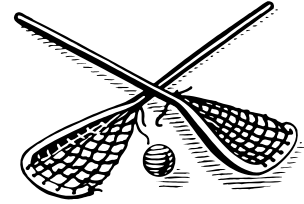




LUYAA LACROSSE

JUNIOR COACH MENTORING PROGRAM



This program is open to all Linganore and Urbana High School Lacrosse Players with 2 or more year's lacrosse experience.

Background: Every year, the Linganore-Urbana Youth Athletic Associations' Lacrosse Program holds a Fall Lacrosse Clinic for new and novice players in grades k-8. Routinely in need of coaching staff, LUYAA Lacrosse partnered with Linganore and Urbana High Schools for the Junior Coach Mentoring Program. This program provides youth players with additional coaching by high school mentors, and valuable lessons in teaching and being role models for high school players.

Description: Fall Clinic takes place for 8 weeks in September and October. There are typically 2 practices per week, which run from approximately 5:30-dark. Girls typically practice on Mondays and Wednesdays, and boys on Tuesdays and Thursdays. There may be optional occasional scrimmages on Friday afternoon or Saturday morning. There may also be optional opportunities to coach a Fall Ball team on Sunday afternoons

Junior Coaches will assist in teaching new players. Coaching assignments are based on ability and grade. For example, Freshman and Sophomores will likely be Junior Coaches for U9 and U11 players, while Juniors and Seniors would be assigned to U13 and U15 players. All Junior Coaches will be supervised by adult coaches.

Junior Coaches will also be involved in the planning and organization of the clinics. They will help develop practice plans and drills, evaluate player skills, and review successes and opportunities for improvement. They will also help organize materials, and coordinate equipment.

PLEASE NOTE: COACHING OPPORTUNITIES MAY ALSO BE AVAILABLE IN THE SPRING

Eligibility: Candidates must have a minimum of 2 years lacrosse experience, and carry a minimum 2.5 GPA. Candidates are required to submit an application explaining why they would like to participate, along with details of their lacrosse and any teaching experience. (Please be sure to include all lacrosse experience such as tournaments, club level play, officiating experience, camps attended, and youth and high school experience.) Appointments will be based on level of experience. First priority is given to LUYAA alumni.

Commitment: In order to participate, Junior Coaches will need to attend an orientation meeting, and commit to coach at least 1 practice day per week. Since we will be counting on their help, Junior Coaches will be held accountable to their committed schedule just as they would with any job. If they call in "sick", or are unable to attend more than 3 times, they will be let go. If they "no show" without a call, even once, they will be put on probation. If it happens again, they will be let go.

Rewards: Of course, giving back to the community provides an outstanding reward! Junior Coaches will also receive Community Service Hours that will count toward a Meritorious Service Certificate awarded by their high school. Certificates are presented at high school annual awards recognition ceremonies. (This looks great on the resume, too!)

Candidates for a FCPS Meritorious Service Certificate must complete 75 hours of Community Service approved by their high school coordinator. (The LUYAA Lacrosse Junior Coach Mentoring Program was approved by Linganore and Urbana High Schools - 5.27.08) Since each LUYAA Lac Clinic practice awards approximately 2 hours of community service time, participants can achieve the Meritorious Service award by participating in as few as 2 fall seasons. (8 weeks per year x 2 practices per week x 2 hours per practice plus planning time)

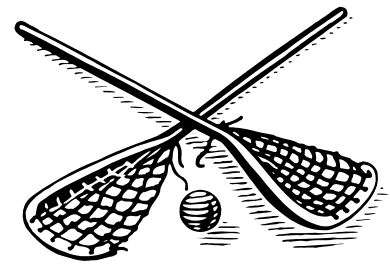
Junior Coaches will receive paperwork signed by the LUYAA Lacrosse Commissioner and Head Coaches at the end of the fall clinic, which will then need to be submitted by the student to their respective schools.



LUYAA LACROSSE

JUNIOR COACH

MENTORING PROGRAM



APPLICATION

Name: _____ School: UHS LHS
 Address: _____ Grade: _____
 City/Zip _____ Home Phone: _____
 Email: _____ Cell Phone: _____
 Mothers Name _____ Cell Phone: _____
 Fathers Name: _____ Cell Phone: _____

High School Lacrosse Experience- Number of Years Played ____ JV ____ Varsity
 Youth Lacrosse Experience- Number of Years Played ____ LUYAA ____ Other
 Club Level Lacrosse Experience- Number of Years Played: _____
 Club Name: _____ Coach(es): _____
 Other Lacrosse Experience:

Other Teaching/Work Experience:

Why do you want to participate in this program?

I hereby give my son/daughter permission to participate as a Junior Coach for LUYAA Lacrosse. I also certify that the information above is accurate and that his/her GPA is above 2.5. I also give permission for photographs to be taken which may appear on the LUYAA website or other LUYAA related materials.

Parent Signature: _____ Date: _____

Please send Application and/or inquiries to: Jaine Ackley, LUYAA Lax Commissioner
 5316 Dove Dr., Mt. Airy, Maryland 21771 email: lacrosse@luyaa.org 301-706-0359