

RANCHO COTATI LACROSSE CLUB

AMATEUR ATHLETIC MINOR WAIVER AND RELEASE OF LIABILITY

In consideration of being allowed to participate in any way in Rancho Cotati Lacrosse Club athletic/sports programs and related events and activities, the undersigned

1. Agree that the parent(s) or legal guardian(s) will instruct the minor participant that prior to participating he or she should respect the facilities and equipment to be used, and if the participant believes anything is unsafe he or she should immediately advise his or her coach or supervisor of such condition(s) and refuse to participate _____ (Initials confirm understanding) understanding)
2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, in-actions, or negligence but the action, in-action or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to the Rancho Cotati Lacrosse Club or not reasonably foreseeable at this time _____ (Initials confirm understanding)
3. Assume the foregoing risk and accept personal responsibility for the damages following such injury, permanent disability or death _____ (Initials confirm understanding)
4. Release, waive, discharge, and covenant NOT to sue the Rancho Cotati Lacrosse Club, its affiliated clubs, their respective administrators, directors, agents, coaches, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releasees" from any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise _____ (Initials confirm understanding)

I agree to follow all preceding safety rules, all posted rules, and all rules common to the sport of lacrosse. I certify that: 1) I possess a sufficient degree of physical fitness to safely participate in lacrosse, 2) I understand that I am to discontinue activity at any time I feel undue discomfort or stress, and 3) I have indicated any health related conditions that might affect my ability to play lacrosse and will immediately verbally inform the coaches if I feel any discomfort or stress. I have read and understand the preceding information and stipulations, I know, understand and appreciate the risks associated with playing lacrosse and I am voluntarily participating in the activity. I assume all of the inherent risks of lacrosse, I understand in the event of medical emergency, an EMS will be called to render assistance and that I will be financially responsible for any expenses involved. I also agree to provide whatever insurance necessary to cover any injuries sustained by the above player and provide for the payment of any and all medical bills.

I/we have read the above waiver and release, understand that I/we give up substantial rights by signing it and sign it voluntarily.

Participant Signature

Parent/Guardian Name/Signature

Date