

USA Wrestling Resident Athlete Program Agreement

All Resident Athletes, once accepted, are responsible for following USOEC procedures & protocol as described in the USOEC orientation & the USOEC Athlete Handbook and USA Wrestling requirements as outlined below.

- **Academic Eligibility.** Student-athletes must maintain grade point and credit advancement minimums to meet degree progression.

USOEC athletes have access to the USOEC Academic Coordinator to help and assist with academic needs pertinent to the USOEC at NMU. For info, please call Tony Tollefson at 906-227-2894.

All NMU students (*including USOEC athletes*) have access to the Academic & Career Counseling Center which in addition to above helps and assists with academic and career needs.

- **Social Responsibility.** Student-athletes are representative of USA Wrestling and the USOEC/NMU. Any activity that reflects negatively can be grounds for immediate removal from the program and/or will be considered in the renewal process.
- **Commitment to becoming an Olympic Champion.** Student-athlete is expected to fully participate in the training program as established by USA Wrestling.
- **Student-athlete Progress.** Student-athletes are expected to pursue excellence in the classroom and on the mat relative to other Resident student-athletes and the Age Group student-athletes nationally.
- **Program Fees.** The resident athlete fee to participate in the program is \$2,000 annually to USA Wrestling. This money is used to support operational cost for the Program. A \$1,000 non-refundable deposit must be paid by July 10, 2009. The remaining \$1,000 is due to USA Wrestling by August 26, 2009. This payment is separate from any educational expenses due to NMU. (The \$2000 fee is required of any USAW athlete who attends the Olympic Education Center residency program at NMU regardless of part time, full-time, or student status).
- **Practice Gear.** All resident athletes will be issued practice gear and this gear must be worn to all practices.
- **Travel Gear.** All resident athletes will be issued warm ups and these warm ups must be worn to all competitions.
- **On Time.** All resident athletes must be on time and ready to go when practice commences.

If resident athletes will be tardy to practice, a phone call must be made to the coaching staff to explain the reason.

- **Call When Sick.** All resident athletes must immediately follow this procedure when sick:
 1. Call USOEC Coaching Staff
 2. Call USOC Sports Medicine
 3. Call USOEC Academic Coordinator

- **Hygiene.** All resident athletes must take a shower immediately after every practice and prior to entering public domains i.e. classrooms, airports, restaurants, etc.

- **Curfew.** High school resident athletes must be in their rooms by 9:00 pm while college resident athletes must be in their rooms by 10:00 pm Sunday through Thursday and every night prior to a competition.

USOEC coaches reserve the right to change this curfew.

As a USA Wrestling resident athlete at the USOEC, and on the campus of NMU, you have many rights and responsibilities and below is a link to information on these rights & responsibilities

1. [Rights and Responsibilities](#)
2. [Student Code](#)
3. [University Policies](#)
 - [Printable Version \(Word\)](#)
 - [Printable Version \(PDF\)](#)

I _____ (print name) accept to the terms of this agreement and understand I must comply with the terms of this agreement and meet the performance standards and measurements explained in the USOEC/USOTC application to participate in the USA Wrestling Resident Athlete Program.

Signature

Date