/2008	Fall into Finals 2008	
37.47 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:21.17 S	F	100 Back	26/02/2009	2009 TAS BC AAA SC Championships	
1:21.17 S	F	100 Back	26/02/2009	2009 TAS BC AAA SC Championships	
2:57.50 S	P	200 Back	05/12/2008	Fastswim 2008	
42.23 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:33.69 S	P	100 Breast	05/12/2008	Fastswim 2008	
3:23.38 S	F	200 Breast	08/02/2009	2009 LOSC February Challenge	
36.67 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:33.21 S	F	100 Fly	25/10/2008	2008 VPSC Invitational	
1:18.38 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:53.40 S	F	200 IM	26/02/2009	2009 TAS BC AAA SC Championships	
6:38.89 S	F	400 IM	08/11/2008	Fall into Finals 2008	
Kate Thomson (14) W					
29.51 S L	F	50 Free	07/12/2007	2007 PCS Xmas Cracker Invitational	
1:03.43 S	P	100 Free	26/02/2009	2009 TAS BC AAA SC Championships	
2:15.29 S	F	200 Free	26/02/2009	2009 TAS BC AAA SC Championships	
5:04.11 S	F	300 Free	28/05/2005	2005 May Novice Meet	
4:48.75 S	F	400 Free	28/02/2008	2008 TAS BC Provincial SC Championships	
9:45.44 S	F	800 Free	28/02/2008	2008 TAS BC Provincial SC Championships	
18:40.91 S	F	1500 Free	05/12/2008	Fastswim 2008	
34.93 S L	F	50 Back	07/12/2007	2007 PCS Xmas Cracker Invitational	
1:13.19 S	F	100 Back	05/12/2008	Fastswim 2008	
2:34.69 S	P	200 Back	26/02/2009	2009 TAS BC AAA SC Championships	
35.43 S	P	50 Breast	12/02/2009	2009 Speedo Western Canadian SC Championships	
1:17.18 S	F	100 Breast	26/02/2009	2009 TAS BC AAA SC Championships	

Individual Top Times

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Time	P/F/S	Event		
Kate Thomson (14) W				
2:44.64 S	P	200 Breast	12/02/2009	2009 Speedo Western Canadian SC Championships
33.16 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009
1:17.21 S	F	100 Fly	15/11/2008	LOSC 2nd Annual Short Course Invitational
2:45.53 S	P	200 Fly	08/11/2008	Fall into Finals 2008
1:10.29 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009
2:26.46 S	P	200 IM	26/02/2009	2009 TAS BC AAA SC Championships
5:07.32 S	F	400 IM	26/02/2009	2009 TAS BC AAA SC Championships
Alicia Tobin (13) W				
40.41 S	F	50 Free	13/12/2008	December 13 IntraClub Meet
1:37.87 S	F	100 Free	13/12/2008	December 13 IntraClub Meet
51.21 S	F	50 Back	13/12/2008	December 13 IntraClub Meet
54.99 S	F	50 Breast	13/12/2008	December 13 IntraClub Meet
54.00 S	F	50 Fly	13/12/2008	December 13 IntraClub Meet
1:49.82 S	F	100 IM	13/12/2008	December 13 IntraClub Meet
Ilian Urquidi (11) W				
34.50 S	F	50 Free	13/12/2008	December 13 IntraClub Meet
1:19.60 S	F	100 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009
2:59.42 S	F	200 Free	15/11/2008	LOSC 2nd Annual Short Course Invitational
5:25.00 S	F	300 Free	21/04/2007	2007 LAOSC April Novice Meet
6:12.03 S	P	400 Free	13/02/2009	BC AA Champs - 2009 SC
13:10.95 S	F	800 Free	08/11/2008	Fall into Finals 2008
41.05 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009
1:31.30 S	P	100 Back	13/02/2009	BC AA Champs - 2009 SC
3:06.07 S	F	200 Back	09/05/2009	SFU-WVOSC 2009 LMR
47.03 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009
1:39.24 S	F	100 Breast	17/01/2009	2009 Hyack Icebreaker Classic
3:33.34 S	F	200 Breast	09/05/2009	SFU-WVOSC 2009 LMR
42.23 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009
1:38.61 S	F	100 Fly	25/10/2008	2008 VPSC Invitational
3:51.67 S	F	200 Fly	17/01/2009	2009 Hyack Icebreaker Classic
1:29.18 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009
3:14.51 S	F	200 IM	09/05/2009	SFU-WVOSC 2009 LMR
7:01.97 S	F	400 IM	17/01/2009	2009 Hyack Icebreaker Classic
Paula Urquidi (8) W				
51.64 S	F	50 Free	23/05/2009	LAOSC Novice Meet May 23 2009
2:06.30 S	F	100 Free	18/04/2009	LAOSC Novice Meet April 18 2009
6:05.46 S	F	300 Free	23/05/2009	LAOSC Novice Meet May 23 2009
59.89 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009
1:05.83 S	F	50 Breast	23/05/2009	LAOSC Novice Meet May 23 2009
1:04.33 S	F	50 Fly	23/05/2009	LAOSC Novice Meet May 23 2009
2:12.63 S	F	100 IM	21/02/2009	LAOSC 10 & Under Meet
4:21.17 S	F	200 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009
Jessica Vidovic (10) W				
1:00.83 S	F	50 Free	18/04/2009	LAOSC Novice Meet April 18 2009
2:11.77 S	F	100 Free	18/04/2009	LAOSC Novice Meet April 18 2009
34.01 S	F	25 Back	24/01/2009	LAOSC January 24 2009 Novice Meet
1:03.42 S	F	50 Back	21/02/2009	LAOSC 10 & Under Meet
37.90 S	F	25 Breast	13/12/2008	December 13 IntraClub Meet
1:15.77 S	F	50 Breast	18/04/2009	LAOSC Novice Meet April 18 2009
33.53 S	F	25 Fly	24/01/2009	LAOSC January 24 2009 Novice Meet
1:13.89 S	F	50 Fly	18/04/2009	LAOSC Novice Meet April 18 2009
2:20.57 S	F	100 IM	18/04/2009	LAOSC Novice Meet April 18 2009
Samantha Vidovic (7) W				
33.89 S	F	25 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009
38.79 S	F	25 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009
45.43 S	F	25 Breast	23/05/2009	LAOSC Novice Meet May 23 2009
47.49 S	F	25 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009
Trevor Voisey (10) M				

Individual Top Times

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Time	P/F/S	Event			
Trevor Voisey (10) M					
39.72 S	F	50 Free	21/02/2009	LAOSC 10 & Under Meet	
1:32.78 S	F	100 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009	
3:24.38 S	F	200 Free	09/05/2009	SFU-WVOSC 2009 LMR	
5:30.47 S	F	300 Free	24/01/2009	LAOSC January 24 2009 Novice Meet	
49.41 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009	
3:50.35 S	F	200 Back	09/05/2009	SFU-WVOSC 2009 LMR	
55.71 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:56.98 S	F	100 Breast	09/05/2009	SFU-WVOSC 2009 LMR	
4:08.99 S	F	200 Breast	09/05/2009	SFU-WVOSC 2009 LMR	
47.50 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:41.83 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
3:48.41 S	F	200 IM	09/05/2009	SFU-WVOSC 2009 LMR	
8:28.37 S	F	400 IM	21/02/2009	LAOSC 10 & Under Meet	
Alexa Von Steun (8) W					
33.57 S	F	25 Back	15/12/2007	2007 L/A OSC December Intraclub #2	
46.16 S	F	25 Breast	15/12/2007	2007 L/A OSC December Intraclub #2	
46.71 S	F	25 Fly	15/12/2007	2007 L/A OSC December Intraclub #2	
William Vosper (18) M					
26.83 S	P	50 Free	26/02/2009	2009 TAS BC AAA SC Championships	
58.03 S	P	100 Free	28/02/2008	2008 TAS BC Provincial SC Championships	
2:05.27 S	P	200 Free	28/02/2008	2008 TAS BC Provincial SC Championships	
5:33.50 S	F	300 Free	26/02/2005	2005 February Novice Meet	
4:24.27 S	P	400 Free	28/02/2008	2008 TAS BC Provincial SC Championships	
9:34.90 S	F	800 Free	17/01/2009	2009 Hyack Icebreaker Classic	
17:13.93 S	F	1500 Free	26/02/2009	2009 TAS BC AAA SC Championships	
31.59 S L	F	50 Back	07/12/2007	2007 PCS Xmas Cracker Invitational	
1:06.91 S	P	100 Back	28/02/2008	2008 TAS BC Provincial SC Championships	
2:21.40 S	P	200 Back	28/02/2008	2008 TAS BC Provincial SC Championships	
33.02 S	F	25 Breast	18/11/2004	Best Times SCM	
33.02 S	F	25 Breast	23/10/2004	Halloween Intra Club Meet - 2004/05	
37.23 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009	
1:20.20 S	P	100 Breast	17/11/2007	Langley Olympians Remembrance Swim Meet	
2:50.05 S	F	200 Breast	08/02/2009	2009 LOSC February Challenge	
20.49 S	F	25 Fly	20/11/2004	Novice Meet - 1 - 2004	
28.14 S	F	50 Fly	08/02/2009	2009 LOSC February Challenge	
1:01.06 S	F	100 Fly	08/02/2009	2009 LOSC February Challenge	
2:17.73 S	P	200 Fly	26/02/2009	2009 TAS BC AAA SC Championships	
1:08.67 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009	
2:27.86 S	P	200 IM	07/12/2007	2007 PCS Xmas Cracker Invitational	
5:06.99 S	P	400 IM	28/02/2008	2008 TAS BC Provincial SC Championships	
Lexi Ward (10) W					
46.60 S	F	50 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
1:45.72 S	F	100 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
6:16.64 S	F	300 Free	23/05/2009	LAOSC Novice Meet May 23 2009	
58.89 S	F	50 Back	14/06/2008	2008 L/A OSC June Intraclu	
50.58 S	F	25 Breast	09/06/2007	june intra club	
1:08.77 S	F	50 Breast	14/06/2008	2008 L/A OSC June Intraclu	
44.10 S	F	25 Fly	24/02/2007	2007 LAOSC February 10+under Meet #1	
1:02.73 S	F	50 Fly	18/04/2009	LAOSC Novice Meet April 18 2009	
2:06.46 S	F	100 IM	18/04/2009	LAOSC Novice Meet April 18 2009	
4:41.49 S	F	200 IM	23/05/2009	LAOSC Novice Meet May 23 2009	
Erica Won (8) W					
29.25 S	F	25 Free	22/11/2008	November 22 2008 Novice Meet	
56.21 S	F	50 Free	21/02/2009	LAOSC 10 & Under Meet	
2:16.32 S	F	100 Free	21/02/2009	LAOSC 10 & Under Meet	
59.04 S	F	50 Back	21/02/2009	LAOSC 10 & Under Meet	
43.73 S	F	25 Breast	22/11/2008	November 22 2008 Novice Meet	
1:24.71 S	F	50 Breast	21/02/2009	LAOSC 10 & Under Meet	

Individual Top Times

Show Short Course Only

Time	P/F/S	Event		
Erica Won (8) W				
39.92 S	F	25 Fly	22/11/2008	November 22 2008 Novice Meet
1:18.17 S	F	50 Fly	21/02/2009	LAOSC 10 & Under Meet
2:21.89 S	F	100 IM	21/02/2009	LAOSC 10 & Under Meet
Cameron Wood (12) M				
53.63 S	F	50 Free	24/01/2009	LAOSC January 24 2009 Novice Meet
2:05.10 S	F	100 Free	22/11/2008	November 22 2008 Novice Meet
1:04.89 S	F	50 Back	24/01/2009	LAOSC January 24 2009 Novice Meet
58.94 S	F	50 Breast	24/01/2009	LAOSC January 24 2009 Novice Meet
58.33 S	F	50 Fly	24/01/2009	LAOSC January 24 2009 Novice Meet
4:38.97 S	F	200 IM	24/01/2009	LAOSC January 24 2009 Novice Meet
Emma Woods (13) W				
45.38 S	F	50 Free	22/11/2008	November 22 2008 Novice Meet
1:42.03 S	F	100 Free	22/11/2008	November 22 2008 Novice Meet
51.53 S	F	50 Back	11/10/2008	October 11 IntraClub
57.57 S	F	50 Breast	22/11/2008	November 22 2008 Novice Meet
52.22 S	F	50 Fly	22/11/2008	November 22 2008 Novice Meet
1:54.26 S	F	100 IM	11/10/2008	October 11 IntraClub
Romina Worthington (13) W				
31.80 S	F	25 Free	18/11/2004	Best Times SCM
31.80 S	F	25 Free	18/10/2003	Langley Olympians Swim Club Intra Club Meet
30.86 S L	F	50 Free	26/02/2009	2009 TAS BC AAA SC Championships
1:07.09 S	F	100 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009
2:20.32 S	P	200 Free	26/02/2009	2009 TAS BC AAA SC Championships
5:36.23 S	F	300 Free	28/05/2005	2005 May Novice Meet
4:58.54 S	P	400 Free	26/02/2009	2009 TAS BC AAA SC Championships
10:15.06 S	F	800 Free	26/02/2009	2009 TAS BC AAA SC Championships
31.80 S	F	25 Back	07/12/2002	Langley Olympian Swim Club Intra Club Meet
31.80 S	F	25 Back	18/11/2004	Best Times SCM
37.43 S	F	50 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009
1:18.74 S	F	100 Back	25/10/2008	2008 VPSC Invitational
2:45.68 S	F	200 Back	17/01/2009	2009 Hyack Icebreaker Classic
40.50 S	F	25 Breast	18/11/2004	Best Times SCM
40.50 S	F	25 Breast	02/11/2002	Hyack Novice Meet
39.48 S	F	50 Breast	27/06/2009	LAOSC IntraClub Meet June 27 2009
1:32.26 S	F	100 Breast	25/10/2008	2008 VPSC Invitational
3:14.90 S	F	200 Breast	17/01/2009	2009 Hyack Icebreaker Classic
33.10 S	F	25 Fly	19/06/2004	LOSC Year End Intra Meet June 2004
33.10 S	F	25 Fly	18/11/2004	Best Times SCM
33.38 S	F	50 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009
1:16.43 S	F	100 Fly	08/11/2008	Fall into Finals 2008
2:48.99 S	P	200 Fly	26/02/2009	2009 TAS BC AAA SC Championships
1:16.02 S	F	100 IM	27/06/2009	LAOSC IntraClub Meet June 27 2009
2:39.77 S	P	200 IM	26/02/2009	2009 TAS BC AAA SC Championships
5:41.75 S	P	400 IM	26/02/2009	2009 TAS BC AAA SC Championships
Evan Wright (7) M				
39.38 S	F	25 Free	27/06/2009	LAOSC IntraClub Meet June 27 2009
46.53 S	F	25 Back	27/06/2009	LAOSC IntraClub Meet June 27 2009
47.09 S	F	25 Fly	27/06/2009	LAOSC IntraClub Meet June 27 2009
Sarah Yang (15) W				
41.98 S	F	50 Free	10/11/2007	2007 L/A OSC November Novice #2
1:33.08 S	P	100 Free	17/11/2007	Langley Olympians Remembrance Swim Meet
5:21.56 S	F	300 Free	10/11/2007	2007 L/A OSC November Novice #2
7:13.46 S	P	400 Free	17/11/2007	Langley Olympians Remembrance Swim Meet
52.60 S	F	50 Back	10/11/2007	2007 L/A OSC November Novice #2
3:53.41 S	F	200 Back	17/11/2007	Langley Olympians Remembrance Swim Meet
53.89 S	F	50 Breast	10/11/2007	2007 L/A OSC November Novice #2
1:53.67 S	P	100 Breast	17/11/2007	Langley Olympians Remembrance Swim Meet
4:02.88 S	F	200 Breast	17/11/2007	Langley Olympians Remembrance Swim Meet

Individual Top Times

Show Short Course Only

Time	P/F/S	Event		
Sarah Yang (15) W				
53.09 S	F	50 Fly	10/11/2007	2007 L/A OSC November Novice #2
1:55.73 S	P	100 Fly	17/11/2007	Langley Olympians Remembrance Swim Meet
3:52.35 S	F	200 IM	10/11/2007	2007 L/A OSC November Novice #2
Andy Yoon (14) M				
44.42 S	F	50 Free	16/12/2006	2006 December Intraclub Meet
1:42.06 S	F	100 Free	16/12/2006	2006 December Intraclub Meet
1:01.64 S	F	50 Back	16/12/2006	2006 December Intraclub Meet
54.83 S	F	50 Breast	16/12/2006	2006 December Intraclub Meet
1:05.61 S	F	50 Fly	16/12/2006	2006 December Intraclub Meet
1:48.00 S	F	100 IM	16/12/2006	2006 December Intraclub Meet
Emerson Zboyovsky (8) W				
35.83 S	F	25 Free	13/12/2008	December 13 IntraClub Meet
33.22 S	F	25 Back	13/12/2008	December 13 IntraClub Meet
46.96 S	F	25 Breast	13/12/2008	December 13 IntraClub Meet
42.93 S	F	25 Fly	13/12/2008	December 13 IntraClub Meet