

CONSTITUTION

ARTICLE I - The name of this corporation is the Plainview-Old Bethpage Soccer Club, Incorporated, hereinafter referred to as "The Club".

ARTICLE II - The purpose of The Club will be to foster and promote youth soccer through education and training in accordance with the laws of the U.S. Soccer Federation, the Federation International Football Association and L.I. Junior Soccer League in Plainview-Old Bethpage, New York.

ARTICLE III - No Executive Board member shall seek any profit from association with The Club.

ARTICLE IV - The Club shall be open for membership to any parent or guardian of children currently registered, or any person 18 years or older, serving as coach, assistant coach, Division Head, referee or prior member of The Club who agrees to uphold the purpose of The Club as set forth herein,

ARTICLE V - The officers of The Club shall consist of (1) President, (2) Executive Vice President, (3) Two (2) Intramural Vice President one (1) for Boys and (1) for Girls, (4) Travel Team Vice President, (5) Secretary, (6) Treasurer, (7) 6 Trustees. These officers as named, shall hereinafter be referred to as "The Executive Board", There shall be an Executive Committee composed of The Executive Board and all Division Heads.

ARTICLE VI - The business of The Club shall be conducted and managed by the Executive Committee. "Business" is defined as any matters that may properly come before the Executive Committee.

ARTICLE VII - This constitution may be amended only by members present at the annual general meeting by 2/3 of the votes cast, a quorum being present; provided that notice had been given to the membership at least 14 days prior to the annual general meeting.

A, Notice to the membership shall be by mail, publication, e-mail, posting on the club's website or any other means reasonably anticipated to give such notice.

B. A quorum at the annual general meeting shall consist of 20 members in being present.

**PLAINVIEW OLD BETHPAGE
SOCCER CLUB, INC
BY LAWS**

ARTICLE I - Executive Board.

A. The following officers shall be elected in even numbered years: Executive Vice President, Boys Intramural Vice President, Treasurer, 3 Trustees.

B. The following officers shall be elected in odd numbered years: President, Travel Vice President, Secretary, Girls Intramural Vice President, 3 Trustees

C. The officers shall be elected by the members for a term of 2 years at the annual General Meeting, to be held in June, by a majority of votes cast.

D. Any member can be elected to the following positions on the Executive Board:

Boys Intramural Vice President, Girls Intramural Vice President, Treasurer, Travel Vice President, Secretary, Trustee.

Only members that have served on the Executive Board for at least two years can be elected to the following positions:

President and Executive Vice President

E. Vacancies shall be temporarily filled by a Trustee appointed by the President. The temporarily vacant position shall be filled at the next general meeting by nominations from the floor and an election to be conducted immediately thereafter. (for the remainder of the term)

F. A quorum of the Executive Board shall consist of 5 members. A majority of the votes cast (a quorum remaining present) shall be necessary for any action, except for removal of a member of the Executive Board..

G. Meetings of the Executive Board may be held anywhere, at any time, within reason.

H. The Executive Board may not authorize any expenditures for The Club in excess of \$5,000 per item without approval of The Club membership, with the exception of insurance, uniforms and equipment, LIJSL membership fees and dues.

I. The immediate Past President of The Club shall serve as advisor, with no voting privileges, to the Executive Board immediately following the expiration of their term of office, remaining as long as their successor remains in office as President.

J. Any member of the Executive Board may move for a closed executive session excluding non-board members therefrom.

Article II - The Members and Officers of the Executive Board:

A. The President shall be the executive officer of The Club; and

1. Shall preside over all of the meetings of The Club, the Executive Board, the Executive Committee, and special meetings.

2. With the approval of the Executive Board shall appoint the members of the standing, temporary and special committees, except the Nominating Committee and the Travel Team Committee,

3. Shall be an ex-officio member of all committees except the Nominating Committee.

4. Shall have the responsibility for carrying out the management of the business of The Club and shall see that all orders, rules and regulations of The Club are carried out.

5. Shall have the right to enter into contracts for the benefit and on behalf of The Club and to make, settle or adjust claims by or against The Club, except as herein limited. Shall have the power to authorize any expenditures for the benefit of The Club up to \$1,000 per season without the approval of the Executive Board.

6. Shall be an authorized Club signatory.

B. The Executive Vice President shall, during the absence or disability of the President have all the powers and functions of the President and shall also:

1. Be an ex-officio member of all standing committees except the nominating committee.

2. Be an authorized Club signatory.

3. The Executive Vice President shall assist the President in discharging their Lawful duties.

C. The Intramural Vice Presidents shall, during the absence or disability of both the President and Executive Vice President, have all of the powers and functions of the President and Executive Vice President. In odd numbered years the Boys Intramural Vice President shall assume the duties and in even numbered years the Girls Intramural Vice President shall assume the duties.

1. The Intramural Vice Presidents shall be the coordinator of the intramural teams for their respective divisions.

2. The Intramural Vice Presidents shall secure Division Heads for their respective divisions

3. Along with the Division Heads, shall secure coaches for all of the teams.

4. Responsible for securing ratings for each player by the end of the season for all divisions U7 and higher.

5. Shall have an intramural coaches meeting in March and August prior to the general meeting.

6. Shall coordinate and conduct all intramural drafts.

7. Shall attend at least three (3) games per division per season.

D. The Travel Vice President shall, during the absence or disability of the President, Executive Vice President and both Intramural Vice Presidents, have all of the powers and functions of these officers.

1. Shall be the coordinator of the travelling teams.

2. Shall have the right, with the approval of the Executive Committee, to equalize rosters of all travelling teams when there is no intramural division for that age group.

3. Shall be The Club registrar to the L. I. Junior Soccer League.

4. Shall be the head of the Travel Team Committee with a vote on said Committee.

E. The Secretary shall attend to all correspondence to and from The Club.

1. Shall notify the appropriate members of all general and board meetings.

2. Shall maintain reports and agendas of all meetings and take minutes of all meetings.

3. Shall keep a list of members.

4. Shall update and, provide copies when needed, of all changes to rules, by-laws and the constitution of The Club.

F. Treasurer shall be in charge of all money.

1. Shall pay all bills.
2. Shall keep proper records of all monies received and disbursed,
3. Shall prepare and submit all government forms and inquiries.
4. Is an authorized Club signatory.
5. Shall present a 12 month projected budget at the annual general meeting
6. Shall receive all funds and deposit same into Club account, i.e., registration fees, etc.
7. Shall, with the President, be responsible for ordering all equipment.
8. Shall handle and administer The Club's insurance and claims arising thereunder.
9. Shall register all intramural players for season's competition and maintain records on all player.

G. Trustees (six) are to be assigned to specific duties by the President and each shall be assigned to head a specific committee.

1. At the discretion of the President, he/she shall assume the responsibilities of any officer in his/her absence.
2. Shall be in charge of billing and collecting all sponsor fees and all other business pertaining to sponsors, i.e., banners, pictures, shirts. Assign sponsors to all divisions.
3. Shall be responsible for storage and distribution of all intramural uniforms and equipment.
4. Constitution and By-Laws: Keep watch on the operation of various articles of the Constitution and By-Laws, and when necessary, suggest changes and additions.
5. Newspaper and Publicity: Promote a better understanding of The Club's aims and objectives throughout the community; provide the membership with newspapers and other communication for information on club activities.
6. Special Soccer.
7. Referees and Sportsmanship.
8. Fields and Field Maintenance.

H. The Executive Board shall initiate an action for cause for removal of an elected official by a majority vote at a meeting of the Executive Board. An individual, upon a vote of removal by the Executive Board, shall be notified in writing at least 5 days prior to the next Executive Board meeting. The Executive Board shall vote to remove or not to remove any elected member. After presentation of cause by the elected board, the individual being voted upon shall have an opportunity to present any pertinent information to the Executive Board. A 2/3's majority vote of the Executive Board shall be needed for the removal of an elected official of The Club. Should the individual in question resign after a vote of the Executive Board but prior to the meeting of the Executive Board, the matter shall be discontinued. The President shall have a vote even though he/she chairs the meeting.

ARTICLE III - The Executive Committee:

A. This Committee shall manage The Club, primarily dealing with selection of coaches and assistant coaches; management of teams and divisions (the business of The Club with The Club's internal operation).

B. The Executive Committee shall consist of the elected Executive Board, division heads and the immediate past-President (no voting privileges). Each Executive Board member will have 2 votes and each division head will have 1 vote. A division head of 2 divisions will have 2 votes. No member of the Executive Committee shall have more than 2 votes.

C. Each member of the Executive Committee must be a member of The Club.

D. The division heads shall be selected by the Executive Board prior to the appointment of the coaches and teams for the respective season. In the absence of a division head the Intramural Vice President, for that division, will assume the responsibilities of that division until the appointment and approval of a successor.

E. Any division head may be removed from office by the Executive Board for cause, pursuant to the rules in Article II H. However, only a majority vote of the Executive Board will be required for removal.

F. An Executive Committee meeting may be held anywhere, at any time within reason, including the privilege of the Executive session.

G. A quorum of the Executive Committee shall consist of 50% of the elected members and Division Heads.

ARTICLE IV - Committee Structure:

A. Standing Committee: An Executive Board member must sit on each committee. Membership on each committee is open to the general membership.

1. Teaching and Coaching: Set up education aids and programs and develop coaching standards.

2. Traveling Team: Shall make recommendations regarding the selection of teams, coaches and assistant coaches within the Travel Division to the Executive Board and shall consist of the Travel Team and Intramural VP's; and two (2) board members .

3. Tournament Committee: Shall be organized when needed at the discretion of the President.

4. Additional standing committees may be created if deemed necessary by the Executive Board.

B. Special committees shall be appointed when necessary as required by the President.

C. Nominating Committee shall be selected at the March meeting and consist of 2 members elected of and by the Executive Committee and 1 member elected of and by the general membership., They shall present the slate at the April meeting..

ARTICLE V - Membership:

A. Members shall be defined as parents or guardians of children currently registered, or any persons 18 years or older serving as coach, assistant coach, Division Head, referee or prior member of The Club.

B. The Executive Board shall have the power to suspend or remove any member or coach who willfully refused or neglected to fulfill any of the rules, regulations and/or obligations of a member; or violated any of the provisions of the Constitution, By-Laws, Rules or Regulations; or has committed any act which is inconsistent with the principles and standards of good sportsmanship and fair play or has committed any act(s) that is found to be detrimental to the best interest of the Club or to any purpose for which the Club has been formed whether such act occurs during the course of a game; at the soccer fields; during the course of any other intramural sport or travel sport; or at any other time. In addition to suspension or removal as aforesaid, penalties may include termination of membership, probation or any other penalty deemed reasonable by the Executive Board.

C. Prior to issuing any such penalty, the person charged shall be given written notice (which shall include but not be limited to e-mail; facsimile or first class mail) of the charges at least five (5) days prior to any hearing scheduled by a Disciplinary Committee to be established by the Executive Board. At such hearing, the charges shall be read; witnesses shall be heard in support of the charges; the person charged may call witnesses in his/her own behalf; the person charged may make a statement in his/her own behalf, and the committee members may question the witnesses. If a witness is unavailable, a written statement may submitted to the Committee

prior to the hearing. Upon the conclusion of the hearing, the Disciplinary Committee shall make a recommendation to the Executive Board for a final determination as to the penalty, if any. Thereafter, the Executive Board shall, by majority vote, issue a determination. The Board shall advise the person charged in writing of the penalty.

D. The Executive Board may reinstate a member who has previously been suspended from The Club, also with a majority vote of those members present, provided a quorum is present.

ARTICLE VI - Meetings:

A. There shall be an annual general meeting each year in June. The date of this meeting will be determined by the Executive Board and notice of same shall be given to the members at least 7 days in advance.

B. There shall be a minimum of 3 additional general meetings per year, at least 2 per season. The membership shall be given notice of the meeting at least 2 days prior.

C. Special general meetings may be called by the President or upon request of a majority of the Executive Board, Executive Committee, or by petition of 20 members. The President, when so directed, shall schedule said meeting between the 7th and 14th day following receipt of said request, and/or petition. The membership shall be given notice 2 days prior to the meeting. Any request or petition must set forth the specifics for such a meeting,

D. 10 members shall constitute a quorum for a general meeting. A majority of members voting, a quorum being present, shall be necessary for passage of motions. If a quorum is not present the motion will be tabled to the next general meeting. If there is again no quorum a vote will be taken and if passed the motion will be properly incorporated.

E. Meetings of the Executive Board and/or the Executive Committee shall be open to all members of The Club, except where the privilege of Executive session has been involved. No member of the Executive Board and/or the Executive Committee shall be permitted to vote by telephone or proxy.

ARTICLE VII - Elections:

A. The officers of The Club shall be elected by written ballot at the annual general meeting in June. Those elected shall assume office on July 1st.

B. The Nominating Committee will present a slate of candidates to the general membership at the March meeting for election in June. Nominations from the floor will also be accepted during the March meeting. The membership shall receive notice of the slate prior to the June meeting. In the event nominations have been made for all offices to be filled, nomination shall be closed at the March meeting. In the event no nomination has been made for a particular office, then nominations may be taken from the floor at the June meeting for that office.

C. The Club officers shall serve a 2 year term, commencing July 1st

ARTICLE VIII - Parliamentary Authority:

A. Roberts Rules of Order shall be the authority for all matters of procedure not specifically covered by the Constitution, By-Laws and/or Rules and Regulations of The Club,

B. The order of business shall be (1) minutes; (2) communications; (3) reports from officers and standing committees; (4) reports from special committees; (5) old business; (6) new business; (7) good and welfare; (8) adjournment.

C. The President may appoint a Parliamentarian, who shall be a voting member of the Executive Board.

ARTICLE IX - Prizes:

All prizes awarded by The Club shall be restricted to paper certificates, cloth badges, plastic, wood or metal trophies for participation on Club teams, Trophies shall not be awarded without the written permission of the Executive Committee. The coach shall be both responsible and answerable for the enforcement of this By-Law.

ARTICLE X - Use of Name:

The name Plainview-Old Bethpage Soccer Club, Incorporated and/or its logo shall not be used by any persons, group, organization without the written consent of The Club, The Club mailing list, list of members, list of registrants, shall not be used by an individual other than for Club business, These lists may not be sold or given to any person for private use.

ARTICLE XI - Assets:

In the event this Club disbands, all assets should be distributed to, and become property of, the POB Public Library which is a public entity under POB governmental Jurisdiction and which is an organization exempt pursuant to Section 501(C)(3) of the Internal Revenue Code, or to the local government for public purpose, or would be distributed by a court to another organization to be used in such a manner as in their judgment will best accomplish the general purpose for which the POB Soccer Club is organized.

ARTICLE XII - Amendments:

A. The By-Laws may be amended by a 2/3 vote of the members present at any general meeting, providing a quorum is present, and notice of the amendment was either presented to the general membership at the previous general meeting, or notice of the proposed amendment was sent to each Club member or was posted on the club web site or otherwise, at least 2 days prior to the meeting at which the amendment is to be voted upon.

B. Proposals for amendments to the Constitution, By-Laws and/or Rules and Regulations may be presented at a general meeting, or submitted by mail to The Club's legal mailing address (see cover), and addressed to the Executive Board.

ARTICLE XIII - Rules and Regulations:

A. The Rules and Regulations as promulgated by The Club and the international laws of the game according to the world body (F.I.F.A.) shall govern all members of The Club, all children and all parents and/or guardians in all instances to which they are not inconsistent with the Constitution, By-Laws, Rules and Regulations of The Club,

B. Amendments to the Rules and Regulations shall be made under the same procedure as provided for in amendments to the By-Laws as stated herein, but may be passed by a majority vote of the members at a general meeting.

**POB SOCCER CLUB
RULES AND REGULATIONS**

INTRAMURAL RULES:

- I-1. The Executive Committee will select coaches and assistant coaches.
- I-2. When written complaints are filed against a specific coach, it is mandatory that the coach be made aware of same. He/she should then be given an opportunity to answer said complaint at a board meeting held within 7 days of receipt of that complaint,
- I-3. Children shall play with their grade. Requests for any exceptions shall be made to the respective Intramural VP , who shall rule on such request.
- I-4. Participation in the POBSC by children living outside of the community is permitted.
- I-5. A full uniform is to include a team shirt, black shorts, socks, shin guards. Cleats are optional for all age groups. Metal cleats are not allowed.
- I-6. Those divisions playing more than one age group must be drafted in age order. The older age group will be drafted first, The draft order for the younger age group will be the exact opposite of that used for the older age group.
- I-7 The DH may select a specific coach for his/her child prior to the draft..
- I-8. There will be no playoffs within a division.
- I-9. TT players who are returning to the intramural division shall be given a rating by the Intramural VP and the DH.
- I-10. Prior ratings of returning players will be used whenever possible.
- I-11. A member of the Executive Board must attend each draft.
- I-12. Referees are to be paid for games unless the game is cancelled at least one hour *prior* to its scheduled starting time.
- I-13. All people attending or participating in games are required to abide by school rules.
- I-14. A DH may not be a coach in the division in which his/her team plays, except as authorized by the executive board for good cause.
- I-15. Players must pay for all trading patches or pins.

I-16. Inclement weather and/or unsafe field conditions are reasons for a DH, after consulting with the Intramural VP, to cancel games.

I-17. All divisions, with the exception of the clinic, shall hold a draft prior to the beginning of each season.

I-18. All coaches are to be held responsible for parental conduct. Positive cheering should be encouraged; negative comments should not be permitted.

I-19 Intentionally deleted.

I-20. Each player must play a minimum of ½ of each game, provided he/she attends one practice per week. Furthermore, a coach must notify the DH and Intramural VP before the start of the game if she/he does not intend to grant a player their minimum playing time, The Intramural VP and the DH have the right, upon receiving notice *from* a coach that he/she does not want to give minimum playing time to a player, to request that the penalty be assessed in the following game., The parents of a child must be notified by the coach or the DH, in advance, if a child will not be given minimum playing time. It is expected that this rule will not be abused, and that a player will get minimum playing time if there is good cause for their absence from practice during the week, If no practice was held during the week no player can be penalized.. Obviously, if a player is injured during a game, and has not completed their playing time, she/he need not continue to play in the game, However, the DH should immediately be notified of this situation.

I-21. Five players constitute a team. If both coaches and the DH agree in advance, the game may be rescheduled. Coaches may agree to play equal numbers of players on the field.

I-22. Each week the DH is responsible to see that all fields are lined and nets are in place.

I-23. For purposes of all Intramural tournaments the Spring season will go from January 1st to July 31st, and the Fall season will go from August 1st to December 31st.

I-24. The coach of any intramural tournament team is responsible for the payment of all fees and patch money to the designated Trustee 1 week before the tournament, Failure to pay these monies in advance will result in the team not being eligible.

TRAVEL TEAM RULES

PLAYER COMMITMENT/CLUB COMMITMENT

1. Each player selected to play on a Travel Team is to make a commitment to that travel team prior to his/her selection. That commitment consists of a pledge to attend all travel games before participating in other activities during the seasonal year. Coaches will inform players and parents at the start of tryouts of the anticipated commitment for the team for the season including frequency of practices, tournaments, indoor schedule, etc. Coaches will attempt to schedule travel team practices at a convenient time with an attempt to minimize scheduling conflicts. The club will attempt to schedule travel team home games (the club has no control over the scheduling of away games) to minimize scheduling conflicts. Each player's commitment is to their own Travel Team. They are not permitted to guest play for another travel team without prior consent of their travel team coach and the Travel Vice President during the seasonal year. Only the Travel Team's coach, designated backup or an adult supervisor, holding a valid supervisor card, with advance approval of the coach and the Travel Vice President, can coach the team. The Travel Year commences on the date that a travel team is registered with LIJSL, which is normally within the first two weeks of July. The Travel Year ends with the completion of all spring season games, which is normally within the last two weeks of June. However, each coach has discretion as to the enforcement of the above.
2. All players selected to play on a Travel Team will be assessed a registration fee to be established by the Board. All players are responsible for the purchase of their uniform and any other fees associated with the team that the player is on. All uniforms are to conform to the club rules.
3. All players selected to a Travel Team must have all registration fees paid in full prior to the start of league games in September.
4. Players are selected to a Travel Team for a period of one year only.
5. New players may be picked up during the season for the remainder of the season. The new player must meet all of the requirements of these Travel Team rules.
6. Players may not be dropped from a Travel Team during a Travel Year except for extraordinary reasons and only as approved by the Board.

FORMATION OF TRAVEL TEAMS:

1. The Board will determine which Travel Teams are to be formed and registered with the LIJSL. It is the intent of the Board that the formation of a Travel Team is based on the continuing development of all members of the club.
2. The availability of Travel Teams will be the same for both the boys and the girls programs. Every effort will be made to find coaches for these teams.
3. The Board may, at its discretion, elect to form additional Travel Teams for any given age group.
4. Roster size is regulated by LIJSL.

SELECTION OF TRAVEL TEAM COACHES:

1. The Travel Committee will nominate all coaches for the upcoming season. Each Travel Team coach is selected for a period of one Travel year only.
2. During the months of February, March and April, the club will advertise for travel coaches. (Approximately schedule; deadline for all teams-April 30.) All incumbent Travel Team coaches seeking to retain their position and all new applicants must complete the Travel Team coach's application and deliver it to the Travel Vice President by the date announced as per the website. Failure to submit the coach's application as per the website will eliminate the applicant from consideration for a Travel Team as per the notification. If no one is picked for the coaching position or if no one applies, the coaching position will be re-advertised. Applicant requirements will be stated in the renotification and must be met.
3. Each team's head coach will designate up to 2 assistant coaches, who must be approved by the Travel Committee.
5. All coaching candidates for a Travel Team will be scheduled for an interview by the Travel Committee during a Committee meeting for the selection of Travel Team coaches, except as set forth in subsection 6, below.
6. Uncontested incumbent Travel Team coaches need not be interviewed by the Travel Committee. However, the Executive Board reserves the right to request their presence for an interview.
7. All Travel Team coaches and assistants must be approved by the Executive Board.

NOTIFICATION OF TRYOUTS:

1. The Intramural VP's will inform coaches and Intramural players when Travel Team tryouts will be occurring. The scheduling of all Travel Team tryouts shall be done by the Travel Vice President. The Travel Vice President, through the travel coaches, will inform Travel Team players of travel tryouts. Travel Team tryout information will be posted on the Club's website.

TRAVEL TEAM TRYOUTS:

1. All children who meet the requirements as stated in these rules may tryout for Travel Teams.
2. Travel Team tryouts will begin after June 1. Tryouts must be completed by the date established by the Travel Vice President and the Board.
3. Existing teams must hold a minimum of one (1) tryout.
4. Newly formed teams must hold a minimum of two (2) tryouts.
5. The Travel Vice President or designee shall attend all tryouts. If there is more than one team in an age group, the tryouts must be held on a combined basis, and the tryouts must be attended by the Travel Vice President or designee, to the extent practicable.
6. First team coaches must select their players by the date established by the Travel Vice President. After that date, additional teams in an age group can select players.
7. Commencing with the travel teams formed for the fall 2006 season, and subsequent travel teams formed thereafter, a player selected by the coach of the first team, (or second team, if the first team does not select player) in a multiple team age group may not decline to play on such team, except for good cause (as determined by the Travel Vice President, subject to Executive Board review).

FINAL APPROVAL OF TRAVEL TEAM ROSTERS:

1. The Executive Board has the final approval of all Travel Team rosters, but a quorum is not needed for that approval. Normally, the Board will rule on issues of eligibility. However, the Board shall have the right to make any adjustments to the Travel Team rosters as it deems necessary.
2. Travel Team coaches are responsible to call all candidates who try out for their team to inform the candidates of their nomination to a travel team within a time period established at the last tryout. The "A", "B" and "C" teams shall be contacted concurrently with a time established at the last tryout. In the case of existing travel teams, such announcements, where possible, should not occur until completion of the travel team's season. The Travel Vice President in conjunction with the Travel Team coaches for that age group will be responsible for contacting any player not selected for any team within the same time frame as stated above.

CONDUCT OF TRAVEL TEAMS:

1. All Travel Teams will coordinate all of their team's activities relative to the LISJL exclusively through the Travel Vice President.
2. For every game, all players must play at least the minimum playing time. By every game, the Board means that this rule applies to league, challenge cup, state cup, tournaments, and indoor games. Exceptions to the minimum playing time rule are: injury; inappropriate behavior; and/or failure to attend team sessions regularly.
3. In situations of inappropriate behavior and/or a player's failure to attend sessions regularly, the travel team coach is to inform the Travel Vice President if he/she intends to play the player less than the minimum playing time.
4. Minimum playing time, by age groups, is as follows:

Age Group	Minimum Playing Time
U10-U11	40 % percent of the game
U12-U14	1/3 of the game
U15-U17	1/3 of the game
U19	No Minimum Time

5. Each Travel Team coach is responsible for acquainting himself/herself, their players and the player's families with LIJSL rules and regulations and with Travel Team rules relative to the conduct of a participant and/or spectator. The club, through the Travel Vice President will prepare and update as necessary, a brochure, to be approved by the Executive Board, on conduct for the Travel Team coaches to distribute.
6. Each team is responsible for the payment of any fines levied on that team or they will not be registered for the following season.
7. If a player, coach, assistant coach, trainer, administrator, spectator, etc. receives a red card, the coach and the person who received the red card must appear before a Committee established by the Board for the purpose on a date established by the Travel Vice President.
8. In the situation where a coach and/or the assistant coach receive a red card, if the coach and/or assistant coach do not appear before the Committee on the scheduled dated, unless adequate justification is given in writing, their adult supervisor card will be forfeited to the Travel Vice President until such time as they appear before the Committee.

Failure to appear before the Committee will result in the removal of the coach and/or the assistant coach from the team.

9. Based on the presentation of the coach and/or assistant coach, the Executive Board, will after hearing the committees report determine what sanctions will be placed on the coach and/or assistant coach.

10. Each Travel Team coach will ensure that responsibilities relative to field preparation, equipment pick-up and take-down, etc. as delegated by the Travel Vice President (or other board authority) are effectively carried out. If a Travel Team coach does not meet his/her responsibilities for field preparation, he/she will receive a club suspension of one game for each time he/she does not meet his/her field preparation responsibilities.

OUTSIDE PLAYERS:

No child, under 12 years old, outside of the Plainview-Old Bethpage community, defined as Zip Codes 11803 and 11804 shall be permitted to play on any travel team, The following exceptions shall apply:

1. Any child who is not a resident of the POB community and has enrolled in The Club prior to 10/1/89 shall be exempt from the above ruling as long as any and all club rules prior to 3/1/90 are met.
2. Any child who has played intramural soccer for two years shall be permitted to play on travel teams. Said child shall be deemed to be a resident of the Plainview-Old Bethpage community.
3. If there is inadequate registration from within the POB community to form a travel team, then children from outside the community may be recruited, may try out for, and may immediately play for a POB travel team. Any non-residing child who makes a travel team shall be deemed a resident, and therefore in the future may not be bumped from a travel team on the basis of non-residency.
4. If the U.S. Postal System changes the present Zip Code system then The Club shall change the present Zip Codes to those which define the same boundaries as the present 11803/11804 area.
5. If the POB Soccer Club merges with any other soccer club, then the residents of that club's community will be deemed POB residents, and children from that club will immediately be eligible to play on travel teams.
6. If there happens to be a division within The Club in which there is no intramural program, a non-resident of the POB community may immediately try out for, and play for a travel team within that division,. However, this child may not take the place, or may not be chosen for a travel team before children who reside within the POB community.
7. If a TT coach needs an exception to this rule he/she will come to the elected 2, Any child who has played intramural soccer for two years shall *be* permitted to play on travel teams. Said child shall be deemed to be a resident of the Plainview-Old Bethpage community.

CLUB RULES

C-1. The Club will have 2 types of registrations, for one year period and for one season.. The fees shall be determined by the Executive Committee prior to the annual registration. An

intramural player may sign up for the full year or the fall season at the annual registration. Any intramural player not signed up for the spring season may do so prior to the selection of teams for the spring season. Clinic age children, who sign up for the year, will receive a special gift from The Club.

C-2. Only one negative request against a coach will be allowed for each child in any age group. Each coach will also be allowed one negative request of a player in an age group.

C-3. All players must wear shin guards at all practices and games. Complete uniforms are required at games, failure to wear the complete uniform will result in the child being ineligible to play in that game.

C-4. No child shall be penalized with a lack of playing time due to attendance at religious services or instruction or family obligation.

C-5. All children must be placed on a team with either age or grade, except for children with a physical or emotional disability. The President, Intramural VP (for that child's division) and parent of the child will place these children.

C-6. Participation in our Special Soccer program may come from outside of the POB school system boundaries.

C-7. A person cannot coach more than one team, unless there is a shortage of coaches,.

C-8. The Club shall not be responsible for tournament fees. Such fees shall be the responsibility of the coach and/or the team entered into the tournament.

C-9. Spectators on our own fields may not wear referee uniforms.

CODE OF CONDUCT

THE PLAYER'S BILL OF RIGHTS

Through TEAM PLAY we will:

1. Have FUN in both practice and games.
2. Create a positive experience even when losing.
3. Give encouragement to our teammates whether it is a good play not.
4. Show team spirit and foster a sense of belonging.
- 5..Show respect to all participants , including your team; opposing teams; referees and spectators.
6. Promote sportsmanship.

THE PARENT'S COMMITMENT

Make sure your child attends both practices and games. Attendance and timeliness teach responsibility and foster team spirit.

Provide the necessary equipment so your child may play safely.

Get involved. Volunteer to assist the coach when and where you can.

Understand each child's athletic ability is different and will be different as they grow.

Try not to compare.

Let you coach discuss calls with the referees.

Attempt to relieve the pressure of competition ... not to increase it.

Applaud good plays by BOTH teams.

Accept the results of the game. Encourage your child to be gracious in victory and turn defeat into victory by working towards improvement.

Follow the rules of the field.

Exemplify good behavior.

THE COACHES RESPONSIBILITIES

A coach can be many things to different people. A coach is a teacher, a mentor, and a role model. Sometimes a friend and confidant. Most of all, a coach must be positive. The traits of a positive coach are:

Puts players first. A positive coach wants to win but understands that he/she is first and foremost an educator with the development of his/her players as his/her top priority. He/She understands that children go through developmental stages and uses age-appropriate coaching strategies. The

coach values the long-term welfare of the players more than looking good as a coach. The coach avoids the trap of thinking the game is about him/her rather than for players. Where winning is in conflict with the long-term benefit of the children, a positive coach has an unwavering commitment to what is best for the athletes.

Develops character as well as skills. A positive coach uses the crucible of competition as a virtual classroom. The coach seizes upon victory and defeat as teachable moments - opportunities to build on his/her athletes' self-confidence and positive character traits such as determination, courage, empathy and commitment. The coach wants to win, but even more, wants to transmit lessons that will carry over into the rest of the athletes "lives". The coach is loyal to players and reluctant to "give up" on them, especially "at-risk" athletes who have the most to gain from participating in sports.

Coaches for mastery. A positive coach coaches for mastery rather than victory, which the coach sees as a by-product of the pursuit of excellence. The coach focuses on effort rather than outcome, learning rather than comparison to others and recognizes that mistakes are an important and inevitable part of learning and encourages an environment in which players are willing to risk making a mistake. The coach is committed to becoming the best coach possible and continually seeks to improve his/her own effectiveness.

Refuses to motivate through fear, intimidation, or shame. A positive coach establishes order and discipline in a positive manner. Many coaches are positive when things are going well and the team is winning. A positive coach works to remain positive even through losing streaks. A coach recognizes that it is often when things go wrong that a coach can have the most positive impact and teach the most important lessons. Regardless of the adversity, the coach refuses to demean oneself or the players by resorting to fear, intimidation or shame. The coach always treats athletes with respect regardless of how well they perform.

Creates a partnership with players. A positive coach resists an authoritarian role in which players are conditioned to please the coach. The coach involves the team members in determining team rules. The coach recognizes that communication is the lifeblood of effective relationships and works hard to establish clear and effective two-way communication with the players. The coach seeks to win the cooperation of the players through encouragement and treats them as partners working together to achieve mutual goals.

Honors the game. A positive coach feels an obligation to the sport being coached. The coach loves the sport and shares that love and enjoyment with the players. The coach feels privileged to be able to take part in the sport. The coach respects the opponent, recognizing that a worthy opponent will push the coach and team to do their best. The coach understands the important role that officials play and strives to show them respect even when he/she disagrees with their decisions. He/She values the rich tradition of the sport and works to honor the spirit as well as the letter of its rules. A positive coach demonstrates personal integrity and would rather lose than win by dishonoring the game.

THE REFEREES

Between the exuberance of the winner and the disappointment of the loser, we find a person called a referee.

They try to watch every move on every player and call the game at the best of their ability. They are only one person. They will make mistakes.

The referee is always right even when you think they are wrong.

At the intramural level they are our own children. Each referee is a 7th - 12th grader who has grown up playing in the POB Soccer Club, so please treat them as your neighbor's child - because they are!

THE FIELDS

Each team's coaches, players and spectators will take a position on opposite sides of the field during the game. The designated home team has its choice of sides. Coaches, players and spectators must not be permitted behind the goal line during the game.

A parent volunteer from both teams is needed each game as linesman. The ball must be 100% over the entire line to be out of bounds.

Smoking is **NEVER** permitted.

Drinking or coming to the field intoxicated is **NEVER** permitted

Pets are NEVER permitted.

Foul language, physical violence or the threat of physical violence by any coach or participant will not be permitted or tolerated and will result in immediate expulsion from the field and subject to should other actions as shall be deemed appropriate by the Executive Board.

Please keep the fields clean. We are privileged to use and maintain the fields our school district and the travel fields.

We want to thank you ahead of time for your involvement in our league. Whether your child plays soccer for a couple of years or the rest of their life, their time with us should be happy and all of us affect that outcome.