

ROCKVILLE POMS 2007-2008 PARTICIPATION RESPONSIBILITIES

- WE ARE A SPIRIT SQUAD. YOU ARE EXPECTED TO PARTICIPATE IN ALL SPIRIT ACTIVITIES AND STAY UNTIL THE EVENT IS CONCLUDED.
- UNIFORMS ARE YOUR RESPONSIBILITY. THEY ARE TO BE CLEAN AND DAMAGE FREE. DO NOT DRY CLEAN. WASH IN COLD WATER AND DO NOT USE BLEACH. YOU WILL BE FINANCIALLY RESPONSIBLE FOR LOST OR DAMAGED ITEMS.
- THE TEAM IS EXPECTED TO BE ON TIME, DRESSED (INCLUDING SHOES) AND READY TO BEGIN ALL PRACTICES AND PERFORMANCES. IT IS TOTALLY UNACCEPTABLE TO COME TO GAMES AND DRESS AT THE FIELD.
- THE TEAM IS EXPECTED TO BE AT PRACTICE UNTIL IT ENDS.
- CAROLINE KELLY (THE COACH) IS THE ONLY PERSON WHO MAY EXCUSE ANYONE FROM PRACTICE. CALL AT 301-440-9432.
- TEAM MEMBERS WHO MISS MORE THAN ONE DAY OF PRACTICE THE WEEK OF A PERFORMANCE, WILL NOT PARTICIPATE IN THAT PERFORMANCE.
- APPROPRIATE DRESS FOR PRACTICE INCLUDES TIED ATHLETIC SHOES, FITTED CLOTHING, NO JEWELRY, AND NO GUM CHEWING. THE SAME JEWELRY POLICY APPLIES FOR GAMES AND COMPETITION PERFORMANCES.
- THE TEAM IS TO REFRAIN FROM THE USE OF ILLEGAL DRUGS, ALCOHOL AND CIGARETTES. USE OF THESE ITEMS (IN OR OUT OF UNIFORM) IS CAUSE FOR DISMISSAL FROM THE SQUAD.
- THE TEAM IS EXPECTED TO MAINTAIN ACADEMIC ELIGIBILITY.
- RULES MAY BE ADDED FOR CHANGED DURING THE SEASON AS NECESSARY