

# OLPH CYO

## RULES FOR FAMILIES @ Our Lady of Assumption, Copiague

*Every Child is Important at OLPH CYO.* The safety and security of our children is our biggest concern. These rules have developed over the last decade to create a safe and fun atmosphere.

1. This is a Catholic Church Ministry to children in a sports context. As such abusive behavior toward coaches, players, employees and especially referees is prohibited. The principles of Jesus Christ apply.
2. OLPH CYO has designated Hall Monitors. Please cooperate with their requests. Coaches will address any concerns brought to their attention by the hall monitors.
3. **No Food** is allowed in the building.
4. **Water** and water only is permitted for players and players only. Spills are easily cleaned up. Gatorade, soda, slurpees, coffee are not water and are prohibited. Water bottles must be left **outside** the gym doors. One team should take each end of the stairs for their drinks.
5. If circumstances cause a parent/guardian to be unable to stay for the event, let the coach know and make sure they know how to reach you.
6. When picking up, please come into the gym so the coach sees you. We don't want to assume that your child got in the right car. Also, the coach may have information for you re: schedule revisions etc.
7. CYO is about sportsmanship. Winning is nice but we seek to teach cooperation, teamwork. Every child has a place in OLPH CYO and every child gets to play significantly. If you are looking for a program that is trying to develop 2<sup>nd</sup> graders to get college scholarships, we are not for you. We do not have anywhere the amount of practice time to develop those types of teams and we have higher goals. If the intensity of a game gets to be too much for you or your child, take a break and walk out of the gym. (Incidentally, one in 12,000 high school athletes receives some scholarship money for college. 1% of

- High School Varsity athletes ever play in college). If we apply that to OLPH CYO, over the next decade, one of our children might get an athletic scholarship). Yes, we have almost 1,200 children in our program !
8. We are guests in the OLA facility of the Pastor. Instructions given by clergy, school personnel, OLPH volunteers, referees, Hall Monitors are to be followed, not debated. If we lose the gym, we just do not go to another one. Your child's season is over. We have no alternative facilities. As we are all in this together, we seek your help in making sure we can continue to serve your children. A major source of custodian complaints last year are the sneakers with wheels. No child may **"skate"** with those sneakers in any school building. Children may not leave the gym unattended for any reason. There are often other groups using other parts of the building.
  9. We have enough equipment. Do not bring your own sports equipment to the gym. Siblings are not allowed free play during breaks or gymnastics on mats or other equipment. If the only way to enforce this is to suspend the registered player, we will have to do so. We have limited time to complete a game. If every time we have a break, we have to clear the court of uninsured friends, siblings etc. the registered players are losing gym time if you permit this distraction.
  10. Keep it **FUN**. 75 % of U.S. children leave organized sports by age 13. The three main reasons cited are: it isn't fun, too much parental pressure, too much pressure from the coach. It is no wonder, we see many articles on childhood obesity and diabetes problems normally seen in adults now found commonly in children. By keeping this enjoyable, we improve their health !

Smoking is prohibited on all school grounds. No doors can ever be held open by rugs, rocks etc. No pets are allowed. If Schools close due to weather, we are closed too.

### OLPH CYO BOARD OF OFFICERS

Phone- 956-1938    Email- [olphcyo@aol.com](mailto:olphcyo@aol.com)  
website- [www.leaguelineup.com/olphcyo](http://www.leaguelineup.com/olphcyo)