



OFFICAL KICKBALL RULES

Field

- The strike zone extends 1 foot on either side of home plate, and 1 foot high. There will be a box around the plate (1 foot on all sides) which marks the strike zone. If any part of the ball falls within the zone or hits the line, it is a strike.
- The pitching distance will be 40'
- The pitching area will be an 8' radius circle
- Bases will be 60'.

Teams

- All players can kick but no more than 3 men can kick in a row.
- The kicking order can not change, but you can change the fielders as long as you keep 4 women in the field.
- Only players who are paid league members may play in a game.

Regulation Games

- Games will last for 7 innings or 1 hour (which ever comes first). No new inning will start after 50 minutes.
- Games can not end in a tie. A Wheel Barrel race will be used to break all ties. Each team will choose 2 members to race to first bases, the winner wins the game.
- Game time is forfeit time.
- There is a limit of 10 runs per inning except for the last inning.

Pitching / Catching

- No bouncing of the ball to the kicker higher than 1 foot (as measured from the bottom of the ball). If the ball is bouncing higher than 1 foot when it reaches the plate, then it is a ball. However, the kicker does have the option of kicking it if they wish.
- If the pitch touches the line around the plate, it is a strike. (If not bouncing higher than 1 foot).
- The pitcher must stay inside the pitching area on the mound until the ball is kicked. If the pitcher crosses outside the area, a ball will be called. The kicker does have the option of kicking it if they choose.

- The catcher must be positioned at least 3 feet from the kicker and behind the plate until the ball is kicked. The catcher can not interfere with the kicker
- The count begins at 1 ball, 1 strike
- Pitching must be underhand only

Kicking

- All kicks must be made by foot.
- All kicks must be taken at or behind home plate or a strike will be called
 - * If the ball is kicked in front of home plate and the kick is caught 'out' by a fielder (or a force out occurs), the kicker is out.
- Kickers may not stop the ball with their foot, or any other part of their body, and then kick the ball.
- Any kick that goes over the outfield fence in fair territory will be a home run
- Homeruns are unlimited.

Running

- Runners must stay within the base line
- Fielders must stay out of the base line, unless they are attempting to tag the runner or catch a kicked ball.
- If a fielder attempts to physically obstruct a runner from advancing, the runner will automatically receive two free bases.
- It is the responsibility of the runner to avoid a collision.
- Nether leading off base or stealing is allowed.
 - * A runner leading off base before the ball is kicked is out.
- Hitting a runner with the ball above the shoulders level is not allowed and the runner is safe. Except for the following situations:
 - * If a runner intentionally uses their head to block a ball – the runner is out
 - * If the runner is ducking, diving or sliding and is hit in the head because of this is an out.
- On an overthrow, all players advance as far as they can at their own risk of being put out.
 - * If ball goes out of play, all runners will get 2 bases.

Fouls

- A foul counts as a strike

Outs

- A count of three outs by a team completes a half inning.
- An out is:
 - * Count of three strikes
 - * A runner touched by the ball at Any time while not on base
 - * Any kicked ball (Fair or Foul) that is caught.
 - * A ball tag in a base to which a runner is forced to run.
 - * A runner leading off base when a ball is kicked.
- Hitting the base with the ball does NOT count as an out. The fielder must hit the runner with the ball or maintain control of the ball on the base on a forced run.

Ball In Play

- Once the pitcher has the ball in control and is inside the pitching area, the play is over. Play will resume once the next pitch is thrown.

Other Rules

- Coaches are responsible for keeping track of the batting order, inning and score in their score books.
- If a rule is not otherwise stated here ASA softball rules apply.
- There is NO infield fly rule.