

# 2010

## Available Volunteer Positions

### Martingrove Baseball

The following are the very important jobs still to be filled. Filling these positions is required to maintain a full and vibrant league. Each volunteer contributes time, energy, and new ideas and aids in the distribution of the workload of this league.

- Registrar
- Volunteer Co-Ordinator
- Sponsor Coordinator
- General Manager Rep
- Vice President Blastball Operations
- Vice President Baseball, Mosquito Operations
- Vice President Baseball, Pee Wee Operations
- Conveners\* (non- executive)

To view the responsibilities of each position please read the [Martingrove Constitution](#)

## *Martingrove Baseball Requires Volunteers to Step Up*

People volunteer for a wide variety of reasons, especially wanting to help others. But it's also OK to want some benefits for yourself from volunteering. Some people are uncomfortable with the notion that a volunteer "benefits" from doing volunteer work. There is a long tradition of seeing volunteering as a form of charity, based on altruism and selflessness. The best volunteering does involve the desire to serve others, but this does not exclude other motivations, as well. Instead of considering volunteering as something you do **for** people or organizations that may need your help, begin to think of it as an **exchange**. Consider that most people find themselves in need at some point in their lives. So today you may be the person with the ability to help, but tomorrow you may be the recipient of someone else's volunteer effort. Even now you might be on both sides of the service cycle: maybe you are a tutor for someone who can't read, while last month the volunteer ambulance corps rushed you to the emergency room. Volunteering also includes "self-help." So if you are active in your neighbourhood crime watch, your home is protected while you protect your neighbours' homes, too. Adding your effort to the work of others makes everyone's lives better.

### **Your Motivations**

Think about how much you receive when you give and consider why you want to volunteer. You may have several different reasons. Here are just a few of the many possible motivations identified by other volunteers:

- to feel needed
- to share a skill
- to get to know a community
- to demonstrate commitment to a cause/belief
- to gain leadership skills
- to act out a fantasy
- to do your civic duty
- because of pressure from a friend or relative
- satisfaction from accomplishment
- to keep busy
- for recognition

to repay a debt  
to donate your professional skills  
because there is no one else to do it  
to have an impact  
to learn something new  
for freedom of schedule  
to help a friend or relative  
for escape  
to become an "insider"  
guilt  
to be challenged  
to be a watchdog  
to feel proud  
to make new friends  
to explore a career  
to help someone  
as therapy  
to do something different from your job  
for fun!  
for religious reasons  
to earn academic credit  
to keep skills alive  
because an agency is geographically close  
to have an excuse to do what you love  
to be able to criticize  
to assure progress  
to feel good  
to be part of a team  
to gain status  
because you were asked  
to test yourself  
to build your resume  
to be an agent of change  
because of personal experience with the problem,  
illness, or cause  
to stand up and be counted

You will probably have some special reasons of your own. Remember that the motivations you have to select the place to offer your services may not be the reasons why you stay. Once you're on the volunteer job, you will continue to serve as long as you feel that your efforts are accomplishing something, that your talents are appreciated, and that you make a difference. And if you also like the people with whom you work, so much the better!

As long as you are truly serving through your volunteer work, isn't it wonderful that such an exchange occurs? In fact, it tends to strengthen your commitment to volunteering when you can see the benefits to both the recipient of your efforts and to yourself. And it is much more comfortable than "charity" because it upholds the self-esteem of those with whom you volunteer.

**Martingrove Baseball needs volunteers for a variety of positions, and we can find a job for you that will respect the time you are able to give us. Please send us an email to: [volunteers@martingrove.ca](mailto:volunteers@martingrove.ca)**