

NWAYBA Special Rules Sheet

	Rookies	Juniors	Seniors	Adv Srs/High School
Ball Size	27.5	28.5	28.5	NFHS official size
Time of Game (Clock stops on whistles and free throws)	Four 6-minute Qtrs	Four 7-minute Qtrs	Two 15-minute halves	Two 15-minute halves
Time Between Qtrs	2 mins	2 mins	N/A	N/A
Time at Half	3 mins	3 mins	5 minutes	5 minutes
No. of Timeouts	2 per half	2 per half	2 per half	2 per half
Overtime	2 mins	2 mins	2 mins	2 mins
Overtime Timeouts	Zero	Zero	Zero	Zero
Number to avoid forfeit	8	8	4	4
Substitution Rule	A and B squads	A and B squads	7 minutes per half per player is suggested	7 minutes per half per player is suggested
Lane violation	5 seconds	5 seconds	3 seconds	3 seconds
Free throw stance	Behind the circle line	Heel touching free throw line	Behind free throw line	Behind free throw line
Free Throw lineup	NFHS rules: OFFENSE: Up to 3 in lane incl. shooter; DEF: Up to 4 in lane	NFHS rules: OFFENSE: Up to 3 in lane incl. shooter; DEF: Up to 4 in lane	NFHS rules: OFFENSE: Up to 3 in lane incl. shooter; DEF: Up to 4 in lane	NFHS rules: OFFENSE: Up to 3 in lane incl. shooter; DEF: Up to 4 in lane
Bonus free throws	None	1-and-1 at 6 team fouls per half; Two shots at 9 team fouls per half (carry over to OT)	1-and-1 at 7 team fouls per half; Two shots at 10 team fouls per half (carry over to OT)	1-and-1 at 7 team fouls per half; Two shots at 10 team fouls per half (carry over to OT)
Defensive Restrictions	No Zone, No Backcourt, Double Team in lane ONLY	No Zone, No Backcourt, Double Team in lane ONLY	None, but recommend no press if ahead by 12 points	None, but recommend no press if ahead by 12 points