



I.S.T. Baseball Headquarters

Presents: Norwalk Little League's

2009 baseball skills Developmental programs



AGES 9 TO 12 YEARS OLD

NWB107-Mon. Jan 19, 26th, Feb 2nd, 9 th , 23rd, Mar 2nd	6:00PM to 7:00PM
NWB207-Mon. Jan 19, 26th, Feb 2nd, 9 th , 23rd, Mar 2nd	7:00PM to 8:00PM
NWB307-Wed. Jan 21st, 28th, Feb 4th, 11 th 25 th , Mar 4th	6:30PM to 7:30PM
NWB407-Thurs. Jan 22 nd , 29 th , Feb 5 th , 12 th , 26 th , Mar 5 th	6:30PM to 7:30PM

PROGRAM DETAILS AND COST

Norwalk Little League's baseball program includes six 1hr instructional sessions. Program cost \$120. Each session will be run by I.S.T.'s Pro Staff and focus on hitting, fielding, and pitching development. Each program has a 15 player maximum.

Players grouped by age and skill level

Weather Hotline: 203-604-0587

PLEASE FILL IN BELOW AND KEEP THE TOP PORTION FOR YOUR RECORDS

Programs are not pro-rated due to missed sessions.

Program is Non-refundable after start of program

Make your selections: \$120 / program

Ages 9 to 12 Skills Clinics: () NWB107 () NWB207 () NWB307 () NWB407

Last _____ First _____ age _____ grade _____ Home Phone _____

Email _____

Parents/Guardian name and address _____

Emergency Contact: _____

Make checks payable to I.S.T. and send to I.S.T. Baseball, 25 Van Zant St. Unit 3B Norwalk, CT. 06855

Now Open!

NEW Sporting goods store at I.S.T. Stop down for all of your baseball and softball equipment needs.

Hours: Mon-Fri: 3PM to 9PM. Store is packed with Rawlings, Mizuno, Wilson, Nike, Louisville, Demarini, Sam Bat. Gloves, Bats, Helmets, Bags, Batting glove and more....

www.integratedsportstraining.com, 25 Van Zant Norwalk, CT. 06855-lower level