

Enclosed is an itinerary of meeting dates and last years supplemental rules. Please be aware that some of these dates are tentative. I tried to schedule most meeting on a Sunday evening.

Friday, September 10th, St. Bernadette Gym 7:00 PM. This meeting is when all the new Archdiocesan rules will be discussed, and any changes that we as a district would like to make on the South County level. All directors should try to attend this meeting. Any new directors should also attend.

Sunday, October 3rd, St. Bernadette Gym 7:00 PM. This is when rosters and applications for all teams will be handed out. Applications must be complete with payment by Sunday, November 7th. All applications must be accompanied with the original roster and three copies. Only players from that parish applying will be allowed on the roster. Any player from another parish must be added on as a supplemental player. Please make sure that all information is on the application along with 'open' or 'closed' being marked. The referee test and data sheets for all who want to referee, time keep, or keep the score book must fill out a sheet. Only the ones that want to referee must take the test. All who fill out a data sheet must attend one of the clinics listed. Whoever fails to make a clinic and/or fill out a data sheet will not be eligible for the season.

Sunday, November 7th, St. Bernadette Gym 6:30 to 8:00 PM. This is when all team information for the 2004 season will be accepted. Payments for all teams must be made at this time. The original and three copies of all forms are needed at this time. For parishes that offer their gyms, please have the gym times available at this time as well. Remember, **NO PAY, NO PLAY!!**

This year there will not be a scheduling meeting, the coordinator and myself will be putting the teams into leagues. **ALL APPLICATIONS MUST BE IN** by the November 7th date. Any team applications received after the 7th will result in the late fee penalty.

****** Sunday, December 19th, St. Bernadette Gym. This is the meeting that all managers are required to attend. There will be one time for all managers to pick up their packets. The meeting will start at 6:30 PM. If the manager fails to make the meeting, it is their responsibility to get the information from their league coordinator. At this meeting the managers will receive their packets. If any managers have a change or an addition from the roster turned in November 2nd, it can be corrected this night. Any special forms (over age waiver, reassignment, family move) can be turned in that night as well. Please have the original and three copies of any form being turned in..

Friday, January 7th 2005, Start of the regular season for C. Y. C.

Saturday, March 19th Start of the South County Playoffs.

****** Saturday, March 26th Finals for the South County Playoffs.

****** Saturday, April 2nd Start of Archdiocesan Playoffs.

****** Sunday, April 10th Finals of Archdiocesan Playoffs.

**** Tentative dates**

INSTRUCTIONAL BASKETBALL RULES & GUIDELINES

The first team listed on the schedule is the home team.

All games will consist of two 12-minute halves. There will be a five minute break at half time. There will be no overtime period.

In all leagues games, the regulation 28.5 (women) basketball will be used.

Each team will be entitled to four time outs per game.

There are no three point baskets.

CHANGE OF POSSESSION RULE:

Once a change of possession occurs (either on a steal or a rebound), the defensive team must fall back behind the half court line. The defensive team should stand behind the back of the center circle line extended until front court has been established.

Should a player steal or rebound the basketball, and immediately start dribbling or passing the ball, the team may be guarded immediately by the defensive team.

The "No Press Rule" is in effect for all instructional games. There are two parts to this rule.

1. They can not press on an inbounded ball in the back court at any time of the game.
2. If a team has a twenty point lead at anytime in the game they must retreat to the defensive side of the court as soon as the defensive team gains possession.

The defensive team must allow the offensive team to bring the basketball into the front court. To be in front court both feet and the ball must be over the mid-court line. If a team does not allow the team to establish front court, the first time is a warning any further violations could result in a technical foul. There is no "Protected Zone" in the instructional league. Once the offensive team has brought the ball into front court, they may be guarded.

FREE THROWS RULES

In the third grade league, the line for the free throw will be moved up 24 inches.

In the fourth grade, the shooter will use the regulation free throw line.

In all instructional games the shooter should try to avoid stepping on or over the free throw line but will not be penalized for doing so.

The 'One and One' bonus will start on the seventh team foul of each half, and the double bonus will start on the tenth foul each half.

There will be no post season playoffs or awards given out by the league.