

PERRYSBURG BASEBALL TEAM POLICIES

It should be understood that playing on the Baseball team is a commitment and a privilege. Each player should take it seriously. Because it is a commitment the following rules and procedures will be enforced.

1. All School Board and Athletic Policies of the Perrysburg School system will be followed.
Any player **drinking, smoking, or using drugs** any time during the season will be removed
For 10% of the season for a first offense. 2nd offense is 50% of the season and a third offense is removal
for rest of your high school career
2. You are in school for an education and you must remain eligible. Schoolwork comes before Baseball.
Due to the fact that we sometimes have games in both the 3rd and 4th grading quarters, a player who is
ineligible during 3rd quarter will only be able to try out for the team if he is passing enough courses to be
eligible by the first day of practice. If he misses any games during 3rd quarter he will not be able to start
for the like number of games missed.
If a player who is ineligible 3rd quarter would miss more than 4 contests he cannot tryout for the team
that year. If a player becomes ineligible for 4th quarter he will be dismissed from the team but can play in
the summer if he regains his eligibility.
3. Be a positive leader around school. Discipline problems in school will result in a suspension from the
Team until the problem is corrected. Swearing or disrespect to anyone will not be tolerated and will result
in disciplinary action.
4. Any baseball player ejected for unsportsmanlike conduct shall be ineligible for contests for the next two
regular season or Tournament games. A student under suspension may not sit on the Team bench, enter
the locker room, or be affiliated with the Team in any way traveling to, during or traveling after the
game. A player who is ejected a second time shall be suspended for the remainder of the baseball season.
(OHSAA RULE).
5. If an athlete has one unexcused absence the athlete will not play in the next 2 games. If an athlete has
more than one unexcused absence he will be **dismissed** from the team.
6. We play games and practice over Spring Break. The School policy for vacations will be followed.
7. Players must practice the way they play a game. They must dress as a team in practice and not wear
jewelry or any other items that cannot be worn in a game or while traveling with the team.
Hair must be neat and look neat under a hat. Facial Hair shall be neatly trimmed.

Perrysburg Baseball Spring Philosophy

1. A school sport in season is your number one priority for athletics.
2. You will not be allowed to miss practices, games or ask to leave early to participate in a sport that is not a recognized sport by Perrysburg High School and the OHSAA. (1st day of practice till last spring game) It must be on your free time and not interfere with spring baseball.
3. If you play spring soccer basketball, or attend open gyms or work on non-season sports it must not conflict with baseball.. With rainouts and re-scheduling games your spring schedule must be very flexible.
4. Remember the number one reason for being at school is to keep your grades up and do well in school. With family commitments, church commitments, school commitments, and baseball it may be hard to stretch yourself so thin by having another team commitment or job.
5. We also ask the Varsity Players to think about the injury risk factor of playing another sport during baseball season.. Working on individual skills like weightlifting, kicking and shooting may be less injury prone than being in a highly competitive game situation where the chance for injury is much greater. If we are fighting for an NLL Championship or Tournament Championship I will ask you to refrain from another activity for a week or two.
6. In the summer our rules are very different. We know that multi-sport athletes may be playing other sports and attending camps. We ask that the player work out a schedule with his coaches so that we know when they will be playing baseball and when they will be absent. Our major concern in the summer is for individuals to develop their baseball ability. We would like for them to play as much baseball as they can but understand they must work on their other sports. Communication is the key in the summer.
7. We encourage family vacations in the summer. We just ask for players to let us know when they will not be there so we can make sure we have enough players to field a team. We will sometimes have to ask players from the Jr. Acme team or Acme team to play on both teams some weeks when there are a lot of absences.
- 8.. I do ask the Summer Varsity team to make the Yellowjacket Classic Tournament in June and the Acme Tournament in July. We try to win these tournaments and like to have our full team there for these games.
9. . We ask those baseball players in other high school sports concentrate on that season. If they want to work on hitting or throwing in the off-season we would ask that they okay it with their in-season coaches to get permission. We encourage our athletes to play as many high school sponsored sports as possible.

I have read and understand the Perrysburg High School Baseball Team Policies. As a member of the baseball program at Perrysburg High School, I agree to their content, and will guide my conduct accordingly.

Student signature

Date _____

As a parent of a member of the Perrysburg High School Baseball program, I have read and understand the baseball policies. I approve of the policies to promote teamwork and will help our son maintain these standards.

Parent/guardian signature

* Please detach the signed portion and return to your coach.
Keep the rule sheet for future reference.

Playing Time Philosophy

The baseball coaching staff adheres to the philosophy that we are here to teach your son the game of baseball and to try to help him develop his talent to the best of his ability.

We are also here to produce the best team possible by playing the best players we have.

In order to allow parents and players to understand our philosophy on playing time we want you to know our philosophy.

Varsity

1. **Best players play regardless of class.**
2. We go about 12 deep for position players
starters, extra of, c, inf, dh
3. We usually have about 4 role players; some players are just pitchers or players off the bench to pinch-hit, run or play defense.
4. Players will get an opportunity during scrimmages and in practice. You earn time in practice.
5. Seniors must be starters or key contributors to keep on team.
If not a starter they must accept role even if it is just to occasionally play.
6. Sophomores must start (or be a back-up at several positions), or be a pitcher that will be used a lot in relief. If he is only a starting pitcher he will play JV's to get at bats and start on varsity on his days to start as a pitcher. They may be the next best player at their position but will play JV so to avoid sitting on the bench. If there is an injury or someone does not perform they will be brought up and maybe play over a junior who has been on the varsity.
7. Players must accept their roles. Not everyone gets equal playing time. **You also must accept bringing players up from the Jv's if they can help the team.**

Junior Varsity

1. Best players play most of the time. Some players making the team may be told they are only going to pitch based team needs for that year. If told they must accept their role.
2. We will try to mix up the lineup during our scrimmages and non-league games prior to the start of the NLL season. Each player will have a chance to start once and earn playing time
3. Once the NLL season begins players must accept role if not a starter.
4. We will only try to carry 14-16 players to insure playing time.
5. The only way Juniors play on the JV team if we feel they will start as seniors or a Varsity junior needs playing time or at bats.
5. The best freshmen will play JV baseball if we fill they will get more competition than being on the freshmen team. They will see some action on the Freshmen team if needed.

Freshmen Team

1. We will carry 12-16 players.
2. We will try to play everyone so that can be fully evaluated. Best players will see more time.
3. Some players may get more playing time depending on how many people play certain positions.
4. We may occasionally play a Freshman who is on the Jv team down on the 9th grade team if he is not get enough playing time or we need to get a 9th grade pitcher some innings on the mound.
5. Since the Freshmen team is listed as a JV team if injuries do occur a sophomore could play for the Freshmen team in an emergency or if we need someone to pitch for a given day

We believe that if a player should have a question about his role on the team that he should directly talk to coaches. We try to let our players know what their roles are as they develop on the team.

PERRYSBURG BASEBALL TEAM CONTRACT

- 1. I will always strive to be the best I can be in the classroom as well as on the baseball field.**
- 2. I will conduct myself with class as a person as well as a player.**
- 3. I will be on time everyday for practice and for game days wearing my correct uniform.**
- 4. I will strive to be a complete player by taking the necessary repetitions needed to execute the fundamentals of baseball on a daily basis.**
- 5. I will accept constructive coaching to make myself a better player.**
- 6. I believe if I study the game. there is always something I can learn to improve my game.**
- 7. There is always at least one part of my game that can be improved. Therefore, sitting down at a practice is not acceptable and will not be tolerated.**
- 8. I will avoid being overconfident. One of the greatest dis-services that I can do to myself and my teammates are not to respect my opponent. Remember everyone wants to beat the best.**
- 9. I am willing to work everyday to improve our baseball complex and to help in field maintenance.**
- 10. I will avoid the comfort zone. The comfort zone is the place where I can become satisfied with my individual or our team performances. If I enter the comfort zone, I will prevent myself and our team from reaching our potential. Great players and championship teams do not enter the comfort zone.**
- 11. I will play every game like it is the last game I am ever going to play, so I won't have any regrets.**
- 12. I will practice positive thinking and mental imagery to make me a better player. Mental imagery is where I see myself doing something successful, before I do it, and then I will do it.**
- 13. Since Baseball is a TEAM sport, I believe the team is most important. It must be "we before me" to help our team reach its potential. In other words-- T E A M -- TOGETHER EVERYONE ACHIVES MORE,**
- 14. The Varsity, Junior Varsity and Freshmen teams will consist of 14-16 players. However only 9 can play at the same time. Therefore I will accept my role with a positive attitude whether I am a starter, role-player, or never get to play at all.**
- 15. I must also accept the fact that if my performance in practice or games is not getting the job done that someone else will get the opportunity to play over me. I must be able to handle the pressure of getting the job done or being replaced by another teammate.**
- 16. If I feel that I have been treated unfairly or I am unhappy with my role on the team, I will discuss my feelings as soon as possible at an appropriate time with my Head coach. If I am unable to accept my role on the team and conduct myself as a Team player, then I will no longer have the opportunity to be a member of the Perrysburg Baseball Team.**
- 17. I earn playing time in practice.**
- 18. Parents must accept the fact that playing time is not equal and that playing time is an issue that will be discussed by the coaching staff with the player.**

Perrysburg Baseball: Expectation of PHS Baseball Parents

The Perrysburg High School Baseball Program has high expectations of its coaches, players and parents. A supportive parent group is essential to a good season. There are many ways you can help your son and the program. Please pitch in whenever possible and be a positive influence. The coaching staff promises to do its best preparing each individual for the upcoming season,

Following is a list which must be accomplished for the Perrysburg Baseball Program to be successful.

Pre-Season/In-Season/Post-Season

- 1. Encourage your son to do his best in school and do all his homework on time.
Strive for a 3.0 GPA or higher.**
- 2. Make your son follow both team and any family rules you set.**
- 3. Join the Boosters at the beginning of the year and get involved. We need 100%
Membership in order for the boosters to succeed. Get involved with Baseball projects and fundraisers.**
- 4. Display a positive attitude and voice positive comments about your son and the
program.**
- 5. Do not believe crazy rumors that you hear in the stands.**
- 6. Cheer for all of our players-even the player that has beat out your son for playing time. Being only
concerned about your own son is not healthy for the team or your son.**
- 7. Encourage your son more during slumps. I am sure in your son's career at PHS he will be benched at
least once or twice and have to re-earn his playing time. Being positive will help him stay positive and
get back in the lineup sooner. Players who perform play-if they struggle they are given another role to
help the team.**

Spring Season/Summer Season

- 1. Remind your son to take care of school-issued equipment, as well as his personal equipment.**
- 2. The players are not allowed to speak or interact with fans during games or practices. Please wait until
event is over to chat or relay messages. Also any drinks should be brought by the player to the game.
(we have water) Between games of doubleheaders players can socialize while eating, but be ready when
time for pre-game.**
- 3. Players will run after every game-win or lose-for conditioning. Allow them time to finish their
workout.**
- 4. Be positive with all players. Cheer and encourage ALL players-be a fan of Pburg Baseball....not just
one or two players. Don't be afraid to praise those who deserve it.**
- 5. Do not be loud and obnoxious around the field. The game is for the kids-allow them to play relaxed.
When fans are out of line, it embarrasses our team and makes the players "tight".**
- 6. If you have a concern -please call and make an appointment with the coaching staff.**