

# Ramapo Valley Soccer Club

## Recreation & Competitive League Features

Item	Recreation League	Competitive League
Player Age Groups (a)	K thru 8th	2 <sup>nd</sup> thru 12 <sup>th</sup>
Co-ed Teams	Grade K & 1 only	All teams based on gender
Team Roster Sizes (b)	Variable	Limits apply
Playing Time Objective	50%	Variable
Team Trainers provided (c)	---	YES
Goal Keeper Training provided (c)	---	YES
Games per season	8	10
Weekend Games (d)	YES	YES
Where Games Played	Ramapo	Rockland & Bergen counties
Weekly Practices	0-1 per week / team schedules	1-2 per week / team schedules
Scores & Standings Kept	---	YES
Skill Development	Foundational	Foundational thru Advanced
Licensed Coaches (e)	---	YES
Coaches Training	Orientation Session & Clinic	Formal Class & Mentoring
Background Checks	Head Coaches only	All coaches & staff
Referees	High School Players	State Licensed (Age 18+)
Uniform quality (f)	Good	Excellent
Team Recognition	Player Participation Awards	Top Teams only
Registration	3 times per year	Ongoing
Seasons (g)	Fall, Winter, Spring	Fall, Winter, Spring
Field Size & Equipment	Basic	Regulation
Game Play Rules	Basic	Complete (FIFA)
Eligible for tournament play	---	YES

### Notes:

- (a) Players on competitive teams or school teams are not eligible for the recreation league. Because of the competitive nature of school teams, those players are eligible for the competitive league.
- (b) Roster sizes for recreational teams vary based on numbers and mix of children registered each season. Competitive teams have roster limits (ranging between 12 & 18 players) based on age group.
- (c) Each competitive team is provided a licensed trainer and receives specialty training for team goal keepers at no extra cost. Players are also eligible for other advanced programs offered by area providers (e.g. NY Red Bulls Regional Development Schools).
- (d) Recreation league games are held on Sundays for all three seasons. Competitive league games are on Sundays with the exception of the Fall where the boys teams play on Saturdays. Away games for the competitive league are usually within a 20-minute drive on average.
- (e) All competitive league coaches are state or nationally licensed, receive ongoing training, and are mentored by experienced competitive, high school or college coaches.
- (f) Recreation uniforms consist of 2 jerseys, shorts & socks, and last 1-2 years. Competitive uniforms include 2 numbered game jerseys, 2 practice t-shirts, shorts & socks, and last 2-3 years.
- (g) Recreational leagues run each Fall, Winter and Spring season, with teams & coaches established each season. Competitive league teams and coaches remain together for all 3 seasons.