



SMART SOCCER

International Inc.

Over 20 years of providing professional soccer education to local clubs

Warrington Soccer Club u5 Micro Soccer Sessions – 2009 Spring Season

We are proud to once again partner with **Warrington Soccer Club** for the 2009 spring season u5 parent-child clinics. There are no formal coaches in this program and a professional coach from 'Smart Soccer' is on site to oversee the program. During the opening part of each session parents actively assist in helping their child learn skills. We then conclude each session with informal Micro Soccer games randomly dividing players into teams each week. A parent or adult must attend each session 'dressed to play' and be willing to help their child with the skills. Some parents will also be required to help oversee the Micro Soccer games. This program does not require parents to have any prior soccer experience just show up to have some fun kicking a soccer ball with your child!

The overall emphasis is on a low key fun soccer experience in an age appropriate environment. Please keep in mind young children have a variety of different personalities and our aim is to cater for every child so they all enjoy what is for many their first soccer experience.

Format: We will also demonstrate the format at a pre season meeting

- Fun individual skills – player and parents
- Small group shooting activity or relays - player and parents
- Micro Soccer 3 versus 3 games - a few parents needed to assist (see below) most can just watch the games!

The 3 versus 3 Micro Soccer games are fun and low key with random teams changing each week. If a team is 'stronger' we may switch players during the actual game. It is not necessary for more than one adult to be on the field during the games this can often confuse and distract the players. During the games other parents can help by supervising substitutes on the sideline. Most parents can just watch and cheer! The u5 program philosophy and Micro Soccer game guidelines will be explained and demonstrated at a pre season meeting. We look forward to seeing you this spring!

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