

## FRISCO ISD ATHLETIC POLICIES

It is the desire of the administration and coaching staff of the FISD that being an athlete will be one of the highlights of his/her secondary school career. Being a FISD athlete is a privilege, and is one that carries with it many responsibilities. As athletes in the FISD, our young people have an image to reflect. That image is one of positive leadership, character, responsibility, and great competitive spirit. Participation in the athletic program and/or University Interscholastic League contests is not a right but a privilege. No student is required to take part in the contest or activities. Therefore, it is imperative that all students taking part in the program understand the following Athletic Policies and conform to the rules therein and that the coaches of the sport or activity shall have every right to remove these privileges. The following policies will be in effect for all athletes in the FISD in order to be eligible to participate in any competitive sport, practice, or program directly related to improvement in a sport.

### On the Field or Court

The athlete must refrain from the use of profanity or resorting to illegal tactics. He/She must learn that both winning and losing are a part of the game and that you have to be a good loser as well as a gracious winner. Temper fits, flagrant violations of rules, etc., will not be tolerated. Total respect to officials is an absolute must. The coach will discuss any calls made by officials. Any behavior contrary to the above mentioned or any other act, which is not conducive to good sportsmanship, may result in removal from the contest.

### Personal Appearance and Grooming

Participation in competitive athletics is completely voluntary on the part of all students. To participate in athletics in FISD, there are certain standards, which must be maintained. One such standard is acceptable grooming and personal appearance.

1. **Uniformity:** Athletes do much traveling to other schools, towns, communities, restaurants, etc., as representatives of the FISD; therefore, they should be groomed in a manner of which our community, school, and sponsors will be proud. We expect our athletes to set the example for our school in the area of grooming and personal appearance.
2. **Self-Discipline:** One of the rewards of being an athlete is learning to discipline himself/herself. There is no better way to acquire self-discipline than to make sacrifices. Giving up untidy fads of dress and appearance is a very small sacrifice.
3. **Hair:** In accordance with school policy, hair shall be clean, well groomed, and out of the eyes and shall be styled in a way that is not distracting and/or designed to be conspicuous. The athlete's hair should be neatly trimmed to meet his/her coach's satisfaction. Facial hair such as mustaches, beards, goatees, and extremely long sideburns are not allowed.
4. **Dress:** The athlete should be neatly dressed which includes shoes and socks and complies with all other school rules relating to dress not covered in these policies.
5. **Body Art/Piercing:** The athletic department realizes that sometimes athletes will have tattoos and body piercing. However, tattoos should not be visible when representing FISD as an athlete. The same holds true for earrings, belly button rings, and the like. Examples deemed inappropriate include: practice, games, banquets, and at tournaments. Tattoos should simply have tape or a band-aid over them, while the body jewelry can simply be taken off.

### Disrespect to Teacher or Coach

Any act of disrespect by an athlete to his/her teacher, coach, or member of school administration will be handled on an individual basis. Punishment may call for expulsion from athletic activities for one calendar year from date of incident. His/Her return would be determined by his/her conduct during the period of the expulsion.

### Training

The following rules apply to all athletes at all times:

1. No use of tobacco of any kind;
2. No drinking of alcoholic beverages; and
3. No abusive drugs (marijuana, narcotics, etc.)

These rules apply to all athletes at all times during his/her school career.

The head coach will discipline violators. Punishment will be in accordance with FISD Code of Conduct for Extracurricular Activity Involvement. Also, FISD requires that all participants in athletics for grades 9-12 to undergo random drug and alcohol testing in accordance with FISD Substance Abuse Prevention and Testing Policy.

### Eligibility

All athletes must maintain a 70 in all classes in order to participate. You must be on grade level in order to participate at the beginning of the school year.

9<sup>th</sup> = Promotion

10<sup>th</sup> = 5 Credits

11<sup>th</sup> = 10 Credits

12<sup>th</sup> = 15 Credits

Also, to be enrolled in athletics both "A" and "B" days, an athlete must earn a minimum number of credits the previous year.

9<sup>th</sup> = Promotion

10<sup>th</sup> = 6 ½ credits

11<sup>th</sup> = 13 credits

12<sup>th</sup> = 19 ½ credits

Coaches will do a credit check at the beginning of each school year to ensure the proper number of credits have been obtained the previous year.

### Other Rules

Obey all training rules given by his/her coach in a particular sport.

### Miscellaneous

1. **Theft:** Taking things from other players, students, school, etc. will not be tolerated. Punishment will be handled individually.
2. **School Equipment:** The athlete is financially responsible for all equipment checked out to him/her. The athlete shall not wear or use school equipment for personal use. Equipment may not be removed from school property without permission from his/her coach. Equipment must not be abused. It must be kept in the proper place in the locker room or on hangers.
3. **Quitting:** If an athlete wants to quit a sport he/she will be given 24 hours to reconsider their decision. If he/she quits again he/she will not be allowed back on the team for one calendar year. An athlete quitting the team after the first contest will not be allowed to participate in another sport until the season of the sport quit is completed unless the head coaches of both sports agree that the student would be better off in the other sport. Athletes quitting an off-season program of one sport may not enter the same type program for another sport that year, unless under same stipulation as above.
4. **Practice and Game Regulations:** A coach must be consulted ahead of time if any athlete must miss a practice or game. Missing a game or practice without permission may result in suspension or expulsion from the team. Obey all rules set up by the coach. Profanity will not be tolerated.
5. **School vs. Club Expectations:** All school practices and games will take priority over club practices and games. Absolutely no exceptions!!!
6. **Facilities:** No horse play such as throwing towels, etc. will be tolerated in the shower or dressing rooms. All showers should be turned off after use. The last person leaving the shower should turn off all showers. The training room is a work office, not a social hall. Do not enter equipment room without coaches' permission. Each athlete is responsible to see that his/her equipment is in its proper place before leaving.

7. **Travel: All athletes in Middle School and High School represent the community, school, and coaches. Therefore, they should all conduct themselves in the following manner.**
- a. **Be on time for all trips.**
  - b. **Dress neatly as directed by the coach.**
  - c. **Be mannerly in restaurants.**
  - d. **Each athlete is responsible to return his equipment to the proper place at the school.**
  - e. **All students making the trip on the bus will return on the bus unless in an emergency type situation or when parents are present with good reason for returning with parents. The head coach must approve prior to the trip.**

**Athletes Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Parent's Signature** \_\_\_\_\_ **Date** \_\_\_\_\_